

Child & Youth Focused Workshops 9:00 AM - 4:00 PM

JACKHIROSE.COM

MAKING SENSE OF ANXIETY AND RELATED PROBLEMS

HALIFAX | JUNE 4 & 5, 2018 | 9AM - 4PM

Dalhousie University - Scotiabank Auditorium 6135 University Ave

he escalating level of anxiety in our children begs for an explanation as well as a solution. Dr. Neufeld sheds light on this age-old problem, paving the way for natural interventions that can actually get to the root causes as opposed to just managing symptoms. This workshop brings a fresh and promising perspective to one of our most troubling and perplexing human problems. Although the focus is on children, this enlightening material will benefit anyone suffering from anxiety. The focus of this workshop is the anxiety of our children and what we can do about this, both as a society and as the adults responsible for them. The dynamics and insights however apply to all ages.

LEARNING OBJECTIVES

- The anatomy and working model of the human alarm system.
- How to recognize anxiety in all its various manifestations.
- 3. An updated and insight-based working definition of anxiety.
- 4. Why anxiety is increasing in our children.
- Why current discipline methods are alarming our children.
- 6. Addressing anxiety without relying on medication.
- 7. What parents and teachers can do to help their anxious children.

WORKSHOP AGENDA

Neuroscience of Anxiety

» The key discovery here is of a complex and comprehensive human alarm system

Anxiety, Attachment & Vulnerability

» To discover what alarms us, we need to go to the science of attachment and redefine our understanding of human threat – that of facing separation in all its various forms

Working Model of Anxiety

» Understanding where obsessions and compulsions come from and outlining seven classical themes in our anxieties

Addressing Anxiety

» Six surprising solutions are described for reducing the anxiety in our children

WORKING WITH STUCK KIDS

HALIFAX | JUNE 6, 2018 | 9AM - 4PM

Dalhousie University - Scotiabank Auditorium 6135 University Avenue

ot everyone grows up as they get older. The construct of psychological immaturity has been with us as an intuitive concept for ages, but only recently has developmental science advanced to a state where it can now yield effective strategies and interventions to address learning and behavioural challenges.

Bestselling author of Hold On To Your Kids, Gordon Neufeld presents an integrated developmental approach to reaching troubled kids, using the constructs of attachment, vulnerability and maturation. In this workshop, Gordon takes the best that developmental science has to offer and delivers it in a usable form to the professionals who work with these children or those responsible for them. His model has been honed from years of application in a wide range of settings: education, special behaviour programs, therapy, corrections, aboriginal communities, adoption, counseling, parenting, and the foster system. This material is applicable to children of all ages, from toddlers to teens. The insights and interventions apply to a wide range of presenting problems and syndromes including attention problems, bullying, impulsiveness, anxiety problems, learning disabilities, autism spectrum, oppositionality, drug abuse, aggression problems, boundary problems, alarming behaviour, boredom and much more.

LEARNING OBJECTIVES

- How to uncover the relationship between psychological immaturity and the most common presenting problems and syndromes.
- 2. Three distinct processes that drive maturation and how to support them.
- 3. Maximize how emotional engagement warms the engine of maturation.
- 4. To identify the signs being defended against vulnerability.
- 5. Developmentally-supportive interventions for problems resulting from stuckness.
- 6. Why separation-based discipline for stuck kids doesn't work and how to provide alternatives.
- Why consequence-based discipline fails to work with aggression problems and what does.



GORDON NEUFELD, PH.D.

Gordon Neufeld, Ph.D. is a Vancouver-based developmental psychologist who consults with parents and professionals regarding children and their problems. He brings to us his unique synthesis of the developmental literature and his exceptional ability to make children understandable. He has a widespread reputation for being able to make sense of difficult and complex problems regardless of one's degree of exposure to the psychological literature and for opening doors for change. Dr. Neufeld has a reputation for educating in a most engaging way, speaking with passion and compassion. His style is dynamic, his approach is refreshing and his effect is to affirm intuition. Dr. Neufeld has provided continuing education and in-service training to various professional groups including physicians, nurses, psychologists, clinical counselors, families and youth workers.



BEST SELLING AUTHOR Hold On to Your Kids: Why Parents Need to Matter More Than Peers

WHO SHOULD ATTEND

- K–12 Classroom Teachers
- School Counsellors/Psychologists
- Learning Assistance/Resource Teachers
- School Administrators
- School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers
- All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.



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- **66** Fantastic presentation, informative and valuable for me personally and professionally. Gordon is brilliant and engaging. Very happy to have attended today."

STEP 1 – CONTACT INFO

Name					
Position		School / Organization			
Address					
City		Province		Postal Code	
Work Phone []	Work Fax []		
Email					

STEP 2 - SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (15% HST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Making Sense of Anxiety & Related Problems - Gordon Neufeld Halifax, June 4 & 5, 2018					
Early Bird (Before May 21)	\$399	\$379	\$359	\$324	\$324
Regular	\$419	\$399	\$379	\$344	\$344
Working with Stuck Kids - Gordon Neufeld Halifax, June 6, 2018					
Early Bird (Before May 23)	\$229	\$214	\$199	\$179	\$179
Early Bird (Before May 23) Regular	\$229 \$249	\$214 \$234	\$199 \$219	□\$179 □\$199	\$179 \$199
, . , , .	\$249	\$234	\$219	\$199	
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- Early bird deadline is 14 days prior to the workshop date
- † Please contact registration@iackrhiose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment,

STEP 3 - PAYMENT

Visa	Credit Card #	Expiry	/
☐ MasterCard	Cardholder Name		
☐ Cheque	Signature	Cheque #	

4 WAYS TO REGISTER







@



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3 WAYS TO SAVE



ONLINE PROMO CODE: NSSAVE10 registration.jackhirose.com



EARLY BIRD DISCOUNT Deadline: See Step 2 for Deadlines.



GROUP DISCOUNTS (online only) See Step 2 for Savinas & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a \$10.00 administrative fee will apply per person for all manual registrations Please contact: registration@iackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included

WORKSHOP AIDE DISCOUNT

Save \$115 on a one-day workshop, \$190 on a two-day workshop and \$290 on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the orkshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@iackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event. See the event listing for specific workshop accreditation

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate - must be booked one month prior to the workshop date

ATLANTICA HOTEL HALIFAX 1980 Robie Street - 902 423 1161

One King or Two Double Beds - \$139 + Tax Cut-off Date: April 28, 2018

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit

CANCELLATION POLICY: All cancellations for any workshop, intensive or conference must be submitted by email at registration@jackhirose. com. Non-attendance at an event will not be grounds for any or partial refund/credit under any circumstances. We are sorry, exceptions to

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus
- a \$40 administration fee • Less than one full business day prior to the event; no refund or credit

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CERTIFICATES: Provided for pre-registered attendees only. Thosewho register at the door, or want additional copies can download their certificate, free of charge, at **certificates.jackhirose.com**. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name

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PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



Complete & Return with Payment:

Jack Hirose & Associates Inc. 208-197 Forester Street North Vancouver, BC, Canada V7H 0A6

т 604 924 0296 **г** 604 924 0239 **TF** 1 800 456 5424 **E** registration@jackhirose.com

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Nova Scotia Workshops | Spring 2018

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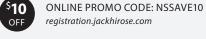


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PHONE or FAX See numbers below right

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