

## WORKING WITH HARD-TO-ENGAGE CHILDREN & ADOLESCENTS

*I Don't Want to Talk About It*

VANCOUVER | OCTOBER 26, 2017

Jewish Community Centre | 950 West 41<sup>st</sup> Ave

Working with difficult to engage clients can be frustrating and challenging, even for seasoned clinicians. The challenge of working with younger clients in therapy can be further compounded by their fear of entering therapy, their lack of control over the decision to attend therapy, their feeling of being scapegoated for family problems, their lack of motivation for treatment, and their developmental capacity which can make it difficult for them to respond to traditional talk-therapy.

The first step in working with hard to engage clients is understanding the reasons underlying what has been called "resistance." The second step involves engaging clients in the therapeutic process. Best-selling author and one of Canada's foremost presenters on childhood trauma, Liana Lowenstein will outline the factors that underlie engaging hard-to-reach children and families. She will present tips, tricks, and techniques to engage children, adolescents, and parents in therapy and maximize potential for change. Emphasis will be on play-based, expressive arts techniques for use with preschool, school-aged, and adolescent clients. This will include therapeutic games, art, music, and stories. Strategies for engaging parents in therapy will be outlined, as well as activities for use in child-focused family therapy sessions.

The techniques will be applied to specific clinical examples to illustrate how they can build rapport, facilitate open communication, and help the client work through treatment goals. 🌱

### LEARNING OBJECTIVES

1. Describe the factors underlying therapeutic resistance
2. Implement creative interventions to facilitate rapport-building with children of all ages
3. Utilize innovative strategies to engage resistant, hard to serve parents
4. Implement play-based and expressive arts techniques with clients who are reluctant to verbally articulate their thoughts and feelings
5. Utilize activities for child-focused family therapy sessions

## EVIDENCE-BASED INTERVENTIONS FOR TRAUMATIZED CHILDREN & ADOLESCENTS

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There have been a number of treatments developed and tested in recent years specifically geared to treating traumatized children. These approaches share many of the same core components, as listed below (The National Child Traumatic Stress Network, 2013):

- » Engaging clients
- » Conducting a systemic assessment
- » Providing psychoeducation
- » Addressing children and families' traumatic stress reactions
- » Completing and processing a trauma narrative
- » Enhancing emotional regulation and anxiety management
- » Facilitating adaptive coping
- » Strengthening parenting skills and behaviour management
- » Enhancing safety skills

The effectiveness of trauma-treatment with children and adolescents is enhanced by integrating playful, developmentally appropriate interventions so children will engage in treatment. Playful therapeutic techniques motivate children and adolescents to participate in sessions, facilitate skill building, and lead to a greater sense of enjoyment in the therapeutic process.

Through PowerPoint presentation, activity demonstrations, videos of client sessions, and experiential exercises, this workshop will cover the following three components: Theoretical Overview, Assessment and Treatment. A brief theoretical overview will be presented to provide a context for the assessment and treatment interventions. 🌱

### LEARNING OBJECTIVES

1. Describe the core components of evidence-based trauma treatment
2. Discuss the benefits of integrating playful approaches in trauma treatment
3. Apply at least three techniques to assess traumatized children and adolescents
4. Implement at least five new interventions to treat traumatized children and adolescents
5. Describe how to adapt the trauma narrative for use with complexly traumatized children and adolescents

**EARLY BIRD DISCOUNT - SAVE \$20!**



ATTEND  
BOTH & SAVE  
**2 DAY OPTION**  
REGISTER ONLINE  
JACKHIROSE.COM

**LIANA LOWENSTEIN, MSW, RSW**



#### AUTHOR

*Creative Interventions  
For Troubled  
Children & Youth*

Liana Lowenstein is a Registered Clinical Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT Therapist who has been working with children and their families since 1988. She is known as a dynamic speaker and presents trainings across North America and abroad. She provides clinical supervision to mental health practitioners, runs a play-therapy internship program, and consults to several mental health agencies. She served on the Board of Directors of the Canadian Association for Child and Play Therapy for nine years and is the former Education Chair of the Canadian Play Therapy Certificate Program. She is the author of *Creative Interventions for Troubled Children & Youth*; *Creative Interventions for Bereaved Children*; *Creative CBT Interventions for Children with Anxiety* and other acclaimed books on child and family therapy. She is winner of the Monica Herbert award for outstanding contribution to play therapy in Canada.

