

Co-sponsored by Dr. Ross Greene
& his Non-Profit, Lives in the Balance



Lives IN THE Balance
A non-profit organization founded by Dr. Ross Greene.

ROSS W. GREENE & 6 OF NORTH AMERICA'S LEADING EXPERTS | SASKATOON, SK



Christine
Dargon
PH.D.



Steven
G. Feifer
D.ED., NCSP



Lisa
Ferentz
LCSW



Lynn
Lyons,
MSW



Lynn
Miller
PH.D.



Judy
Willis
M.D., M.ED.

THE SASKATCHEWAN SCHOOL-BASED MENTAL HEALTH CONFERENCE

with

ROSS W. GREENE, PH.D.



MAY 10-12, 2017

3 Days | Wed-Fri | 8:30AM - 4:00PM

SASKATOON, SK

TCU Place | 35 - 22nd Street East

EARN UP TO
18 CEUs
FOR 3 DAY
ATTENDANCE

WHO SHOULD ATTEND

K-12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

DISCOUNTS

Early bird, group and student registration discounts available. See back page for details

HOTEL ACCOMMODATIONS

Holiday Inn Saskatoon Downtown
101 Pacific Avenue | 306-986-5000

Hilton Garden Inn Saskatoon Downtown
90-22nd Street E | 306-244-2311

1, 2 & 3 DAY REGISTRATION OPTIONS AVAILABLE

FOR MORE INFORMATION AND REGISTRATION: REGISTRATION.JACKHIROSE.COM | 1.800.456.5424



Ross W. Greene, Ph.D. is the originator of an empirically supported model of care now called Collaborative & Proactive Solutions, author of the influential books *The Explosive Child* and *Lost at School*, and founding director of the non-profit Lives in the Balance, which provides a vast array of free, web-based resources on his model and advocates on behalf of behaviourally challenging kids and their parents, teachers, and other caregivers. Dr. Greene served on the teaching faculty at Harvard Medical School for over 20 years (1992 to 2014), and is currently adjunct associate professor in the Department of Psychology at Virginia Tech. He lectures and consults widely throughout the world, and has authored articles, chapters, and research papers.



Christine Dargon, Ph.D. is a practicing psychologist with over 20 years of experience. She has been working with children and families for years in such areas as abuse, divorce and custody disputes, children of alcoholic/drug addicted parents and adopted children.



Steven G. Feifer, D.Ed., NCSP is an internationally renowned speaker and author in the field of learning disabilities and has conducted nearly 200 professional seminars for educators and psychologists. He has authored six books on learning and emotional disorders in children.



Lynn Lyons, MSW is a clinical social worker and psychotherapist specializing in the treatment of anxious children and their parents, with a special interest in interrupting the generational patterns of anxiety in families. Lynn presents internationally to organizations and schools



Lisa Ferentz, LCSW is an Internationally recognized expert in the treatment of trauma and has been in private practice for over 30 years. She presents workshops and keynote addresses throughout the US and Canada, and is a clinical consultant to practitioners and mental health agencies.



Lynn Miller, Ph.D. is a licensed psychologist, certified cognitive behaviour therapist, and is a former Associate Professor Emeritus in the Education and Counseling Psychology and Special Education department at the University of British Columbia.



Judy Willis, M.D., M.Ed. is a practicing neurologist with ten subsequent years as a classroom teacher. She is a leading authority in the neuroscience of learning and has written 7 books and more than 50 articles for professional journals applying neuroscience research to successful teaching strategies.

DAY 1 | Wednesday, May 10, 2017

DAY 2 | Thursday, May 11, 2017

DAY 3 | Friday, May 12, 2017

1st KEYNOTE

Ross W. Greene, Ph.D.
8:30 AM – 10:15 AM

Collaborative & Proactive Solutions: Fostering the More Positive Side of Human Nature

Dr. Greene's Collaborative & Proactive Solutions (CPS) model has historically been applied to kids with social, emotional, and behavioural challenges. But the model is equally applicable to less challenging kids, especially if caregivers are interested in teaching the skills that foster the more positive side of human nature.

2nd KEYNOTE

Christine Dargon, Ph.D.
10:30 AM – 12:00 PM

Eating Disorders

This keynote will be an introduction into eating disorders in order to assist in creating greater awareness among school professionals and steps that can be taken to assist students. We will review the symptoms and criteria for the various eating disorders. How to intervene and steps that can be taken by teachers and administrators will be presented.

1st KEYNOTE

Lynn Lyons, MSW
8:30 AM – 10:15 AM

Anxious Kids, Anxious Families

Anxiety disorders take a tremendous toll on individuals and families. By demanding certainty and comfort in rather dramatic fashion, anxiety grabs control in a way that interrupts lives, promotes avoidance, and leads to depression and physical issues. Anxiety runs in families, with children who are raised by a parent with an anxiety disorder being six to seven times more likely to develop anxiety themselves, thus interrupting this generational pattern of anxiety is critical.

