

REGISTRATION FORM

Manitoba Workshops | Fall 2017

► STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

► STEP 2 – SELECT WORKSHOP & APPLICABLE FEE Fees do not include tax (5% GST).

	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
1 DAY WORKSHOP Working With Hard-To-Engage Children & Adolescents - Liana Lowenstein					
Early Bird (Before October 26)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	\$179
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	\$199
1 DAY WORKSHOP Evidence-Based Interventions for Traumatized Children - Liana Lowenstein					
Early Bird (Before October 27)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	\$179
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	\$199
* 2 DAY OPTION Attend Both Liana Lowenstein Workshops November 9 & 10, 2017					
Early Bird (Before October 26)	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$359	<input type="checkbox"/> \$324	\$324
Regular	<input type="checkbox"/> \$419	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$344	\$344
2 DAY WORKSHOP Trauma Competency Training - Eric Gentry					
Early Bird (Before October 16)	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$359	<input type="checkbox"/> \$324	\$324
Regular	<input type="checkbox"/> \$419	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$344	\$344
1 DAY WORKSHOP High Functioning Autism - Jay Berk					
Early Bird (Before November 9)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	\$179
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	\$199

• Early bird deadline is 14 days prior to the workshop date

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 3 – PAYMENT

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

4 WAYS TO REGISTER



ONLINE
registration.jackhirose.com



EMAIL
registration@jackhirose.com



PHONE OR FAX
See numbers below right



MAIL
See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: SAVE10MB
registration.jackhirose.com



EARLY BIRD DISCOUNT
Deadline: See Step 2 for Deadlines.



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save \$115 on a one-day workshop, \$190 on a two-day workshop and \$290 on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

WINNIPEG

Best Western Plus Hotel | 1715 Wellington Ave | 204-775-9889
Viscount Gort Hotel | 1670 Portage Ave | 204-775-0451

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY

All cancellations must be submitted by email at registration@jackhirose.com. Non-attendance at a workshop will not be grounds for any or partial refund / credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made fourteen business days or more prior to the event. **No refund or credit under any circumstances will be available for cancellations less than five full business days prior to the event.** Exceptions to this will not be granted.

CERTIFICATES

Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS

Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM

PLEASE COMPLETE & RETURN WITH YOUR PAYMENT TO:



Jack Hirose & Associates Inc.
208-197 Forester Street
North Vancouver, BC, Canada
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T 604 924 0296
F 604 924 0239
TF 1 800 456 5424
E registration@jackhirose.com



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Quality workshops & community resources

JACKHIROSE.COM

Fall 2017 | Manitoba

MENTAL HEALTH & EDUCATION WORKSHOPS

Register Online
JACKHIROSE.COM

SAVE \$10

PROMO CODE
SAVE10MB

1 Day Child & Youth Focused Workshop

WORKING WITH HARD-TO-ENGAGE CHILDREN & ADOLESCENTS

I Don't Want to Talk About It

WINNIPEG
NOVEMBER 9, 2017



LIANA LOWENSTEIN
MSW, RSW

P. 2

1 Day Child & Youth Focused Workshop

EVIDENCE-BASED INTERVENTIONS FOR TRAUMATIZED CHILDREN & ADOLESCENTS

WINNIPEG
NOVEMBER 10, 2017



ERIC GENTRY
PH.D.

P. 3

2 Day Clinical Focused Workshop

2 DAY TRAUMA COMPETENCY TRAINING

WINNIPEG
OCTOBER 30 & 31, 2017

P. 4

1 Day Child & Youth Focused Workshop

HIGH FUNCTIONING AUTISM

Proven and Extremely Practical Interventions for Challenging Behaviours in Children, Adolescents & Young Adults

WINNIPEG
NOVEMBER 23, 2017



JAY BERK
PH.D.

