



1 Day Child & Youth Focused Workshop

WORKING WITH HARD-TO-ENGAGE CHILDREN & ADOLESCENTS

I Don't Want to Talk About It

VANCOUVER
OCTOBER 26, 2017



LIANA LOWENSTEIN
MSW, RSW

ATTEND BOTH &
SAVE
2 DAY OPTION

P.2

1 Day Child & Youth Focused Workshop

EVIDENCE-BASED INTERVENTIONS FOR TRAUMATIZED CHILDREN & ADOLESCENTS

VANCOUVER
OCTOBER 27, 2017



LIANA LOWENSTEIN
MSW, RSW

P.2

2 Day Clinical Focused Workshop

YOGA SKILLS FOR THERAPISTS

*Clinical Applications for
Anxiety & Depression
(No Mat Required)*

VANCOUVER
NOVEMBER 2 & 3, 2017

With Assistance from
OCEAN LUM, MA

AMY WEINTRAUB
MFA



P.3

2 Day Clinical Focused Workshop

COUPLES THERAPY IN THE 21ST CENTURY

*On Target, Effective
& Revolutionary*

LANGLEY
NOVEMBER 7 & 8, 2017



SUE JOHNSON
ED.D.

P.4

1 Day Child & Youth Focused Workshop

THE NEUROPSYCHOLOGY OF READING & WRITTEN LANGUAGE DISORDERS

VICTORIA
NOVEMBER 21, 2017



STEVEN G. FEIFER
D.ED., ABSNP

P.5

2 Day Clinical Focused Workshop

EXCEPTIONAL HEALING TECHNIQUES IN THE TREATMENT OF POST-TRAUMATIC CONDITIONS

From Surviving To Thriving

VANCOUVER
NOVEMBER 30 & DECEMBER 1, 2017



MAGGIE PHILLIPS
PH.D.

P.6

SCHEDULED FOR
FEBRUARY 2018
IN VANCOUVER



**WORKING WITH VIOLENT AND
AGGRESSIVE CHILDREN & YOUTH**

VANCOUVER | FEBRUARY 21 & 22, 2018

**BULLIES:
THEIR MAKING & UNMAKING**

VANCOUVER | FEBRUARY 23, 2018

GORDON NEUFELD, PH.D.

WORKING WITH HARD-TO-ENGAGE CHILDREN & ADOLESCENTS

I Don't Want to Talk About It

VANCOUVER | OCTOBER 26, 2017

Jewish Community Centre | 950 West 41st Ave

Working with difficult-to-engage clients can be frustrating and challenging, even for seasoned clinicians. The challenge of working with younger clients in therapy can be further compounded by their fear of entering therapy, their lack of control over the decision to attend therapy, their feeling of being scapegoated for family problems, their lack of motivation for treatment, and their developmental capacity which can make it difficult for them to respond to traditional talk-therapy.

The first step in working with hard-to-engage clients is understanding the reasons underlying what has been called "resistance." The second step involves engaging clients in the therapeutic process. Best-selling author and one of Canada's foremost presenters on childhood trauma, Liana Lowenstein will outline the factors that underlie engaging hard-to-reach children and families. She will present tips, tricks, and techniques to engage children, adolescents, and parents in therapy and maximize potential for change. Emphasis will be on play-based, expressive arts techniques for use with preschool, school-aged, and adolescent clients. This will include therapeutic games, art, music, and stories. Strategies for engaging parents in therapy will be outlined, as well as activities for use in child-focused family therapy sessions.

The techniques will be applied to specific clinical examples to illustrate how they can build rapport, facilitate open communication, and help the client work through treatment goals. 🌱

LEARNING OBJECTIVES

1. Describe the factors underlying therapeutic resistance
2. Implement creative interventions to facilitate rapport-building with children of all ages
3. Utilize innovative strategies to engage resistant, hard-to-serve parents
4. Implement play-based and expressive arts techniques with clients who are reluctant to verbally articulate their thoughts and feelings
5. Utilize activities for child-focused family therapy sessions

EVIDENCE-BASED INTERVENTIONS FOR TRAUMATIZED CHILDREN & ADOLESCENTS

VANCOUVER | OCTOBER 27, 2017

Jewish Community Centre | 950 West 41st Ave

There have been a number of treatments developed and tested in recent years specifically geared to treating traumatized children. These approaches share many of the same core components, as listed below (The National Child Traumatic Stress Network, 2013):