2nd KEYNOTE

Lisa Ferentz, LCSW
10:30 AM – 12:00 PM

The Impact of Trauma on Children

In this keynote, we will explore the attachment styles that develop in dysfunctional and toxic families and the inherent challenge it creates for children when they are forced to stay connected to abusive caretakers. We will also process the long-term cognitive, behavioral, social, and emotional impact of trauma, abuse, and neglect. Participants will learn about factors that exacerbate the symptoms as well as mitigating factors that can reduce the impact on a child's evolving development. Videotapes, clients' artwork and case scenarios will give participants a greater understanding.

1st KEYNOTE

Lynn Miller, Ph.D.
8:30 AM – 10:15 AM

Mental Health Matters: Psychological Issues & Their Effect on Children's Lives

The mental health concerns of children and youth is emerging as an urgent problem in Canadian health and education systems. Mental health concerns in youth have been identified as the most pressing problem facing children and their families as the human, social and economic costs of the problem attract professional attention. Anxiety disorders are the most commonly occurring of all mental health issues, but by their nature of being internalizing disorders, are vastly under recognized, under reported, and under treated.

2nd KEYNOTE

Judy Willis, M.D., M.Ed.
10:30 AM – 12:00 PM

Neurological Strategies for Building Students' Emotional Self-Management, Motivation, Perseverance and their Construction of Neural Networks of Long-term Concept Memory

Stressors in the classroom, including boredom and frustration, can block input from reaching the prefrontal cortex to become memory. You'll learn new strategies to promote the understanding necessary for students to construct neural networks of long-term, transferrable concept memory.

AFTERNOON CONCURRENT SESSIONS

Ross W. Greene, Ph.D.
1:15 PM – 4:00 PM

A The Assessment of Lagging Skills and Unsolved Problems

If you want to help solve the problems that are setting in motion challenging behaviour, identify the skills that are contributing to those problems, and stop focusing on a kid's challenging behaviour (and modifying it), you'll need to identify to those lagging skills and unsolved problems. Fortunately, there's an instrument – the *Assessment of Lagging Skills and Unsolved Problems* – to help you do it, and in this workshop, Dr. Greene teaches you how to use it.

Christine Dargon, Ph.D.
1:15 PM – 4:00 PM

B Eating Disorders

This workshop will introduce attendees to the fundamentals to the treatment of eating disorders but will also address the key first steps and the core areas that need to be addressed by teachers, school counselors and psychologists. Eating disorders are a very unique category of disorders to treat although there are components that resemble other disorders. This will also be addressed and how individuals can, with time, commitment and dedication, conquer their struggle with such issues. The grades most at risk are between five through twelve. The rate at which eating disorders is being diagnosed is on the rise with cases reported in individuals as young as age 10. Knowledge of eating disorders is crucial for all working in schools.

Steven G. Feifer, D.Ed., NCSP
1:15 PM – 4:00 PM

C The Neuropsychology of Reading & Written Language Disorders: A Framework for Effective Interventions

We will examine reading from a brain-based educational perspective, and classify developmental reading disorders into four distinct subtypes. Steven will discuss the Feifer Assessment of Reading battery, a comprehensive and innovative new reading test designed to examine the underlying cognitive and linguistic processes that supports proficient reading skills. Steven will also explore the neuropsychological underpinnings of the writing process to assist educators and mental health professionals in both diagnosing and remediating written language disorders in children.

Ross W. Greene, Ph.D.
1:15 PM – 4:00 PM

A Introduction to Plan B

When you're solving problems collaboratively, you're partnering with kids so solve the problems that affect their lives, improving communication, enhancing relationships, coming to solutions that are more durable and effective, and teaching lagging skills. In this workshop, Dr. Greene will review the basics.

Lynn Lyons, MSW
1:15 PM – 4:00 PM

B Anxious Kids, Anxious Families

This workshop will focus on concrete, strategic interventions that move clients out of the "content trap" of the anxiety disorder and toward a process that interrupts anxiety's predictable cognitive, behavioral, and physiological patterns. Participants will learn how to immediately and actively engage clients in active treatment using psycho-education and strategic homework assignments that move clients toward uncertainty (a key to successful treatment), address the use of safety crutches and avoidance, and promote the skills of differentiation and problem solving to combat the global avoidance style of anxious people.

Lisa Ferentz, MSW
1:15 PM – 4:00 PM

C Understanding & Working with the Developmental Challenges of Adolescence

Parents, teachers, and helping professionals often struggle in their interactions with adolescents: misreading their moods and needs, and inadvertently communicating in ways that create tension and increase disconnection. This workshop will offer adults new insights into adolescent development and the adolescent brain, which will increase their understanding and empathy towards teenagers. We will reframe "difficult" adolescent behaviours, giving participants a new way to understand and work with "resistance" and "non-compliance." Particular attention will be paid to fostering cooperation and improving communication with adolescents.

