**BLOOM BRAINSMARTS™**

50 Empirically-Informed Music, Movement, Art and Thinking Skill Activities to Improve Behavior, Self-regulation and Learning in Children & Adolescents

Online Training - 10 Sessions

MONDAY, JUNE 6 - FRIDAY, JUNE 17, 2016 | 3:00 PM - 5:00 PM PST (Each day)

**Learning Objectives**

- Introduce clinicians, teachers and parents to the Bloom collaborative philosophy
- Apply current neuroscience research to a new paradigm of learning and behaviour change
- Introduce flexible and adaptable thinking and self-regulation activities to improve thinking skills, learning and behaviour
- Describe the central roles of motor rhythm and timing in thinking, self-regulation, learning and behaviour
- Explain the role of the cerebellum in thinking and behavioural control
- Role-play and practice cognitive and self-regulation interventions
- Learn how to build neuronal pathways with cortico-cerebellar interventions

**Key Benefits**

- Integrate current research in neuroscience, music, movement and kinesiology into classrooms and clinical practice
- Get Out of The Discipline Trap
- Create Cultures of Kindness
- Learn 50 Thinking Skill, Learning, Self-Regulation and Behavior Activities
- Improve behavior with collaboration and communication
- Enhance thinking, decision making and problem solving skills
- Use Musical Thinking for better behavior, learning and self-regulation
- Improve social-emotional skills
- Teach Positive Thinking Skills/Instill confidence

**Who Should Attend**

K-12 Classroom Teachers • School Counsellors/Psychologists • Learning Assistance/Resource Teachers • School Administrators • School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support students with behavioral challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

**WEBINAR COURSE FORMAT**

2 Hours per Session, 10 Sessions, 20 CEUs • Non-Interactive

**WITH IMPROVEMENTS IN RESEARCH METHODOLOGIES UTILIZING FMRI TO MEASURE brain activation, we are quickly learning that the behavior management techniques commonly used in the past not only are ineffective but may increase stress which decrease both thinking skills and self-regulation in children and adolescents. Establishing secure connections with kids, partnering with them in problem solving and using neuro-biologically rooted strategies such as solid nutrition, music, art and movement are more effective ways to improve both learning and behavior.

Teachers, parents and clinicians are looking for empirically-based methods of behavioral intervention that move away from punishment and consequences to improve learning and behavior. Bloom is one such approach. Grounded in neuroscience, integrating the most current research in music and movement, Bloom helps grow compassionate children with better thinking and self-regulation skills.

Adopting these more effective interventions requires a perspective shift for the adults supporting children and adolescents in developing these burgeoning skills. The Bloom approach provides a two-pronged method: helping adults understand the theoretical underpinnings of the methodology, so they can more meaningfully embrace the approach and employ it with fidelity.

**LEARN how to build neuronal pathways with cortico-cerebellar interventions**

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**CO-AUTHORS**

BLOOM: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids

**WEBINAR COURSE FORMAT**

2 Hours per Session, 10 Sessions, 20 CEUs • Non-Interactive

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**CO-AUTHORS**

BLOOM: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids
REGISTRATION FORM

Lynne Kenney, Psy.D. and Wendy Young, LMSW, BCD - Bloom Brainsmarts™ | Online Training

► STEP 1 – CONTACT INFO

Name ____________________________
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► STEP 2 – SELECT APPLICABLE FEE

Lynne Kenney, Psy.D. and Wendy Young, LMSW, BCD - Bloom Brainsmarts™ | June 6-17, 2016

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EARLY BIRD DEADLINE
Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

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All groups must register online to receive the group discount. Register your group at: registration.jackhirose.com

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CONTINUING EDUCATION CREDITS
This course has been pre-approved for 20 continuing education credits by the following associations:
Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAP), Indigenous Certification Board of Canada (ICBOC), General Practice Psychotherapy Association.

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CERTIFICATES
Certificates will be emailed to participants within one week after the webinar is complete. Proof of completion through an online questionnaire may be required. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

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