

STEP 1 – CONTACT INFO

Name

Position

Address

City

Province

Postal Code

Work Phone []

Work Fax []

Email

STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

<i>Fees do not include tax (5% GST)</i>	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Making Sense of Anxiety & Related Problems - Gordon Neufeld Saskatoon, February 26 & 27, 2018					
Early Bird (Before February 12)	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$359	<input type="checkbox"/> \$324	\$324
Regular	<input type="checkbox"/> \$419	<input type="checkbox"/> \$399	<input type="checkbox"/> \$379	<input type="checkbox"/> \$344	\$344
Working with Stuck Kids - Gordon Neufeld Saskatoon, February 28, 2018					
Early Bird (Before February 12)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	\$179
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	\$199
3 Day Option Attend Both Gordon Neufeld Workshops in Saskatoon February 26–28, 2018					
Early Bird (Before February 12)	<input type="checkbox"/> \$579	<input type="checkbox"/> \$549	<input type="checkbox"/> \$519	<input type="checkbox"/> \$499	\$499
Regular	<input type="checkbox"/> \$599	<input type="checkbox"/> \$569	<input type="checkbox"/> \$539	<input type="checkbox"/> \$519	\$519
3 Day Intensive: The Science of Emotion - Gordon Neufeld Banff, July 23–25, 2018					
Early Bird (Before July 9)	<input type="checkbox"/> \$619	<input type="checkbox"/> \$599	<input type="checkbox"/> \$579	<input type="checkbox"/> \$559	\$559
Regular	<input type="checkbox"/> \$639	<input type="checkbox"/> \$619	<input type="checkbox"/> \$599	<input type="checkbox"/> \$579	\$579

• Early bird deadline is 14 days prior to the workshop date
† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 3 – PAYMENT

☐ Visa

Credit Card #

Expiry

/

☐ MasterCard

Cardholder Name

☐ Cheque

Signature

Cheque #

4 WAYS TO REGISTER

ONLINE
registration@jackhirose.com

EMAIL
registration@jackhirose.com

PHONE or FAX
See numbers below right

MAIL
See address below right

3 WAYS TO SAVE

\$10 OFF

ONLINE PROMO CODE: SKSAVE10
registration@jackhirose.com

\$20 OFF

EARLY BIRD DISCOUNT
Deadline: See Step 2 for Deadlines.

UP TO \$80 OFF

GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

SASKATOON
HOLIDAY INN SASKATOON: 101 Pacific Ave - 306-986-5000
HILTON GARDEN INN DOWNTOWN: 90-22nd St E - 306-244-2311

BANFF
BANFF PARK LODGE: 222 Lynx Street - 403-762-4433

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund/credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:
• 14 business days or more prior to the event: refund, minus a \$40 administration fee
• Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
• Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM

Complete & Return with Payment:
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TF 1 800 456 5424
E registration@jackhirose.com

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& ASSOCIATES INC.
Quality workshops & community resources

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Spring 2018 | Saskatchewan
Mental Health & Education Workshops



2 Day Child & Youth Focused Workshop

MAKING SENSE OF ANXIETY & RELATED PROBLEMS

SASKATOON | FEBRUARY 26 & 27, 2018

1 Day Child & Youth Focused Workshop

WORKING WITH STUCK KIDS

SASKATOON | FEBRUARY 28, 2018

3 Day Child & Youth Focused Workshop

3 DAY INTENSIVE: THE SCIENCE OF EMOTION

BANFF | JULY 23–25, 2018

GORDON NEUFELD, PH.D.

ATTEND BOTH & SAVE 3 DAY OPTION

Gordon Neufeld, Ph.D., is a Vancouver-based developmental psychologist with over 30 years of experience with children and youth and those responsible for them. He is a foremost authority on child development, an international speaker, a bestselling author (*Hold On To Your Kids*), and a leading interpreter of the developmental paradigm. Dr. Neufeld’s professional experience includes years of working with violent young offenders and thousands of consultations regarding youth with aggression problems. His personal experience includes having been a father to five adolescents of his own. Dr. Neufeld is not only a seminal theorist but also a seasoned therapist and an inspiring teacher. Dr. Neufeld’s unique synthesis of the developmental literature and his exceptional ability to make children understandable has made him much in demand as a speaker. His style is dynamic, his approach is refreshing, and his effect is to affirm intuition. His insights are regularly sought by experts and media alike. Dr. Neufeld consistently receives outstanding ratings for his courses and seminars.

BESTSELLING AUTHOR
Hold On to Your Kids

Who Should Attend? K–12 Classroom Teachers, School Counsellors & Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

All other professionals who support children and adolescents with behavioural challenges and complex learning needs including but not limited to: Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

Early Bird Discount | Save \$20! Early bird deadline is 14 days prior to the workshop date.



GORDON NEUFELD, PH.D.