P. 5

A NEUFELD INSTITUTE CONFERENCE

RESILIENCE, RECOVERY & RELATIONSHIP

Towards Flourishing Children & Youth

CALGARY
NOVEMBER 15-17, 2017

P. 6

PSYCHOTHERAPY CONFERENCE

Healing & Treating TRAUMA, ADDICTIONS and Related Disorders

CALGARY
NOVEMBER 27-29, 2017

P. 7

EARLY BIRD DISCOUNT - SAVE \$20!

See Registration Page for Deadlines



LIANA LOWENSTEIN, MSW, RSW

Liana Lowenstein, MSW, RSW, is a Registered Clinical Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT Therapist who has been working with children and their families since 1988. She is known as a dynamic speaker and presents trainings across North America and abroad. She provides clinical supervision to mental health practitioners, runs a play-therapy internship program, and consults to several mental health

agencies. She served on the Board of Directors of the Canadian Association for Child and Play Therapy for nine years and is the former Education Chair of the Canadian Play Therapy Certificate Program. She is the author of *Creative Interventions for Troubled Children & Youth*; *Creative Interventions for Bereaved Children*; *Creative CBT Interventions for Children with Anxiety* and other acclaimed books on child and family therapy.

WORKING WITH HARD-TO-ENGAGE CHILDREN & ADOLESCENTS

I Don't Want to Talk About It

EARLY BIRD DEADLINE
October 26, 2017

WINNIPEG | THURSDAY, NOVEMBER 9, 2017 | 9:00 AM – 4:00 PM
Best Western Plus Winnipeg Airport Hotel | 1715 Wellington Avenue

1 DAY | CHILD & YOUTH FOCUSED | 6 CEUs

Working with difficult-to-engage clients can be frustrating and challenging, even for seasoned clinicians. The challenge of working with younger clients in therapy can be further compounded by their fear of entering therapy, their lack of control over the decision to attend therapy, their feeling of being scapegoated for family problems, their lack of motivation for treatment, and their developmental capacity which can make it difficult for them to respond to traditional talk-therapy.

The first step in working with hard-to-engage clients is understanding the reasons underlying what has been called "resistance." The second step involves engaging clients in the therapeutic process. Best-selling author and one of Canada's foremost presenters on childhood trauma, Liana Lowenstein will outline the factors that underlie engaging hard-to-reach children and families. She will present tips, tricks, and techniques to engage children, adolescents, and parents in therapy and maximize potential for change. Emphasis will be on play-based, expressive arts techniques for use with preschool, school-aged, and adolescent clients. This will include therapeutic games, art, music, and stories. Strategies for engaging parents in therapy will be outlined, as well as activities for use in child-focused family therapy sessions.

The techniques will be applied to specific clinical examples to illustrate how they can build rapport, facilitate open communication, and help the client work through treatment goals.

LEARNING OBJECTIVES

1. Describe the factors underlying therapeutic resistance
2. Implement creative interventions to facilitate rapport-building with children of all ages
3. Utilize innovative strategies to engage resistant, hard-to-serve parents
4. Implement play-based and expressive arts techniques with clients who are reluctant to verbally articulate their thoughts and feelings
5. Utilize activities for child-focused family therapy sessions



Liana Lowenstein receives the 2014 Monica Herbert Award from the Canadian Association for Child and Play Therapy (CACPT) for Outstanding Contribution and Dedication to Child Psychotherapy in Canada.

2 DAY OPTION ATTEND BOTH & SAVE

See discounted rates on the back and online at jackhirose.com

WEBINARS

With Specialists on Cutting Edge Topics

FOR MORE INFORMATION & REGISTRATION: JACKHIROSE.COM

CANADA'S 8th ANNUAL PREMIER PSYCHOTHERAPY CONFERENCE | CALGARY

EARN UP TO
21 CEUs
FOR 3 DAY
ATTENDANCE

9
SPEAKERS

3
DAYS

Healing & Treating TRAUMA, ADDICTIONS and Related Disorders

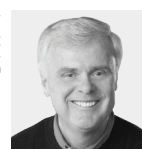
NOVEMBER 27-29, 2017
Mon-Wed | 8:30AM – 4:30PM

CALGARY, AB
Coast Plaza Hotel & Conference Centre

3 Day Conference

FEATURED SPEAKERS

DAY 1



David Burns
M.D.

