

# THE EXPLOSIVE CHILD

*Understanding and Helping Behaviourally Challenging Kids*

LETHBRIDGE, AB | WEDNESDAY, MAY 4, 2016 | 9:00 AM – 4:00 PM

Lethbridge Lodge Hotel | 320 Scenic Drive

## EDUCATORS, PARENTS, AND MENTAL HEALTH CLINICIANS ARE INCREASINGLY CHALLENGED

to understand and help kids with social, emotional, and behavioural difficulties. These kids are at tremendous risk for adverse long-term outcomes, and their behaviour can significantly impact life at home and in the classroom. While these kids may be diagnosed with any of a variety of psychiatric disorders – such as ADHD, depression, bipolar disorder, Tourette's disorder, oppositional defiant disorder, disruptive mood dysregulation disorder, and autism spectrum disorders – compelling research indicates that lagging cognitive skills are the primary contributor to their difficulties. These lagging skills make it difficult for these kids to meet academic and behavioural expectations.

Dr. Ross Greene's model – as described in his influential books *The Explosive Child* and *Lost at School*, and now called *Collaborative & Proactive Solutions* (CPS) -- helps adults and kids

collaboratively solve the problems precipitating challenging behaviour, while simultaneously teaching lagging skills. The empirically supported CPS model represents a dramatic departure from conventional wisdom and practice, and has

**“Very relevant and real methods to help young people both in school settings and everyday life – very powerful stuff Thank you Dr. Greene!”**

– Marge Rutherford, Educator

been found to be effective in a vast array of settings, including families (where it has been shown to significantly reduce family conflict and improve parent-child interactions), general and special education schools (where it dramatically reduced discipline referrals, detentions, and suspensions), and inpatient, residential, and juvenile detention facilities (where it has produced significant reductions in recidivism and in the use of restraint and locked-door seclusion).

Participants in this workshop will leave with an understanding of the underpinnings of the model, along with practical assessment and intervention tools that can be brought back to and used in these diverse settings. 🌱

## WORKSHOP AGENDA – KEY TOPICS COVERED

### 1<sup>st</sup> Segment

- » Key Themes/Key Questions
- » Why are Challenging Kids Challenging? What Research Tells Us

### 2<sup>nd</sup> Segment

- » When are Challenging Kids Challenging?
- » The Assessment of Lagging Skills and Unsolved Problems (ALSUP)
- » The Problem Solving Plan

### 3<sup>rd</sup> Segment

- » Three Approaches to Solving Problems
- » Plan B: Solving Problems Collaboratively

### 4<sup>th</sup> Segment

- » Plan B: What's Hard?
- » Training Skills
- » Application with Nonverbal Kids
- » Implementation in Schools and Restrictive Therapeutic Facilities

## WHO SHOULD ATTEND

K–12 Classroom Teachers • School Counsellors/Psychologists • Learning Assistance/Resource Teachers • School Administrators • School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support students with behavioral challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.



## ROSS W. GREENE, PH.D.

Ross W. Greene, Ph.D., is the originator of the *Collaborative Problem Solving* approach (now known as *Collaborative & Proactive Solutions*), as described in his influential books *The Explosive Child* (now in a completely updated fifth edition) and *Lost at School* (now in a revised second edition). He is also the Founding Director of the non-profit *Lives in the Balance* ([livesinthebalance.org](http://livesinthebalance.org)), which provides a vast array of free, web-based resources on his model and advocates on behalf of behaviourally challenging kids and their parents, teachers, and other caregivers. Dr. Greene served on the teaching faculty at Harvard Medical School for over 20 years (1992 to 2014), and is currently adjunct associate professor in the Department of Psychology at Virginia Tech. He lectures and consults widely throughout the world, and has authored dozens of articles, chapters, and research papers.



**AUTHOR**  
*The Explosive Child*  
(5<sup>th</sup> Edition)  
*Lost at School*  
(2<sup>nd</sup> Edition)

## LEARNING OBJECTIVES

- » Describe how different explanations for and interpretations of challenging behaviour in kids can lead to dramatically different approaches to intervention, and why conventional reward and punishment procedures may not be effective for many challenging kids
- » Identify and assess the various cognitive skills that are central to adaptively handling life's social, emotional, and behavioural challenges
- » Identify and prioritize unsolved problems precipitating challenging behavior
- » Describe the three basic mechanisms by which adults handle unsolved problems and unmet expectations in kids and what is accomplished
- » Describe how to effectively solve problems, teach skills, and reduce the frequency and intensity of challenging behavior

# REGISTRATION FORM

Ross W. Greene, Ph.D. - *The Explosive Child* | Lethbridge, AB | May 4, 2016

## ► STEP 1 – CONTACT INFO

Name \_\_\_\_\_

Position \_\_\_\_\_ School / Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Work Phone [     ] \_\_\_\_\_ Work Fax [     ] \_\_\_\_\_

Email \_\_\_\_\_

No, I do not want to stay informed of upcoming events, exclusive offers and receive the quarterly eNewsletter.