- » Engaging clients
- » Conducting a systemic assessment
- » Providing psychoeducation
- » Addressing children and families' traumatic stress reactions
- » Completing and processing a trauma narrative
- » Enhancing emotional regulation and anxiety management
- » Facilitating adaptive coping
- » Strengthening parenting skills and behaviour management
- » Enhancing safety skills

The effectiveness of trauma-treatment with children and adolescents is enhanced by integrating playful, developmentally appropriate interventions so children will engage in treatment. Playful therapeutic techniques motivate children and adolescents to participate in sessions, facilitate skill building, and lead to a greater sense of enjoyment in the therapeutic process.

Through PowerPoint presentation, activity demonstrations, videos of client sessions, and experiential exercises, this workshop will cover the following three components: Theoretical Overview, Assessment and Treatment. A brief theoretical overview will be presented to provide a context for the assessment and treatment interventions. 🌱

LEARNING OBJECTIVES

1. Describe the core components of evidence-based trauma treatment
2. Discuss the benefits of integrating playful approaches in trauma treatment
3. Apply at least three techniques to assess traumatized children and adolescents
4. Implement at least five new interventions to treat traumatized children and adolescents
5. Describe how to adapt the trauma narrative for use with complexly traumatized children and adolescents



ATTEND BOTH &
SAVE
2 DAY OPTION

LIANA LOWENSTEIN, MSW, RSW



AUTHOR

*Creative Interventions
For Troubled
Children & Youth*

Liana Lowenstein is a Registered Clinical Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT Therapist who has been working with children and their families since 1988. She is known as a dynamic speaker and presents trainings across North America and abroad. She provides clinical supervision to mental health practitioners, runs a play-therapy internship program, and consults to several mental health agencies. She served on the Board of Directors of the Canadian Association for Child and Play Therapy for nine years and is the former Education Chair of the Canadian Play Therapy Certificate Program. She is the author of *Creative Interventions for Troubled Children & Youth*; *Creative Interventions for Bereaved Children*; *Creative CBT Interventions for Children with Anxiety* and other acclaimed books on child and family therapy. She is winner of the Monica Herbert award for outstanding contribution to play therapy in Canada.

1 or 2
DAY(S)

CHILD &
YOUTH
FOCUSED

6 or 12
CEUs

Early Bird Deadline: October 12, 2017

WHO SHOULD ATTEND

- K-12 Teachers, School Counsellors/Psychologists, Learning Assistance/Resource Teachers
- School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers
- All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

YOGA SKILLS FOR THERAPISTS

Clinical Applications for Anxiety & Depression (No Mat Required)

VANCOUVER | THURSDAY, NOVEMBER 2 & FRIDAY, NOVEMBER 3, 2017 | 9:00 AM – 4:00 PM
Jewish Community Centre, Wosk Auditorium | 950 West 41st Ave

Practice your clinical specialty more effectively when you offer clients simple, evidence-based LifeForce Yoga practices to self-regulate, experience self-efficacy and build resilience. Learn clinically appropriate yoga skills that complement and enhance the work you currently do, helping clients focus, relax, and have greater access to feeling states.

LifeForce Yoga has been successfully utilized in health care settings with diverse populations, demonstrating its usefulness in relieving emotional distress and dysregulation. In the process of learning Yoga practices to help clients increase self-efficacy and self-compassion and enhancing the therapeutic relationship between you, you will be giving yourself the gift of self-care. 🧘

WORKSHOP AGENDA – KEY TOPICS COVERED

DAY 1 - THURSDAY, NOVEMBER 2, 2017

Creating a Therapeutic Setting for the Practice of Yoga

- » Describe the utility of Yogic strategies to create a safe environment for on-going therapeutic work with clients and identify trust-building Yogic exercises for therapeutic alliances

Scientific Evidence of the Benefits of Yoga Skills

- » Explain and practice the application of yoga practices for mood regulation and emotional balance
- » Explain and describe the evidence-based biochemical changes in the brain as a result of Yoga and meditation

Yoga Philosophy of Mental Health

- » Describe Yogic strategies appropriate in a clinical setting for obtaining optimum mental health

