# **Registration Form**

BC School-Based Conference | Langley 2017

STEP 1 – CONTACT INFO			
Name			
Position	School / Organization		
Address			
City	Province		Postal Code
Work Phone [ ]	Work Fax [	]	
Email			

# **STEP 2 – SELECT ATTENDING DATE(S)** Please check off attending dates.

I WILL BE ATTENDING:	<b>DAY 1</b> - Nov 20	<b>DAY 2</b> - Nov 21	<b>DAY 3</b> - Nov 22

Please note, there is no pre-registration for afternoon concurrent sessions

**STEP 3 – SELECT APPLICABLE FEE** Fees do not include tax (5% GST).

L INDIVIDUAL	1 DAY		2 DAYS	3	3 DAYS	
Super Early-Bird Fee	NA		NA		\$529	
Early-Bird Fee	\$229		\$419	\$559		
Regular Fee	\$249		\$439	\$579		
CROUPS (3 DAYS)	3-7	8-14	15+		💄 STUDENT (3 DAYS)	
Early-Bird Fee	\$539	🗆 \$519	\$499	Early-Bird Fee	\$499	
Regular Fee	\$559	\$539	\$519	Regular Fee	\$519	

Super Early Bird Cutoff Date: June 30, 2017 - Registration and payment must be received by this date. Early Bird Cutoff Date: November 6, 2017 - Registration and payment must be received by this date. Group Rate: For more information, please visit: www.jackhirose.com/group

Full-Time Student Rate: Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

# STEP 4 – PAYMENT

Visa	Credit Card #	Expiry	/
MasterCard	Cardholder Name		
Cheque	Signature	Cheque #	



**EXHIBITOR** As an exhibitor at this conference, you will receive an exclusive opportunity to network with our participants and educate them on **OPPORTUNITIES** your program. You will have space to display promotional materials JACKHIROSE.COM/EXHIBIT and showcase your organization or business.

## **HOTEL & ACCOMMODATIONS**

COAST HOTEL LANGLEY CITY | 20393 Fraser Hwy ROOM RATE: \$115 per night - Queen Comfort Room (2 Beds) HOW TO BOOK: Call the hotel directly at 604-530-1500 and ask for Jack Hirose and Associates corporate rate and provide reservation number: CLC-GF5653 DEADLINE: October 20, 2017

# **DISCOUNT RATES**

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment Please contact: registration@jackhirose.com for more info.

#### **SUPER EARLY BIRD & EARLY BIRD DEADLINE**

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

#### WORKSHOP AIDE DISCOUNT

Save **\$290** on the conference registration fee. By working as an assistant to the conference director, conference aides will receive a discount. Conference aides must arrive by 7:00am on all days of the conference and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the conference. Please keep in mind that we can accommodate a maximum of 6 conference aides. To apply for the conference aides program, please email registration@jackhirose.com

#### **REGISTRATION FEE INCLUDES**

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included

#### CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation. Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commissio (EAPA), Indigenous Certification Board of Canada (ICBOC), Canadian Psychological Association (recognized by the Alberta College of Social Workers and the Newfoundland and Labrador Association of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counsellors Association, Employee Assistance Certification Commission, Indigenous Certification Board of Canada, Employee Assistance Certification Commission, Medical Psychotherapy Association Canada

### **TERMS & CONDITIONS**

Our liability is limited to refunds for conference fees only. Jack Hirose & Associates Inc. reserves the right to cancel a event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for conference fees only. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

**CANCELLATION POLICY:** All cancellations must be submitted by email to registration@jackhirose.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. Refunds will be available minus a \$40 administration fee for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, credit minus a \$40 administration fee will be available. No refund or credit under any circumstances will be available for cancellations less than one ful business day prior to the event. Exceptions to this will not be granted. If you are unable to attend, you are invited to send an alternate in your place at no extra cost. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge certificate and to minimize confusion at check in. Please notify us of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Certificates are intended for continuing education credit purposes Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name