## ► STEP 2 – SELECT APPLICABLE FEE

The Explosive Child - Ross Greene | Lethbridge, AB | May 4, 2016

	INDIVIDUAL	GROUP: 3-7	GROUP: 8+	GROUP: 15+
Early Bird (Deadline: April 20, 2016)	<input type="checkbox"/> \$229 + 5% GST	\$219 + 5% GST	\$209 + 5% GST	\$179 + 5% GST
Regular	<input type="checkbox"/> \$249 + 5% GST	\$239 + 5% GST	\$229 + 5% GST	\$199 + 5% GST

### EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

### REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. **Lunches are not included.**

### GROUP REGISTRATION

Groups do not have to work in the same school or agency. Group registration must be completed online at: [www.registration.jackhirose.com](http://www.registration.jackhirose.com).

## ► STEP 3 – PAYMENT

Visa      Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ / \_\_\_\_\_

MasterCard      Cardholder Name \_\_\_\_\_

Cheque      Signature \_\_\_\_\_ Cheque # \_\_\_\_\_

### 4 WAYS TO REGISTER

 ONLINE <a href="http://registration.jackhirose.com">registration.jackhirose.com</a>	 EMAIL <a href="mailto:registration@jackhirose.com">registration@jackhirose.com</a>
 PHONE or FAX See numbers on the right.	 MAIL See address on the right.

### 3 WAYS TO SAVE

-  **\$10 OFF** ONLINE PROMO CODE: SAVE10AB  
[www.registration.jackhirose.com](http://www.registration.jackhirose.com)
-  **\$20 OFF** EARLY BIRD DISCOUNT  
Deadline: April 20, 2016
-  **UP TO \$50 OFF** GROUP DISCOUNTS (online only)  
See Step 2 for savings & fees.

## WORKSHOP FEE DISCOUNTS

GROUP DISCOUNTS	1 Day Workshop	2 Day Workshop
3-7 Registrants	\$10 off / person	\$15 off / person
8+ Registrants	\$20 off / person	\$30 off / person
15+ Registrants	\$50 off / person	-

All groups must register online to receive the group discount. Register your group at: [registration.jackhirose.com](http://registration.jackhirose.com)

### ONLINE REGISTRATION DISCOUNT

Save \$10 on registration fees for online registrations. Enter promo code **SAVE10NS** at [registration.jackhirose.com](http://registration.jackhirose.com).

### EARLY-BIRD DISCOUNTS

To receive the early bird rate, all workshop fees must be paid in full prior to the specified cut-off date. Registration forms submitted without payment will not be processed, and will not guarantee the early-bird rate.

### WORKSHOP AIDE DISCOUNTS

Save \$115 on a one-day workshop, \$190 on a two-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop.

To apply for the workshop aides program, please email [registration@jackhirose.com](mailto:registration@jackhirose.com)

## CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

**The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

## HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

**LETHBRIDGE**  
LETHBRIDGE LODGE HOTEL & CONFERENCE CENTRE  
320 Scenic Drive | 1-800-661-1232

## TERMS & CONDITIONS

**Our liability is limited to refunds for workshop fees only.** Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

### CANCELLATION POLICY

All cancellations must be submitted by email at [registration@jackhirose.com](mailto:registration@jackhirose.com). Non-attendance at a workshop will not be grounds for any or partial refund / credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made five business days or more prior to the event. **No refund or credit under any circumstances will be available for cancellations less than five full business days prior to the event.** Exceptions to this will not be granted. If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

### CERTIFICATES

**Provided for pre-registered attendees only.** Those who register at the door, or want additional copies can download their certificate, free of charge, at [certificates.jackhirose.com](http://certificates.jackhirose.com). Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

### RECEIPTS

Automatically sent by email when participants register and pay online. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from [certificates.jackhirose.com](http://certificates.jackhirose.com).

**PLEASE REVIEW OUR PRIVACY POLICY: [WWW.JACKHIROSE.COM](http://WWW.JACKHIROSE.COM)**

## PLEASE COMPLETE & RETURN WITH YOUR PAYMENT TO:



**Jack Hirose & Associates Inc.**  
208-197 Forester Street  
North Vancouver, BC, Canada  
V7H 0A6  
T 604 924 0296  
F 604 924 0239  
TF 1 800 456 5424  
E [registration@jackhirose.com](mailto:registration@jackhirose.com)

**jack hirose**  
& ASSOCIATES INC.  
— JACKHIROSE.COM —