**1 or 2**  
DAY(S)

**CHILD &  
YOUTH  
FOCUSED**

**6 or 12**  
CEUs

Early Bird Deadline: October 12, 2017

### WHO SHOULD ATTEND

- K-12 Classroom Teachers, School Counsellors/ Psychologists, Learning Assistance/Resource Teachers
- School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers
- All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

# REGISTRATION FORM

Liana Lowenstein Workshops | Fall 2017

## ► STEP 1 – CONTACT INFO

Name \_\_\_\_\_

Position \_\_\_\_\_ School / Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Work Phone [     ] \_\_\_\_\_ Work Fax [     ] \_\_\_\_\_

Email \_\_\_\_\_

## ► STEP 2 – SELECT WORKSHOP & APPLICABLE FEE *Fees do not include tax (5% GST).*

	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
<b><i>I Don't Want to Talk About It   October 26, 2017</i></b>					
Early Bird (Before October 12)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	<b>\$179</b>
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	<b>\$199</b>
<b><i>Evidence-Based Interventions for Traumatized Children   October 27, 2017</i></b>					
Early Bird (Before October 13)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	<b>\$179</b>
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	<b>\$199</b>
<b><i>* 2 Day Option - Attend Both Liana Lowenstein Workshops   October 26 &amp; 27, 2017</i></b>					
Early Bird (Before October 12)	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$359	<input type="checkbox"/> \$324	<b>\$324</b>
Regular	<input type="checkbox"/> \$419	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$344	<b>\$344</b>

† Please contact [registration@jackhirose.com](mailto:registration@jackhirose.com) for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

## ► STEP 3 – PAYMENT

Visa      Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ / \_\_\_\_\_

MasterCard      Cardholder Name \_\_\_\_\_

Cheque      Signature \_\_\_\_\_ Cheque # \_\_\_\_\_

### 4 WAYS TO REGISTER



ONLINE

[registration.jackhirose.com](http://registration.jackhirose.com)



EMAIL

[registration@jackhirose.com](mailto:registration@jackhirose.com)



PHONE or FAX

See numbers below right



MAIL

See address below right

### 3 WAYS TO SAVE



ONLINE PROMO CODE: SAVE10BC  
[registration.jackhirose.com](http://registration.jackhirose.com)



EARLY BIRD DISCOUNT  
*Deadline: See Step 2 for Deadlines.*



GROUP DISCOUNTS (online only)  
*See Step 2 for Savings & Fees.*

## DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a \$10 manual registration fee will apply for groups not registering online. Please contact: [registration@jackhirose.com](mailto:registration@jackhirose.com) for more info.

## EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

## REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

## WORKSHOP AIDE DISCOUNT

Save \$115 on a one-day workshop, \$190 on a two-day workshop and \$290 on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email [registration@jackhirose.com](mailto:registration@jackhirose.com)

## CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

## HOTEL & ACCOMMODATIONS

Rates may vary, subject to availability. Please request the Jack Hirose & Associates corporate rate. Must be booked at least one month prior to the workshop date.

GRANVILLE ISLAND HOTEL  
1253 Johnston Street - 604-683-7373

## TERMS & CONDITIONS

**Our liability is limited to refunds for workshop fees only.** Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

## CANCELLATION POLICY

All cancellations must be submitted by email at [registration@jackhirose.com](mailto:registration@jackhirose.com). Non-attendance at a workshop will not be grounds for any or partial refund / credit under any circumstances. **Refunds will be available minus a \$40 administration fee for cancellations made five business days or more prior to the event. No refund or credit under any circumstances will be available for cancellations less than five full business days prior to the event.** Exceptions to this will not be granted.

## CERTIFICATES

**Provided for pre-registered attendees only.** Those who register at the door, or want additional copies can download their certificate, free of charge, at [certificates.jackhirose.com](http://certificates.jackhirose.com). Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

## RECEIPTS

Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from [certificates.jackhirose.com](http://certificates.jackhirose.com).

PLEASE REVIEW OUR PRIVACY POLICY: [WWW.JACKHIROSE.COM](http://WWW.JACKHIROSE.COM)



# WEBINARS

*With Specialists on Cutting Edge Topics*

FOR MORE WEBINAR INFORMATION & REGISTRATION: [JACKHIROSE.COM](http://JACKHIROSE.COM)



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E [registration@jackhirose.com](mailto:registration@jackhirose.com)