Comparison of Yoga Principles to Western Psychological Concepts

- » Define the three Yogic philosophical principles that support optimum mental health and compare to Western clinical concepts of mental health and illness

Breathing Exercises for Depressed Mood

- » Describe and practice 3 Yoga breathing exercises that meet and regulate the depressed mood

Yogic Tools Using Sound and Mudras (Hand Pressure Points) to Energize

- » Describe and practice universal tones that elevate mood and are secular and appropriate in a clinical setting
- » Explain the integration and demonstrate the application of simple hand gestures to deepen lung capacity and elevate mood

Dyad Practice

- » Participants will gain experience in leading yoga breathing exercises with each other

DAY 2 - FRIDAY, NOVEMBER 3, 2017

Breathing Exercises for Anxiety

- » Identify predominate mood through analysis of current breathing patterns
- » Describe and lead 2 Yogic breaths and a simple meditation to calm and focus the anxious mind

Visual Imagery as a Remedial Measure for Anxiety and Depression

- » Understand and apply the technique of visual imagery as a Yoga tool of deep relaxation for body, mind and spirit, activating parasympathetic nervous system
- » Identify and discuss strategies to incorporate and integrate the use of visual imagery (with and without sound) in clinical work

Yogic Tools Using Sound and Mudras (Hand Pressure Points) to Calm

- » Explain the integration and demonstrate the application of audible toning as a calming technique, reducing limbic activity
- » Explain the integration and demonstrate the application of simple hand gestures to stimulate the parasympathetic nervous system for a calming effect

Applying Yoga Strategies to the Treatment of Panic Attacks

- » Explain and discuss a Yoga protocol for clients suffering with panic attacks
- » Explain and discuss a yoga breathing practice appropriate for preventing a panic attack

Apply Yoga-based Meditation to Appropriate Diagnosis with Emphasis on Obsessive Compulsive Disorder & Major Depressive Disorder

- » Discuss and practice an evidence-based meditation technique that stimulates the right parietal lobe and elevates mood
- » Discuss and practice a meditation technique that interrupts obsessive thinking



AMY WEINTRAUB, MFA



AUTHOR

Yoga Skills for Therapists
Yoga for Depression

Amy Weintraub, MFA, E-RYT 500, C-IAYT, YACEP, founder of the LifeForce Yoga Healing Institute, the author of *Yoga for Depression* (Broadway Books, 2004) and *Yoga Skills for Therapists: Effective Practices for Mood Management* (W.W. Norton, 2012), has been a pioneer in the field of yoga and mental health for over twenty years. She offers the LifeForce Yoga Practitioner Training for Mood Management to health and yoga professionals and offers workshops for every day practitioners. The LifeForce Yoga protocol is being used in residential treatment centers, hospitals and by health care providers around the world.



WITH ASSISTANCE FROM OCEAN LUM, MA

Ocean Lum, MA, RYT-500, LFYP, is Registered Clinical Counsellor, meditation instructor and yoga teacher. She has been teaching yoga since 2002 and is a Level 2 LifeForce Yoga practitioner.

2 DAYS | CLINICAL FOCUSED | 12 CEUs

Early Bird Deadline: October 19, 2017

LEARNING OBJECTIVES

1. Yogic tools to foster the therapeutic alliance and client self-acceptance
2. A review of current scientific literature supporting Yoga as a treatment in mental health care
3. Three evidence-based Yogic breaths and a simple meditation to calm and focus the anxious mind
4. Three evidence-based Yogic breaths and two simple meditation techniques to clear the mind and lift the mood
5. A Yogic technique to interrupt panic attack

COUPLES THERAPY IN THE 21ST CENTURY

On Target, Effective & Revolutionary

LANGLEY | TUESDAY, NOVEMBER 7 & WEDNESDAY, NOVEMBER 8, 2017 | 9:00 AM – 4:00 PM

Coast Hotel & Convention Centre Langley City | 20393 Fraser Hwy

Couples therapy offers us a rich amazing venue to create lasting change in individuals, core relationships and families. This two day workshop will outline the Emotionally Focused Model of Couple Therapy (EFT), and how it illustrates the new science of love and bonding. This new science will be summarized and its implications for the couple therapist pinpointed. We now have a map for love and loving that allows the therapist to be on target: to go to the heart of the matter and shape new interactions that redefine the security of the bond between partners and create an environment of healing and growth.