RECEIPTS: Sent by email once you're registration has been processed Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for proce Additional copies can downloaded from certificates.jackhirose.com PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM

#### Complete & Return with Payment:

Jack Hirose & Associates Inc. 208-197 Forester Street North Vancouver, BC, Canada V7H 0A6



тғ 1 800 456 5424 — JACKHIROSE.COM — E registration@jackhirose.com



Meghan Barlow





Dargon

Jay

Berk

Steven **G.** Feifer D ED NCSP

# The British Columbia **SCHOOL-BASED** Mental Health Conference



K-12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/Resource Teachers, WHO School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and SHOULD Childcare Workers. All other professionals who support students with behavioural challenges and complex learning ATTEND needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.



ASSOCIATES INC.





Jeanette Gallus RYT MSE MA LPO



Randy Paterson



Eboni Webb



Judy Willis M.D., M.ED.

# **TOPICS INCLUDE:**

- Oppositional Defiant Disorder
- Anxiety
- Self Regulation
- Eating Disorders
- Emotional Disorders

- LGBT 101
- High Functioning Autism
- Yoga & Mindfulness
- Reading & Writing Disorders

# **NOVEMBER 20-22, 2017**

3 Days | Monday-Wednesday | 8:30AM - 4:00PM

# LANGLEY, BC

Coast Hotel Langley City | 20393 Fraser Highway

# JACKHIROSE.COM | 1.800.456.5424

1, 2 & 3 Day Registration Options Available



Steven G. Feifer, D.ED., NCSP internationally enowned speaker and author in the field of

earning disabilities and has conducted nearly 200



he has been working in such areas as abuse, divorce and custody disputes, children of alcoholic/drug addicted parents and adopted children.



education perspective to his work with children, adolescents and their families.



Registered Yoga Teacher. As a **Certified School Counselor, Spanish** teacher and Licensed Professional Counselor, she has worked in elementary, middle and high schools udy Willis, M.D., M.ED. eurologist with ten ubsequent years as

She is a leading authority in the for professional journals applying neuroscience research to teaching



Eboni Webb, PSY.D. earned her doctorate of clinical psychology from the Minnesota School of Professional Psychology (Argosy University) and is the owner of Kairos Mental Health Cooperative, LLC, which offers diverse DBT programming to children and adults

8:30 AM - 9:45 AM

**Sexual Orientation** 

**Issues for Educators** 

What is sexual orientation,

exactly? How does it develop?

good-natured sprint through

the complicated field of human

sexuality, Dr. Paterson presents

some of what we know, some of

what we thought we knew but

like to know but until now have

don't, and some of what we'd

Are LGBT youth really at higher

risk of self-harm? In this fast and

LGBT 101:

# Day 1 | Monday, November 20, 2017

### Steven G. Feifer, D.ED., NCSP 8:30 AM - 9:45 AM

### The Neuropsychology of Emotional Disorders: A Framework for Effective Interventions

This keynote will explore the neural architecture of emotional behaviour by examining various brain structures laving the foundation for higher level social skill functioning. Specific biological factors related to the development of social competence and emotional self-regulation will be explored.

# 👝 Morning Keynotes 🕒 Christine Dargon, PH.D.

## 9:45 AM - 10:45 A **Anxiety Disorders in** Children & Adolescents

Dr. Christine Dargon will teach you how and why anxiety develops in children and adolescents. She will present practical treatment strategies that can be applied immediately. The seven key anxiety disorders along with case examples: Separation Anxiety Disorder, Panic Disorder, Overanxious Disorder, Obsessive-Compulsive Disorder, Social Anxiety Disorder, Phobias, Post-Traumatic Stress Disorder.

# Jay Berk, PH.D. 11:00 АМ - 12:00 РМ

**Practical Strategies for Oppositional and Defiant Children & Adolescents** Children diagnosed with

**Oppositional Defiant Disorder** (ODD) can present a monumental challenge to therapists, teachers, parents and siblings. ODD and other conduct problems are the single greatest reasons for referrals to outpatient and inpatient mental health settings for children, accounting for at least half of all referrals.