Ross W. Greene, Ph.D.
1:15 PM – 4:00 PM

A Advanced Plan B

If you're clear on the basics, you're ready for the more nuanced aspects of solving problems collaboratively, including strategies for gathering information about kids' concerns, helping non-communicative kids express their concerns, dealing with defensiveness, and coming to realistic and mutually satisfactory solutions. Lots of sample videos in this workshop.

Lynn Miller, Ph.D.
1:15 PM – 4:00 PM

B Fundamentals of CBT with Children & Youth

Proven cognitive behavioural therapeutic activities can feel stiff and dull. This workshop will demonstrate innovative ways to implement CBT in interesting and engaging ways, with a focus on developmentally appropriate treatment approaches. Practical approaches to a wide array of presenting issues will be covered. The 5 major elements of CBT will be enhanced with skill development, generalization strategies, homework compliance, and student tailored interventions.

Judy Willis, M.D., M.Ed.
1:15 PM – 4:00 PM

C Using Brain Research to Help Students Develop Their Executive Functions

The information age in which today's students live in is one where information and validity needs to be critically analyzed. The demands of the accelerated quantity of information incorporated into each grade level and the temptations of immediate gratification from video games and social media, mean today's students need their executive functions to be at top efficiency. You will learn new strategies and recognize the ones you are already using that are most effective for activating the neuroplastic growth of the executive function networks during their peak of responsiveness. You'll come away with plans ready to put into action to activate these critical skillsets for all learners in all grade levels and subject areas.

\$10 OFF
ONLINE DISCOUNT
ENTER PROMO CODE: GREENE10SK

\$20 OFF
EARLY BIRD DISCOUNT
DEADLINE: APRIL 26, 2017

UP TO \$60 OFF
GROUP DISCOUNTS
SEE REGISTRATION PAGE FOR RATES.

REGISTRATION FORM

The Saskatchewan School-Based Mental Health Conference

▶ STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

▶ STEP 2 – SELECT ATTENDING DATE(S) | Please check off attending dates.

I WILL BE ATTENDING: DAY 1 - May 10 DAY 2 - May 11 DAY 3 - May 12

▶ STEP 3 – SELECT APPLICABLE FEE | Fees do not include tax (5% GST).

INDIVIDUAL	1 DAY	2 DAYS	3 DAYS
Early-Bird Fee	<input type="checkbox"/> \$229	<input type="checkbox"/> \$399	<input type="checkbox"/> \$579
Regular Fee	<input type="checkbox"/> \$249	<input type="checkbox"/> \$419	<input type="checkbox"/> \$599

GROUPS (3 DAYS)	3-7	8-14	15+	STUDENT (3 DAYS)
Early-Bird Fee	<input type="checkbox"/> \$559	<input type="checkbox"/> \$539	<input type="checkbox"/> \$519	Early-Bird Fee \$519
Regular Fee	<input type="checkbox"/> \$579	<input type="checkbox"/> \$559	<input type="checkbox"/> \$539	Regular Fee \$539

EARLY BIRD CUTOFF DATE: April 26, 2017 - Registration and payment must be received by this date.

GROUP RATE: Groups must attend all 3 days to be eligible for the group discounts. A **\$10.00** administrative fee will apply **per person** for all manual group registrations.

FULL-TIME STUDENT RATE: Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

▶ STEP 4 – PAYMENT

Visa | Credit Card # _____ Expiry _____ / _____

MasterCard | Cardholder Name _____

Cheque | Signature _____ Cheque # _____

4 WAYS TO REGISTER

 ONLINE registration.jackhirose.com	 EMAIL registration@jackhirose.com
 PHONE or FAX See numbers below right	 MAIL See address below right

3 WAYS TO SAVE

	ONLINE PROMO CODE: GREENE10SK registration.jackhirose.com
	EARLY BIRD DISCOUNT Deadline: April 26, 2017
	GROUP DISCOUNTS (online only) See Step 3 for Savings & Fees.

EXHIBITOR OPPORTUNITIES

JACKHIROSE.COM/EXHIBIT

As an exhibitor at this conference, you will receive an exclusive opportunity to network with our participants and educate them on your program. You will have space to display promotional materials and showcase your organization or business.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$290** on the conference registration fee. By working as an assistant to the conference director, conference aides will receive a discount. Conference aides must arrive by 7:00am on all days of the conference and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the conference. Please keep in mind that we can accommodate a maximum of 6 conference aides. To apply for the conference aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Call and request the Jack Hirose & Associates corporate rate. Guests need to reference "Jack Hirose".

HOLIDAY INN SASKATOON DOWNTOWN

101 Pacific Avenue | 306-986-5000

HILTON GARDEN INN SASKATOON DOWNTOWN

90-22nd Street E | 306-244-2311

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: All cancellations must be submitted by email to registration@jackhirose.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee will be available. No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** Exceptions to this will not be granted.

If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Certificates are intended for continuing education credit purposes. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



Complete & Return with Payment:

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