The EFT model represents the cutting edge of couple interventions and this workshop will address the three main tasks of therapy, creating a safe haven alliance, working to regulate and

transform emotions and emotional signals, and choreographing a couple's dance to foster emotional connection and fulfill attachment needs. The workshop will include didactic presentations on the nature of love and attachment, the state of couple therapy and the conceptual and clinical base of EFT as well as experiential exercises and the observation and discussion of video recorded therapy sessions. ☞

BASIC TEXTS – SUGGESTED READING

- » *The Practice of Emotionally Focused Therapy: Creating Connection* – Routledge 2004
- » *Hold Me Tight: Seven Conversations for a Lifetime of Love* – Little Brown 2008
- » *Love Sense: The Revolutionary New Science of Romantic Relationships* – Little Brown 2014

“ Thank you for showing the video clips ... fantastic to see this model in action. Can't say it enough ... thank you!”

“ What a wonderful amazing ride. I am in tears that it is over. Thank-you so much for your wisdom, guidance and connection.”

“ Sue, I am so privileged to have taken this amazing and informative course with you.”

WORKSHOP AGENDA – KEY TOPICS COVERED

DAY 1 - TUESDAY, NOVEMBER 7, 2017

9:00 AM – 10:30 AM

- » Introduction to couple intervention in the 21st Century – The state of the art
- » Introduction to the basics of the EFT model
- » EFT Research & Practice

10:45 AM – 12:15 PM

- » The EFT model – key components
- » Overview – Attachment theory and science
- » Relevance for clinical practice

1:30 PM – 3:00 PM

- » Overview of Stages and Steps of the EFT model
- » Specific focus on Stage 1
- » Video viewing

3:15 PM – 3:45 PM

- » Clinical exercise – Outlining negative cycles that perpetuate disconnection in Stage 1

3:45 PM – 4:10 PM

- » Viewing interventions on clinical training tapes

4:10 PM – 4:30 PM

- » Overview of Day 1 and Discussion

DAY 2 - WEDNESDAY, NOVEMBER 8, 2017

9:00 AM – 10:00 AM

- » Question and Answer
- » Overview of EFT interventions

10:00 AM – 10:30 AM

- » Stage 2 – Change events
- » Video viewing

10:45 AM – 12:15 PM

- » Key Tasks: Working with emotion
- » Shaping evocative enactments
- » Exercise and video viewing

Lunch Break Video Viewing

- » 30 -3.00 Difficult couples – escalated couples, traumatized couples

3:15 PM – 4:00 PM

- » Dealing with relationship trauma: Attachment injuries such as affairs

4:00 PM – 4:30 PM

- » Summary and general discussion



SUE JOHNSON, ED.D.



AUTHOR

Love Sense

Hold Me Tight

Sue Johnson Ed D. is the leading developer of Emotionally Focused Therapy (EFT). She is a Professor Emeritus of Clinical Psychology at the University of Ottawa, Distinguished Research Professor in the Marital & Family Therapy Program at Alliant University in San Diego, Director of the International Centre for Excellence in Emotionally Focused Therapy (CEEFT) and Director of the Ottawa Couple and Family Institute. Sue received her doctorate in Counselling Psychology from the University of British Columbia in 1984. She is a registered Psychologist in the province of Ontario, Canada, and a member of the editorial boards of the Journal of Marital and Family Therapy, the Journal of Couple and Relationship Therapy and the Journal of Family Psychology. Dr. Johnson has received a variety of awards acknowledging her development of EFT and her significant contribution to the field of couple and family therapy and adult attachment.

2
DAYS

CLINICAL
FOCUSED

12
CEUs

Early Bird Deadline: October 14, 2017

LEARNING OBJECTIVES

1. Outline the laws of human bonding and how they operate in adult love relationships
2. List the stages, steps and interventions of EFT
3. Make sense of the stuck places that perpetuate negative cycles and emotional disconnection in love relationships
4. Describe how to set up new bonding interactions that redefine connection and change working models of attachment
5. Outline how to adapt the model to different individuals, including escalated, traumatized, and depressed partners

THE NEUROPSYCHOLOGY OF READING & WRITTEN LANGUAGE DISORDERS

VICTORIA | TUESDAY, NOVEMBER 21, 2017 | 9:00 AM - 4:00 PM

Sandman Hotel Victoria | 2852 Douglas Street

This workshop will examine reading and written language disorders from a brain-based educational perspective, and classify each disorder into distinct subtypes. There will be a detailed discussion linking each learning disorder's subtype with scores of evidence based interventions.