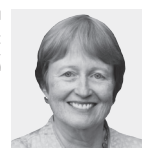


Shari Geller
Ph.D.



Lisa Firestone
Ph.D.

DAY 2



Maggie Phillips
Ph.D.



Robert Weiss
LCSW



Randy Paterson
Ph.D.

DAY 3



Jeff Riggerbach
Ph.D.



Eric Gentry
Ph.D.



Pat Love
Ph.D.

TOPICS INCLUDE

- Trauma
- Drug Abuse
- Depression
- Anxiety
- Grief & Loss
- Sexual Addiction
- Personality Disorders
- Technology
- Couples Therapy
- Compassion Fatigue

WHO SHOULD ATTEND

All Therapists, Addiction Counsellors, Clinical Counsellors, School Counsellors, Employee Assistance Professionals, Human Resource Professionals, Mental Health Workers, Psychologists, Occupational Therapists, Psychiatric Nurses, Physicians, Family Therapists, Social Workers, Rehabilitation/Vocational Counsellors and all other Mental Health Professionals.

CONFERENCE VENUE & HOTEL

Coast Plaza Hotel
1316 33rd Street, NE, Calgary
Book a Room: (403) 248-8888

DISCOUNTS

Early bird and group registration discounts available.
See website for rates and details.

PRESENTED BY



FOR MORE INFORMATION AND REGISTRATION: CONFERENCE2017.JACKHIROSE.COM | 1.800.456.5424



A NEUFELD INSTITUTE CONFERENCE

RESILIENCE, RECOVERY & RELATIONSHIP

Towards Flourishing Children & Youth



WHEN
November 15–17, 2017
 3 Days
 Wednesday – Friday | 8:30AM – 4:00PM

WHERE
Calgary, Alberta
 Coast Plaza Hotel & Conference Centre
 1316 33rd Street NE | (403) 248-8888



CO-SPONSORED BY
 JACK HIROSE & ASSOCIATES



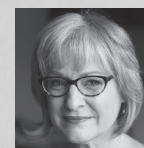
Gordon Neufeld
 PH.D.



Gabor Maté
 M.D.



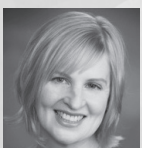
Martin Brokenleg
 PH.D.



Maria LeRose
 M.ED.



Geneviève Brabant
 MSW, RSW



Patti Drobot
 B.SC., OT, RPC



Colleen Drobot
 B.ED., RPC



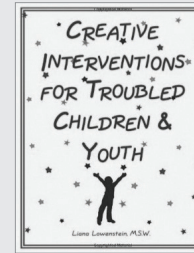
Deborah MacNamara
 PH.D.



Tamara Strijack
 M.A.

WHO SHOULD ATTEND

K–12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Early Childhood Educators. Parents and grandparents are welcome to attend.



AUTHOR
Creative Interventions For Troubled Children & Youth

WHO SHOULD ATTEND

- K–12 Classroom Teachers
- School Counsellors/Psychologists
- Learning Assistance/Resource Teachers
- School Administrators
- School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers
- All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

EVIDENCE-BASED INTERVENTIONS FOR TRAUMATIZED CHILDREN & ADOLESCENTS

EARLY BIRD DEADLINE
 October 27, 2017

WINNIPEG | FRIDAY, NOVEMBER 10, 2017 | 9:00 AM – 4:00 PM
 Best Western Plus Winnipeg Airport Hotel | 1715 Wellington Avenue

1 DAY | CHILD & YOUTH FOCUSED | 6 CEUs

There have been a number of treatments developed and tested in recent years specifically geared to treating traumatized children. These approaches share many of the same core components, as listed below (The National Child Traumatic Stress Network, 2013):