# 8:30 AM - 9:45 AM **Neurological Strategies** for Building Students' **Emotional Self-Management**,

Judy Willis, M.D., M.ED.

Motivation & Perseverance Stressors in the classroom, including boredom and frustration, can block input from reaching the prefrontal cortex to become memory. You'll learn new strategies to promote the understanding necessary for students to construct neural networks of long-term, transferrable concept memory.

Eboni Webb, PSY.D. 9:45 AM - 10:45 AM

# **Rescuing the Dysregulated Child:** Dialectical Behaviour Skills Training for Children. Adolescents & Parents

Day 2 | Tuesday, November 21, 2017

👝 Morning Keynotes 🛛 =

Working with emotionally dysregulated children is an often overwhelming and exhausting endeavor. Many teachers and counselors feel the pull of being "saviors" for dysregulated children and their parents. How to intervene and steps that can be taken by teachers and administrators will be presented.

# **Solution** Afternoon Concurrent Sessions

Eboni Webb, PSY.D.

# **Dysregulated Child: Dialectical Behaviour Skills Training for** Children, Adolescents & Parents

**Dialectical Behavior** Therapy (DBT) is a form of treatment that has a robust amount of evidence that reveals its effectiveness in working with some of the most challenging students and family structures. This training will enable participants to employ strategies in which teacher, counselor, child and parent can experience success through learning to re-establish structure. create a validating and secure environment and increase compassion for all family members and care providers.

Christine Dargon, PH.D. 11:00 AM - 12:00 PM

# **Eating Disorders**

This keynote will be an introduction into eating disorders in order to assist in creating greater awareness among school professionals and steps that can be taken to assist students. We will review the symptoms and criteria for the various eating disorders. How to intervene and steps that can be taken by teachers and administrators will be presented.

Christine Dargon, PH.D.

**C** Eating Disorders

This workshop will

introduce attendees to

the treatment of eating

address the key first steps

disorders but will also

the fundamentals to

1:15 РМ - 4:00 РМ

# Randy Paterson, PH.D. 1:15 РМ - 4:00 РМ

been too afraid to ask.

### A How Not to Create a Miserable Kid: **Emotional Resilience in** the Classroom Setting

Part of the function of education is the preparation of the individual for adult, independent life - a life in which self-discipline, perseverance, tolerance for failure, and emotional resilience in the face of adversity are central. How do we prepare youth for the difficulties of adulthood and avoid the temptations of fantasy? Adapting the core exercise from his popular book How to be Miserable, Paterson asks what we would do if our goal was to create dependent, depressed young adults - then uses this to guide recommendations for the opposite.

Steven G. Feifer, D.ED., NCSP 1:15 РМ - 4:00 РМ

### A The Neuropsychology of Reading & Written Language Disorders: A Framework for **Effective Interventions**

We will examine reading from a brain-based educational perspective. Steven will discuss the Feifer Assessment of Reading battery, a comprehensive and innovative new reading test designed to examine the underlying cognitive and linguistic processes that supports proficient reading skills. Steven will also explore the neuropsychological underpinnings of the writing process.

Jeanette Gallus, RYT, MSE, MA | 1:15 PM - 4:00 PM

Yoga & Mindfulness in the Classroom

### Christine Dargon, PH.D. 1:15 PM - 4:00 PM

**S** Afternoon Concurrent Sessions

# **B** Anxiety Disorders in Children & Adolescents

Practical techniques you can use with your client or student immediately. Other co-occurring disorders (e.g. behaviour problems, medical conditions, depression, ADHD, learning disabilities, selective mutism) will also be discussed. Emphasis will be on creative interventions involving insight-oriented, cognitivebehavioural, biological, mindfulness, expressive arts and family systems approaches.

