

#### Spring 2017 | Manitoba

#### **MENTAL HEALTH & EDUCATION WORKSHOPS**

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2 Day Child & Youth Focused Workshop

ADVANCED TRAINING - 2 DAY INTENSIVE

## UNDERSTANDING & HELPING BEHAVIOURALLY CHALLENGING KIDS

Collaborative & Proactive Solutions

WINNIPEG APRIL 6 & 7, 2017

ROSS GREENE PH.D.

Ross W. Greene, Ph.D., is the originator of the Collaborative Problem Solving approach (now known as Collaborative & Proactive Solutions), as described in his influential books The Explosive Child (now in a completely updated fifth edition) and Lost at School (now in a revised second edition). He is also the Founding Director of the non-profit Lives in the Balance (livesinthebalance.org), which provides a vast array of free, web-based resources on his model

and advocates on behalf of behaviourally challenging kids and their parents, teachers, and other caregivers.



AUTHOR

The Explosive Child (5<sup>th</sup> Edition)

1 Day Child & Youth Focused Workshop

# PROVEN & EFFECTIVE PLAY THERAPY STRATEGIES

With Children, Adolescents & Children of All Ages

WINNIPEG MAY 4, 2017

CHRISTINE DARGON
PH.D.

Christine Dargon, Ph.D., is a practicing psychologist with over 20 years of experience. She has been working with children and families in such areas as abuse, divorce and custody disputes, children of alcoholic/drug addicted parents and adopted children. She currently travels the United States and Canada providing seminars on various topics including the treatment of anxiety, the utilization of the sand tray, the treatment of eating disorders and play therapy. She maintains a private practice in Northern AZ where she offers a wide range of psychological services.



**FEATURED IN**A Virus Called Fear,
Documentary

## **EARLY BIRD DISCOUNT - SAVE \$20!**

WHO SHOULD ATTEND K–12 Classroom Teachers, School Counsellors & Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

All other professionals who support children and adolescents with behavioural challenges and complex learning needs including but not limited to: Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

#### ADVANCED TRAINING - 2 DAY INTENSIVE

## **UNDERSTANDING & HELPING BEHAVIOURALLY CHALLENGING KIDS**

Collaborative & Proactive Solutions

#### WINNIPEG, MB | THURSDAY, APRIL 6 & FRIDAY APRIL 7, 2017 | 9:00 AM - 4:00 PM

Centro Caboto Centre | 1055 Wilkes Ave

he 2 day intensive training provides participants with the opportunity to study key facets of solving problems collaboratively, including coverage and practice in specific areas of implementation in school and clinical settings. Because exposure to this model may vary amongst participants, some time will be devoted to reviewing and 66 The world is a better place ensuring familiarity with the basic elements of the model but the training is conducted in a manner that provides maximum opportunities for questions, interactions, practice and discussion.

because of your efforts to bring understanding to behaviourally challenged children. Thank you."

My model has evolved and been refined over the past five years, so this advanced training offers a great way to stay abreast of the updates as well. The intensive format provides lots of opportunity for discussion, questions, and really exploring

> the more nuanced aspects of the model. The trainings makes extensive use of videotaped examples of key facets of Solving Problems Collaboratively, and are conducted in a manner that provides maximum opportunities for questions, practice, interaction, and discussion.

> If you have been using the model - whether in your school, facility, or clinical practice – I do hope you'll join me in April. I'll do

everything I can to make this an informative and enriching learning opportunity.

I look forward to seeing you!

- Ross W. Greene, Ph.D.

## Dear Prospective Participant,

I was thrilled when Jack Hirose offered me the opportunity to do a two day intensive training session in Winnipeg in April 2017. The 2 Day Intensive is such a great way for educators and mental health professionals to get greater exposure to and practice in my approach to understanding and helping behaviourally challenging kids.

## **WORKSHOP AGENDA**

#### DAY 1

- » Segment 1: Overview of Key Themes and Assessment of Lagging Skills and Unsolved Problems (ALSUP)
- » Segment 2: Video of ALSUP Being Used
- Segment 3: Practice and Feedback on Using the ALSUP
- » Segment 4: The Plans and Plan B

#### DAY 2

- » Segment 1: Video of Plan B and Discussion
- » Segment 2: Video of Plan B and Discussion
- » Segment 3: Video of Plan B and Discussion
- » Segment 4: Video and Discussion of Plan B with **Special Populations**