- » Engaging clients
- » Conducting a systemic assessment
- » Providing psychoeducation
- » Addressing children and families' traumatic stress reactions
- » Completing and processing a trauma narrative
- » Enhancing emotional regulation and anxiety management
- » Facilitating adaptive coping
- » Strengthening parenting skills and behaviour management
- » Enhancing safety skills

The effectiveness of trauma-treatment with children and adolescents is enhanced by integrating playful, developmentally appropriate interventions so children will engage in treatment. Playful therapeutic techniques motivate children and adolescents to participate in sessions, facilitate skill building, and lead to a greater sense of enjoyment in the therapeutic process.

Through PowerPoint presentation, activity demonstrations, videos of client sessions, and experiential exercises, this workshop will cover the following three components:

1) Theoretical Overview: A brief theoretical overview will be presented to provide a context for the assessment and treatment interventions. This will include a review of recent empirical findings on the impact of trauma on children, and a review of the benefits of integrating playful techniques into trauma treatment.

2) Assessment: The instructor's innovative trauma assessment model will be presented. Workshop attendees will receive a packet of trauma assessment activities so they can utilize it immediately in their clinical practice. Participants will learn how to use the assessment as a basis for formulating realistic, measurable treatment goals.

3) Treatment: A variety of creative techniques will be presented to address the core components of trauma-treatment: Psychoeducation (e.g., educating children and parents about trauma and its treatment); parenting skills (use of effective parenting interventions such as praise, positive attention, and contingency reinforcement procedures); relaxation skills (focused breathing, progressive muscle relaxation, and other relaxation activities to reverse the physiologic manifestations of traumatic stress); affective modulation skills (feeling identification; recognizing and self-regulating negative affective states); cognitive coping (recognizing relations among thoughts, feelings, and behaviors; replacing unhelpful thoughts with more adaptive thoughts); trauma narrative (creating a narrative of the child's

traumatic experiences, correcting cognitive distortions about these experiences, and placing these experiences in the context of the child's whole life); in vivo mastery of trauma reminders (graduated exposure to feared stimuli); conjoint child-parent sessions (joint sessions in which the child shares the trauma narrative with parents and other family issues are addressed); and enhancing future safety and development (addressing safety concerns related to prevention of future trauma, return to normal developmental trajectory).

Participants will come away with many new and creative interventions they can use with clients from preschoolers to teens. ☺

LEARNING OBJECTIVES

1. Describe the core components of evidence-based trauma treatment
2. Discuss the benefits of integrating playful approaches in trauma treatment
3. Apply at least three techniques to assess traumatized children and adolescents
4. Implement at least five new interventions to treat traumatized children and adolescents
5. Describe how to adapt the trauma narrative for use with complexly traumatized children and adolescents
6. Describe two techniques to strengthen parenting skills

FOR MORE INFORMATION AND REGISTRATION: JACKHIROSE.COM | 1.800.456.5424

2 DAY TRAUMA COMPETENCY TRAINING

WINNIPEG | MONDAY, OCTOBER 30 & TUESDAY, OCTOBER 31, 2017 | 9:00 AM – 4:00 PM
Viscount Gort Hotel | 1670 Portage Avenue

You're getting good outcomes with your trauma survivor clients — but what if you could do even better? Studies show there are 4 major factors that make trauma treatment work. If you accomplish these 4 things, your clients will heal.