Four universal truths when teaching reading will be shared, in addition to five essential steps for effective written language instruction. There will also be a discussion on new research developments revealing that brain chemistry and neural pathways can actually be altered based upon effective interventions. We explore the neuropsychological underpinnings of the writing process to assist educators and mental health professionals in both diagnosing and remediating written language disorders in children.

The ability to generate and produce written language requires multiple linguistic skills involving both phonological and orthographical functioning (the elementary components of language), word retrieval skills, executive functioning skills to organize inner thoughts and ideas, and working

memory to hold our thoughts in mind long enough for effective motor skills output.

Lastly, the Feifer Assessment of Reading (FAR) battery, a comprehensive and innovative new reading test designed to examine the underlying cognitive and linguistic processes that supports proficient reading skills will be introduced to both

educators and mental health professionals. The instrument is unique in that it helps school teams determine the specific subtype of reading disorder, features a dyslexia screener, and also yields numerous intervention strategies as well.

“Thank you so much for an interesting workshop. I enjoyed the information because the neuropsychology aspect is so important to why and where we need to go with literacy interventions.”

– Tracie McDonald, Winnipeg

“Very much enjoyed Steven Feifer’s ability to translate neuropsychology concepts into practical insights.”

LEARNING OBJECTIVES

1. Examine the current literacy rates in the United States and Canada and the effectiveness of the No Child Left Behind legislation
2. Discuss the four universal truths of reading and explain why relying solely upon IQ scores, or a curriculum-based measurement approach, can be misleading when identifying reading disorders in children
3. Discuss four subtypes of reading disabilities from a brain-behavioural perspective, and link scores of evidenced-based interventions and relevant classroom strategies to address each subtype
4. Introduce a brain-based educational model of reading and written language disorders by classifying each disability into basic subtypes, with specific remediation strategies linked to each subtype
5. Introduce the Feifer Assessment of Reading (FAR) battery as a more viable means to both assess and remediate reading disabilities in children from a brain-based educational perspective
6. Introduce the 90 minute LD evaluation measuring eight core constructs associated with learning disorders in children, including the Feifer Assessment of Reading (FAR) Battery
7. Develop comprehensive assessment batteries for specific learning disorders when presented with various clinical case presentations
8. Discuss the neural architecture responsible for written language development in children and learn key brain regions responsible for the organization and production of writing skills
9. Discuss three specific subtypes of writing disorders, with particular emphasis on how “frontal lobe” processes such as working memory and executive functioning impact each subtype
10. Discuss five essential steps for effective written language instruction, and learn intervention strategies for written language disorder subtypes



STEVEN G. FEIFER, D.ED., ABSNP



AUTHOR

Integrating RTI with Cognitive Neuropsychology

Steven G. Feifer, D.Ed., ABSNP, is an internationally renowned speaker and author in the field of learning disabilities, and has authored seven books on the neuropsychology of learning and emotional disorders in children. He has 19 years of experience as a school psychologist, was voted the Maryland School Psychologist of the Year in 2008, and awarded the 2009 National School Psychologist of the Year. Dr. Feifer has authored two tests on diagnosing learning disabilities in children; the FAR and the FAM, both published by PAR.

1 DAY

CHILD & YOUTH FOCUSED

6 CEUs

Early Bird Deadline: November 7, 2017

“Best workshop I’ve been to! Very practical and relevant to my needs with respect to my current caseload. Thank you!”

“Dr. Feifer has helped me to solidify my understanding of how to assess and intervene on learning disabilities. I found this workshop to be extremely practical and I intend to use the information to improve my practice in school psychology.”

“Very well informed, important information, great sense of humour, and love of his area of study and the audience. Great!”