In this experiential workshop, you will be introduced to developmentally appropriate, safe, and simple

recognize signs of imbalance, and will gain the confidence and skills to effectively implement mind-body

yoga and mindfulness tools that can be integrated, as needed, throughout the school day. You will

strategies that have been chosen for their suitability for the typical classroom space and schedule

### Jay Berk, PH.D. 1:15 РМ - 4:00 РМ

### **Oractical Strategies** for Oppositional and Defiant Children & Adolescents

This dynamic workshop will address a full range of behavioural disturbances, from mild to severe, in order to identify the therapeutic techniques that have proven effective. Participants will review and discuss strategies which can be immediately applied across a variety of settings. Participants will leave this workshop with a much improved diagnostic and treatment approach to ODD and other behavioural disorders.

Judy Willis, M.D., M.ED. 1:15 РМ - 4:00 РМ

## **(A)** Using Brain Research to Help Students **Develop Their Executive Functions**

The information age in which today's students live in is one where information and validity needs to be critically analyzed. The demands of the accelerated quantity of information incorporated into each grade level and the temptations of immediate gratification from video games and social media, mean today's students need their executive functions to be at top efficiency. You will learn new strategies and recognize the ones you are already using that are most effective for activating the neuroplastic growth of the executive function networks during their peak of responsiveness. You'll come away with plans ready to put into action.

# 1:15 РМ - 4:00 РМ

Rescuing the

and the core areas that need to be addressed by teachers, school counselors and psychologists. Eating disorders are a very unique category of disorders to treat although there are components that resemble other disorders. This will also be addressed and how individuals can, with time, commitment and dedication, conquer their struggle with such issues. The grades most at risk are between five through twelve. The rate at which eating disorders is being diagnosed is on the rise with cases reported in individuals as young as age 10.



Randy Paterson, PH.D. and author with 25 raining clinicians

strategies. He is the lead author of Canada's most widely used group



Meghan Barlow, PH.D. a licensed pediatric osvchologist specializing in the treatment of children, adolescents

and young adults on the autism spectrum. She has developed trainings for parents, schools, and mental health providers.

# Day 3 | Wednesday, November 22, 2017

# 👝 Morning Keynotes 🕒

Randy Paterson, PH.D.

Meghan Barlow, PH.D. 9:45 AM - 10:45 AM

**High Functioning Autism:** Proven and Practical Interventions for Challenging Behaviours in Children & Adolescents

This keynote provides proven intervention strategies, essential treatment tools, and behavioural techniques to help you analyze behaviours and actions, identify consequences for behaviours, and teach new skills to children, adolescents and young adults with highfunctioning autism.

#### Eboni Webb, PSY.D. 11:00 AM - 12:00 PM

# **Dialectical Behaviour Skills Training for** Children, Adolescents & Parents

Apply Dialectical Behavior Therapy (DBT) to the most prevalent child and adolescent disorders including: ADHD, attachment disorder, oppositional disorders, eating disorders, anxiety, depression and substance abuse

# **Solution** Afternoon Concurrent Sessions

Meghan Barlow, PH.D. 1:15 РМ - 4:00 РМ

# **B** High Functioning Autism: Proven and Practical Interventions for Challenging Behaviours in Children & Adolescents

Gain valuable insight into how information processing, communication, and social skills deficits lead to difficulty in the home, school, occupational, and social settings. Learn how to prioritize a plan for intervention and implement strategies in order to improve functioning across all areas. You will leave this workshop with an improved understanding of HFA and the confidence to develop and implement effective treatment plans. Don't just manage these individuals; provide interventions that lead to successful independence into their adult years!

Eboni Webb, PSY.D. 1:15 рм - 4:00 рм

# **O** Dialectical Behaviour **Skills Training for** Children. Adolescents & Parents

Dr. Webb will additionally address key childhood disorders that left untreated can lead to maladaptive coping behaviours in adulthood. Dr. Webb will teach participants how to apply and adapt DBT skills training to reflect the language of children and how to establish a safe and loving structure in which children can learn and generalize these skills.