Trauma treatment is that simple. It's not easy — but it's simple. Based on 25 years of breakthrough research, **this two day workshop will revolutionize the way you work with trauma survivors.** After completing the workshop, you'll be able to double your outcomes by incorporating

these factors into whatever treatment modality you're using — and **we'll walk you through exactly how to do it.** Joy, peace, purpose, and love are available to every single human being — when we, as clinicians, can help our clients effectively, **we can end their suffering.**

*In addition, completion of this two-day workshop meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net) ☎

WORKSHOP AGENDA – KEY TOPICS COVERED

A Brief History and Evolution of Traumatic Stress, Grief & Loss

- » Systemic traumatic stress theory
- » Symptom review
- » Review of effective treatments
- » Tri Phasic model
- » Most commonly used instruments to assess traumatic stress

Core Competencies of Traumatic Stress, Grief & Loss Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress

- » Precipitating events
- » Meaning making
- » Physiology of Trauma
- » Perception

Adaptive and maladaptive coping behaviours

- » Trauma Adaptation
- » Systemic influences
- » Emotional & psychological stressors
- » Integrated theoretical concepts from stress, crisis & trauma theories
- » Information Processing Model
- » Psychosocial Model

Review of Effective Treatment Interventions

- » Cognitive Behavioral Techniques (PE, CPT & SIT)
- » EMDR & Bilateral Stimulation
- » Thought Field Therapy (TFT)/Emotional Freedom Techniques (EFT)
- » Sensorimotor

The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress

- » Affective volatility
- » The body keeps the score
- » Biology of traumatic stress

The Impacts of Traumatic Stress Over Time and Across and Within Developmental Stages

- » Epigenetics
- » Reactive Attachment Disorder
- » Adrenal fatigue

The Role of Traumatic Stress in Clinical Disorders such as Personality Disorders, Dissociative Identity Disorder, and More

- » Traumagenesis
- » Traumaddiction
- » Comorbidity

Conceptualizing a Framework of Healing for Survivors of Traumatic Stress

- » Systemic perspective
- » Strengths perspective
- » Survivor metaphor

Traumatic Stress Exists Across the Continuum of Systemic Levels

- » Systemic trauma theory
- » Community trauma
- » Vicarious secondary traumatization

Theories of Traumatic Stress, Loss and Grief

- » Information processing model
- » Psychosocial model
- » Contemporary thoughts

Bereavement and Adjustment Disorders

- » Supporting Normal Bereavement
- » Treating Complicated Bereavement

Assessment of Traumatic Stress Disorders

- » Diagnostic and Statistical Manual of the APA
- » DSM-5° changes
- » ACE & Developmental Trauma
- » Diagnosing PTSD with the PCL-5



ERIC GENTRY, PH.D.

Eric Gentry, PH.D., is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of South Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum—17 courses in field and clinical traumatology leading to seven separate certifications. He is also a founding board member and vice-president of the International Association of Trauma Professionals (IATP). Dr. Gentry has been a clinical member of several CISM teams and has provided assistance in many different disaster and critical incidents including Oklahoma City, New York City, and hurricanes in Florida.

2 DAYS | CLINICAL FOCUSED | 12 CEUs

Early Bird Deadline: October 16, 2017

LEARNING OBJECTIVES

1. Define clearly the nature of traumatic stress, grief, & loss and their sequelae
2. Explain and apply theoretical models of traumatic stress, grief & loss
3. Explain traumatic stress, grief & loss from biochemical, psychological, social & spiritual perspectives
4. List and describe the key current interventions employed for the treatment of traumatic stress, grief & loss
5. Demonstrate a rudimentary understanding of brain functioning as it relates to traumatic stress
6. Describe the pioneering work that informs evidence-based treatments

HIGH FUNCTIONING AUTISM

Proven and **Extremely Practical Interventions for Challenging Behaviours in Children, Adolescents & Young Adults**

WINNIPEG | THURSDAY, NOVEMBER 23, 2017 | 9:00 AM – 4:00 PM
Viscount Gort Hotel | 1670 Portage Avenue

This intensive, full-day workshop provides proven intervention strategies, essential treatment tools, and behavioural techniques to help you analyze behaviors and actions, identify consequences for behaviours, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behaviour changes and overcoming challenging co-occurring behaviours that deliver success through adulthood.