EXCEPTIONAL HEALING TECHNIQUES IN THE TREATMENT OF POST-TRAUMATIC CONDITIONS

From Surviving to Thriving

VANCOUVER | THURSDAY, NOVEMBER 30 & FRIDAY, DECEMBER 1, 2017 | 9:00 AM – 4:00 PM

Jewish Community Centre, Wosk Auditorium | 950 West 41st Ave

Among the most challenging problems related to trauma are emotional and physical pain, addiction as an unhealthy attempt at self-regulation, and fragmentation of the self due to dissociation and internalization of outer conflict. This workshop will offer Ego-State Parts Therapy as a method that can help to resolve these issues and promote self-integration and wellbeing. Emphasis is on developing a powerful toolkit that can enrich your current orientation to trauma therapy.

Day one will focus on strategies for stabilization, safety, strengthening, and empowerment that can also bring symptom relief while through work with the conflict-free self. Day two brings an emphasis on finding and working with ego states that can serve as powerful resources as well as those burdened by trauma.

The workshop format includes interactive lecture and discussion, group practice, live demonstrations, dyad skills practice, and clinical case consultation for complex trauma and dissociative clients.☘

TOPICS INCLUDE:

- » Definitions of Ego States and Ego-State Parts Therapy
- » How to find and work with the conflict-free self
- » The importance of secure attachment and developmental repair
- » Working with ego states linked to survival responses
- » Resolution of emotional and physical pain, addiction issues, and internal self-conflicts
- » Moving towards positive engagement with self and others
- » Building bottom-up somatic interventions as well as top-down
- » How to identify and work with the dissociation spectrum
- » Fostering communication, cooperation and integration within the self as well as in relationships with others

WORKSHOP AGENDA – KEY TOPICS COVERED

Why Ego-State Therapy is Essential to Heal Trauma

- » Definitions of ego states and different parts models
- » The neurobiology of ego states
- » 3 kinds of ego states and how to find them
- » How ego states are at the heart of self-division, inner and outer conflict, symptoms, and syndromes
- » How Ego-State Therapy helps achieve successful self-regulation: The SARI model & principles of EST

How Ego States Assist in Survival from Trauma

- » Linking ego states to survival responses: Brief dyad
- » Discovering and working with the resources in the ego state system
- » Group Practice: Finding the Land Beyond Fear
- » Demonstration: Moving Beyond Survival
- » Dyad Practice and Debriefing

Building the Foundation for Thriving

- » Experiencing the conflict-free self: Group demonstration
- » Strengthening the self from a place of safety
- » Strategies to find and work with conflict-free experience: Demonstration & Practice
- » Methods to nurture resilience
- » How to detect conflict free ego states
- » Connecting trauma-burdened states with the center core (conflict free) self and other resources
- » Finding the beginning of symptom relief: Trauma, addiction, and pain

Polyvagal Theory:

Approaching Positive Engagement

- » Regulating survival responses: Trauma, addiction, and pain
- » Ventral vagal engagement: The language of “we”
- » Building internal and external alliances: Mutual connectedness
- » Fostering communication, cooperation and integration

The Importance of Secure Attachment & Developmental Repair

- » Forming secure attachments from the inside out
- » Repairing attachment trauma
- » Somatic interventions with pre-verbal and nonverbal states: Exploring sensory experience

Working with the Dissociative Spectrum & Complex Trauma

- » Fragmentation and dissociation
- » How to diagnose complex PTSD and DD
- » Utilizing fight, flight, freeze ego states as well as states of connection

Case Consultation and Clinical Discussion

- » Diagnostic and theoretical orientation issues
- » How and when to use different parts models
- » Expanding Ego-State Therapy through EMDR, hypnosis, Energy Psychology, and other methods



MAGGIE PHILLIPS, PH.D.



AUTHOR

Freedom From Pain

Maggie Phillips, Ph.D. is a licensed psychologist in full-time private practice in Oakland, California. She is director of the California Institute of Clinical Hypnosis and past-president of the Northern California Society of Clinical Hypnosis. She has served on the faculties of the American Society of Clinical Hypnosis (ASCH), American and European Congresses of Ericksonian Hypnosis and Psychotherapy, the Eye Movement Desensitization and Reprocessing International Association (EMDR), the Esalen Institute, the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine, the International Society of Hypnosis (ISH), The Professional School of Psychology, and the Society for Clinical and Experimental Hypnosis (SCEH). Dr. Phillips has led workshops on hypnosis, psychotherapy, the effects of childhood trauma, and reversing chronic pain in the U.K., Germany, Scandinavia, France, Japan, China, and Malaysia, and uses of energy therapies in mindbody healing.