#### **LEARNING OBJECTIVES**

- » Identification of lagging skills and unsolved Problems using the ALSUP
- » Providing a case formulation
- » Prioritizing unsolved problems
- » Use of the Plans framework Skilled "drilling for info" to clarify concerns
- » Dealing with roadblocks commonly encountered in implementation
- What to do with kids who "won't talk"
- Strategies for "getting people on board" and "getting over the hump"
- » The sequence and process of change

#### WHO SHOULD ATTEND

- » K-12 Classroom Teachers
- » School Counsellors/Psychologists
- Learning Assistance/Resource Teachers
- School Administrators
- » School Paraprofessionals including Special **Education Assistants, Classroom Assistants** and Childcare Workers
- » All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

#### FEEDBACK FROM PAST PARTICIPANTS

- 66 Ross Greene is a phenomenal speaker. I could attend everything he would be presenting. He is amazing in content, presentation and interaction with the class. This subject will change my life with my wife and son."
  - Ross L, Edmonton, AB
- 66 Ross's work is so excellent and so helpful. He always helps me to be a better psychologist for people with unsolved problems."
  - Dr. Allan, Oakville, ON
- 66 Ross' problem-solving approach is inspiring and refreshing. I felt like I was sitting in a room on the brink of a revolutionary movement of ideas for helping students solve their emotional problems."

- **66** Amazing presentation and speaker! Best training I've been to since Grad School!"
- **66** My only regret is that my staff members are not here with me. This workshop was very informative. I thank you for sharing your knowledge."
- **66** Great course! For working with kids with disabilities (and their families), and also having my own child with challenging behavior - this model just makes sense!"

## PROVEN & EFFECTIVE PLAY THERAPY STRATEGIES

With Children, Adolescents & Children of All Ages

#### WINNIPEG, MB | THURSDAY, MAY 4, 2017 | 9:00 AM - 4:00 PM

Best Western Plus Winnipeg Airport Hotel | 1715 Wellington Ave

**66** Christine was an engaging speaker. I

thoroughly enjoyed listening to her and

all the information she provided. Christine

shared practical techniques and approaches

with sound reasoning. She presented in

an understandable and friendly manner.

Excellent workshop! I feel like I can start with

my new learning right away."

hildren lack some cognitive abilities needed to understand their world and experiences because they are still developing. In addition, they also lack the vocabulary to communicate their emotions and perceptions to someone else. This is where Play Therapy can be very useful and a vital tool.

This workshop will teach attendees how to use play therapy as an incredible method of communication and diagnostics. It will teach you how to interpret the

ways in which children play, the importance of what they play with/what they create, and how to interpret their interactions with us as the professional.

By attending this workshop, you will learn how to understand and determine what the individual is struggling with and causes for presenting behaviours and emotions through their play. Attendees will leave with a tool box filled with ready to use Play Therapy techniques that they will immediately be able to implement in their work with children and clients of

all ages. This tool box will consist of appropriate tools for different presenting problems such as anger, ADHD, depression, anxiety and more. Some of the tools will include Sand Tray therapy, coloring, the use of puppets, dance/movement,

"I Spy", and so many other great techniques. Much of this workshop will include active learning and participation. So get ready to learn, have fun and see the world through a child's eyes.

There is much research to support the usage and benefits of Play Therapy in a variety of settings and by a variety of professionals as long as they have been trained – this workshop will provide that training. Play Therapy as a tool, once

learned and implemented appropriately, is an easy and effective method of helping children, adolescents and even adults. It is easy to have a crate of basic supplies enabling any professional to take these techniques with them. There is not a large investment needed. Play Therapy allows for the clinician to be creative, adapt techniques to fit any given individual or setting and is fun. There are so many great techniques to use such as sand tray therapy, clay, puppets etc. This workshop will teach attendees a wide variety of such tools but will also do

so in a hands on manner so that attendees can immediately return to work and implement these tools into their day to day work.  $\P$ 

#### **WORKSHOP AGENDA - KEY TOPICS COVERED**

#### Play Therapy - How to Use it!

- » Specific techniques and novel approaches
  - · Assessment and Diagnostic
  - Therapeutic Benefits
  - Non-Directive versus Directive/Soft and Hard Mediums
- Hands on learning and using the techniques

   from crayons, to puppets, to movement and much more! This will be the focus of the day.