The challenging co-occurring issues to be addressed include:

- Social skills
- Communication
- Sensory
- Anxiety/Rigidity

- Depression
- Meltdowns & tantrums
- ADHD
- OCD
- Psychotropic medications
- Non-compliance

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5° diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Don't just manage these individuals; provide interventions that lead to successful independence into their adult years! ☎

WORKSHOP AGENDA – KEY TOPICS COVERED

DSM-5° and ICD-10 Updates

- » Social-Pragmatic Communication Disorder
- » Impact on service delivery (school/community)
- » Successfully link home, school and therapy
- » Co-morbid disorders: Why the difference is important

Social Skills Interventions

- » Improve social skill deficits
- » "Kid Cop" behaviours and why other kids get angry
- » How to get peers to recognize them in positive ways
- » Group activities that have a proven track record
- » Early intervention programs that deliver long-term success

Communication Interventions

- » Conflict resolutions that are effective in multiple settings
- » Help peers, siblings and parents relate
- » Verbal interventions that overload processing
- » Pragmatic language and other abstract issues

Sensory Interventions

- » Self-stimulation (appropriate & inappropriate)
- » Sensory strategies to avoid
- » Coping/calming techniques that reduce meltdowns
- » Sensory Diet

Anxiety Interventions

- » Anxiety reducing activities
- » How anxiety impacts rigidity
- » Help them "self-regulate"
- » Successful transitions

ADHD Interventions

- » ADHD vs. hyper-focus
- » How medications are often prescribed wrong
- » Specific triggers and what fuels the rage
- » Reduce aggressive and disruptive behaviours
- » Mistakes that escalate defiant behaviours
- » Overcome refusals to comply with even simple requests

Depression Interventions

- » Low mood vs. irritability in youth
- » Impact on flexibility and change
- » Therapy that works for people with HFA
- » Emergence in adolescence
- » Solitude vs. loneliness

Obsessive-Compulsive Disorder (OCD) Interventions

- » What to do when they become stuck on high interest areas
- » Specific medication interventions
- » Impact on socialization and behaviours

Interventions for Specific Difficult Behaviours

- » Reduce Internet and electronic addictions
- » Changes in technology, school systems and mental health delivery
- » Cognitive-Behaviour Therapy (CBT) for mood and anxiety

Psychopharmacological Interventions

- » Differentiate among common medications
- » Medications that mimic difficult behaviours
- » Side effects and off label use



JAY BERK, PH.D.

Jay Berk, PH.D., is a licensed clinical psychologist and an internationally recognized expert in the child/adolescent behavioural field who brings both a clinical and education perspective to his work with children, adolescents and their families. For over 25 years, Dr. Berk has been treating clients with ODD, ADHD, autism, anxiety and stress, depression, learning disabilities, Tourette's Syndrome and individuals who have Autism Spectrum Disorder. He conducts 15 social skills/mental health groups for children and adolescents and works daily with school and community professionals, families and parents. In his private practice, in Beachwood, Ohio, he provides therapy for children, adolescents, families, testing and evaluation, school consultation as well as an alternative educational program. Dr. Berk presents nationally on the topics of autism, disruptive behavior disorders, mental health issues in the classroom, ODD and social skills competency.

To preview his work, visit:
www.jayberkphd.com or [youtube.](https://www.youtube.com/user/jayberkphd)

1 DAY | CHILD & YOUTH FOCUSED | 6 CEUs

Early Bird Deadline: November 9, 2017

LEARNING OBJECTIVES

1. Utilize several social skill interventions to improve long-term success for children/adolescents with HFA
2. Employ specific coping and calming techniques for children/adolescents with HFA
3. Identify medication side effects that can mimic behavioural issues and may even cause behavioural issues
4. Design effective strategies for successful transitions for children/adolescents with HFA
5. Select specific behavioral interventions that target the most difficult behaviours in children/adolescents with HFA
6. Summarize the DSM-5° diagnosis of Social-Pragmatic Communication disorder and design treatment interventions for each