2
DAYS

CLINICAL
FOCUSED

12
CEUs

Early Bird Deadline: November 16, 2017

LEARNING OBJECTIVES

1. Define “ego state”
2. Identify the four-stage model used with Ego-State Therapy that can guide self-regulation
3. Apply conflict-free imagery to strengthen the self and bring symptom relief
4. Describe three important principles of Ego-State Therapy
5. Discuss how the conflict-free self provides a powerful platform for movement into thriving



A NEUFELD INSTITUTE CONFERENCE

RESILIENCE, RECOVERY & RELATIONSHIP

*Towards Flourishing
Children & Youth*



WHEN

November 15–17, 2017

3 Days

Wednesday – Friday | 8:30AM – 4:00PM

WHERE

Calgary, Alberta

Coast Plaza Hotel & Conference Centre
1316 33rd Street NE | (403) 248-8888



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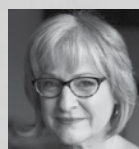
Gordon Neufeld
PH.D.



Gabor Maté
M.D.



Martin Brokenleg
PH.D.



**Maria
LeRose**
M.ED.



**Geneviève
Brabant**
MSW, RSW



**Patti
Drobot**
B.SC, OT, RPC



**Colleen
Drobot**
B.ED., RPC



**Deborah
MacNamara**
PH.D.



**Tamara
Strijack**
M.A.

WHO SHOULD ATTEND

K–12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Early Childhood Educators. Parents and grandparents are welcome to attend.

FOR MORE INFORMATION AND REGISTRATION: JACKHIROSE.COM | 1.800.456.5424

REGISTRATION FORM

British Columbia Workshops | Fall 2017

STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

1 DAY WORKSHOPS & FEES

- Working with Hard-to-Engage Children & Adolescents - Liana Lowenstein | October 26, 2017
- Evidence-Based Interventions for Traumatized Children... - Liana Lowenstein | October 27, 2017
- The Neuropsychology of Reading & Written Language Disorders - Steven Feifer | November 21, 2017

Fees do not include tax (5% GST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Early Bird	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	\$179
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	\$199

2 DAY WORKSHOPS & FEES

- Attend Both Liana Lowenstein Workshops | October 26 & 27, 2017
- Yoga Skills for Therapists - Amy Weintraub | November 2 & 3, 2017
- Exceptional Healing Techniques... - Maggie Phillips | November 30 - December 1, 2017

Fees do not include tax (5% GST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Early Bird	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$359	<input type="checkbox"/> \$324	\$324
Regular	<input type="checkbox"/> \$419	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$344	\$344

- Couples Therapy in the 21st Century - Sue Johnson | November 7 & 8, 2017

Fees do not include tax (5% GST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Early Bird	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	<input type="checkbox"/> \$389	<input type="checkbox"/> \$354	\$354
Regular	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	<input type="checkbox"/> \$374	\$374

Early bird deadline is 14 days prior to the workshop date

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 3 – PAYMENT

Visa | Credit Card # _____ Expiry _____ / _____

MasterCard | Cardholder Name _____

Cheque | Signature _____ Cheque # _____

4 WAYS TO REGISTER



ONLINE

registration.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE or FAX

See numbers below right



MAIL

See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: BCSAVE10
registration.jackhirose.com



EARLY BIRD DISCOUNT
Deadline: 14 Days Prior to Workshop Date.



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a \$10.00 administrative fee will apply per person for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save \$115 on a one-day workshop, \$190 on a two-day workshop and \$290 on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

VANCOUVER

GRANVILLE ISLAND HOTEL: 1253 Johnston Street - 604-683-7373
HOLIDAY INN VANCOUVER CENTRE: 711 W. Broadway - 604-879-0511

LANGLEY

COAST HOTEL LANGLEY CITY: 20393 Fraser Hwy - 604-530-1500

VICTORIA

SANDMAN HOTEL VICTORIA: 2852 Douglas Street - 250-388-0788

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund /credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



jack hirose
& ASSOCIATES INC.
— JACKHIROSE.COM —

Complete & Return with Payment:

Jack Hirose & Associates Inc.
208-197 Forester Street
North Vancouver, BC, Canada
V7H 0A6

T 604 924 0296 F 604 924 0239

TF 1 800 456 5424

E registration@jackhirose.com