#### Non-Directive Techniques:

- · Sand Tray Work
- Watercolors
- · Play Dough
- Drawings
- · House-Tree-Person
- · Finger Painting

#### Directive Techniques:

- I spy
- Movement and Music
- Drama
- Puppets

- Maps where in the world do you want to be?
- What do you want to be when you grow up?
- · What Animal am I?
- Doll House
- · Dance and Movement
- Board games
- Emotions Feeling Face
- » What techniques are best for what disorders:
  - Anger (OCD)
  - Anxiety
  - ADHD
  - Depression and self-esteem issues
  - Trauma/PTSD
  - Abuse
  - Fears

#### Play Therapy with Families, Groups & Couples

#### **Areas of Caution**

- » Hard and soft mediums
- » Sexualized and acting out behaviours
- » Children who have been abused and repetitive play

#### **LEARNING OBJECTIVES**

- » Understand the Purpose & Goals of Play Therapy
- » Learn and be able to implement specific and easy Play Therapy techniques for specific presenting issues
- » Use Play Therapy as a diagnostic tool and interpret what you see
- » Know which play therapy techniques to use with different children and different presenting problems
- » Address things to be aware of and areas of caution including selecting the best materials depending upon the presenting issue
- » How to use these techniques in a variety of settings including Group Play therapy
- **66** Excellent! She knows so well what she is talking about. Thank you for all your knowledge!"
- **66** Time well spent, it was a wonderful presentation. Great sense of humour!"

#### According to the U.S. Department of Health and Human Services:

"Four million children and adolescents in this country suffer from a serious mental disorder that causes significant functional impairments at home, at school and with peers. Of children ages 9 to 17, 21 percent have a diagnosable mental or addictive disorder that causes at least minimal impairment. In any given year, only 20 percent of children with mental disorders are identified and receive mental health services."

► STEP 1 – CONTACT INFO

Name					
Position		School / Organization			
		-			
Address					
City		Province		Postal Code	
Work Phone [	]	Work Fax [	]		
Email					

#### ► STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (5% GST).

	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †			
Understanding & Helping Behaviourally Challenging Kids - Ross Greene   April 6 & 7, 2017								
Early Bird (Before March 23)	\$399	\$379	\$359	\$324	\$324			
Regular	\$419	<b>\$399</b>	□\$379	\$344	\$344			
Proven & Effective Play Therapy Strategies - Christine Dargon   May 4, 2017								
Early Bird (Before April 20)	\$229	\$214	\$199	\$179	\$179			
Regular	\$249	\$234	\$219	\$199	\$199			

<sup>†</sup> Please contact registration@jackrhiose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

#### ► STEP 3 – PAYMENT

Visa	Credit Card #	Expiry	/
☐ MasterCard	Cardholder Name		
_ Cheque	Signature	Cheque #	

#### **4 WAYS TO REGISTER**



ONLINE registration.jackhirose.com



**EMAIL** registration@jackhirose.com





See address below right

### **3 WAYS TO SAVE**



ONLINE PROMO CODE: SAVE10MB registration.jackhirose.com



FARLY RIRD DISCOUNT Deadline: See Step 2 for Deadlines.



GROUP DISCOUNTS (online only) See Step 2 for Savings & Fees.

## **WEBINARS**

With Specialists on Cutting Edge Topics



Learn from the comfort of your home or office with colleagues and friends. At the same time earn Continuing Education Credits.

FOR MORE WEBINAR INFORMATION & REGISTRATION: JACKHIROSE.COM

#### **DISCOUNT RATES**

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a \$10.00 administrative fee will apply per person for all manual registrations. Please contact: registration@jackhirose.com for more info.

#### **EARLY BIRD DEADLINE**

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

#### **REGISTRATION FEE INCLUDES**

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included

#### **WORKSHOP AIDE DISCOUNT**

Save \$115 on a one-day workshop, \$190 on a two-day workshop and \$290 on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

#### **CONTINUING EDUCATION CREDITS**

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event. See the event listing for specific workshop accreditation.

#### **HOTEL & ACCOMMODATIONS**

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate - must be booked one month prior to the workshop date.

#### WINNIPEG

VISCOUNT GORT HOTEL: 1670 Portage Ave - 204-775-0451 BEST WESTERN PLUS AIRPORT: 1715 Wellington Ave - 204-775-9889

#### **TERMS & CONDITIONS**

Our liability is limited to refunds for workshop fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

#### CANCELLATION POLICY

All cancellations must be submitted by email at registration@ jackhirose.com. Non-attendance at a workshop will not be grounds for any or partial refund / credit under any circumstances. Refunds will be available minus a \$40 administration fee for cancellations made five business days or more prior to the event. No refund or credit under any circumstances will be available for cancellations less than five full business days prior to the event. Exceptions to this will not be granted.

#### CERTIFICATES

Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from certificates.iackhirose.com

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



#### Complete & Return with Payment:

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TF 1800 456 5424

**E** registration@jackhirose.com