“This was a wonderful workshop, presented with clarity, simplicity and yet, good depth for awareness and understanding. I felt so encouraged by Dr. Neufeld’s way of cutting through the mental health rhetoric and greatly empowered by his focus on relational and instinctive approaches. Thank you!”

“Thank you, and yes, you are changing the world. Maybe not as fast as you want, but you changed my world this week, and you can be sure that I will be using what I’ve learned to change the lives of many others!”

MAKING SENSE OF ANXIETY & RELATED PROBLEMS

SASKATOON | FEB 26 & 27, 2018 | 9AM – 4PM
TCU Place Convention Centre | 35 - 22nd Street East

EARLY BIRD
DEADLINE
Feb 12, 2018

The escalating level of anxiety in our children begs for an explanation as well as a solution. Dr. Neufeld sheds light on this age-old problem, paving the way for natural interventions that can actually get to the root causes as opposed to just managing symptoms. This workshop brings a fresh and promising perspective to one of our most troubling and perplexing human problems. Although the focus is on children, this enlightening material will benefit anyone suffering from anxiety.

The time has finally come to be able to answer the problem of anxiety. What makes it possible now is that we currently have enough pieces of the puzzle to create a coherent picture: a mastery of attachment theory, an understanding of human vulnerability, a working knowledge of attention, and the discoveries of neuroscience. Possessing the pieces are not enough however. It takes a theorist’s mind to put the pieces together and a seasoned therapist’s wisdom to test this model against human experience. Dr. Neufeld has been uniquely positioned, not only to answer this question but also to understand the implications for our children. The resulting solutions are surprising, not in that they are counter intuitive but rather that they run counter to the prevailing practice. The focus of this workshop is the anxiety of our children and what we can do about this, both as a society and as the adults responsible for them. the dynamics and insights however apply to all ages.☺

LEARNING OBJECTIVES

1. The anatomy and working model of the human alarm system.
2. How to recognize anxiety in all its various manifestations.
3. An updated and insight-based working definition of anxiety.
4. Why anxiety is increasing in our children.
5. Why current discipline methods are alarming our children.

WORKSHOP AGENDA

Neuroscience of Anxiety

» The key discovery here is of a complex and comprehensive human alarm system
Anxiety, Attachment & Vulnerability

» To discover what alarms us, we need to go to the science of attachment and redefine our understanding of human threat – that of facing separation in all its various forms

Working Model of Anxiety

» Understanding where obsessions and compulsions come from and outlining seven classical themes in our anxieties

Addressing Anxiety

» Six surprising solutions are described for reducing the anxiety in our children



WORKING WITH STUCK KIDS

SASKATOON | FEBRUARY 28, 2018 | 9AM – 4PM
TCU Place Convention Centre | 35 - 22nd Street East

EARLY BIRD
DEADLINE
Feb 12, 2018

Not everyone grows up as they get older. The construct of psychological immaturity has been with us as an intuitive concept for ages, but only recently has developmental science advanced to a state where it can now yield effective strategies and interventions to address learning and behavioural challenges.

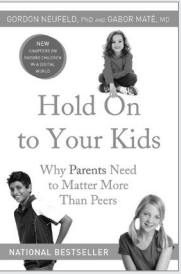
Bestselling author of *Hold On To Your Kids*, Gordon Neufeld presents an integrated developmental approach to reaching troubled kids, using the constructs of attachment, vulnerability and maturation. In this workshop, Gordon takes the best that developmental science has to offer and delivers it in a usable form to the professionals who work with these children or those responsible for them.

His model has been honed from years of application in a wide range of settings: education, special behaviour programs, therapy, corrections, aboriginal communities, adoption, counseling, parenting, and the foster system. This material is applicable to children of all ages, from toddlers to teens. The insights and interventions apply to a wide range of presenting problems and syndromes including attention problems, bullying, impulsiveness, anxiety problems, learning disabilities, autism spectrum, oppositionality, drug abuse, aggression problems, boundary problems, alarming behaviour, boredom and much more.☺

LEARNING OBJECTIVES

1. How to uncover the relationship between psychological immaturity and the most common presenting problems and syndromes.
2. Three distinct processes that drive maturation and how to support them.
3. Maximize how emotional engagement warms the engine of maturation.
4. To identify the signs being defended against vulnerability.
5. Developmentally-supportive interventions for problems resulting from stuckness.
6. Why separation-based discipline for stuck kids doesn’t work and how to provide alternatives.
7. Why consequence-based discipline fails to work with aggression problems and what does.

“I have no words to express my appreciation to Gordon Neufeld and to Hirose for bringing this valuable, life-changing information. The material taught resonates professionally and personally too. Thank you!”



BEST SELLING AUTHOR

*Hold On to Your Kids:
Why Parents Need
to Matter More
Than Peers*

- K–12 Classroom Teachers
- School Counsellors/Psychologists
- Learning Assistance/Resource Teachers
- School Administrators
- School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

WHO SHOULD ATTEND

- All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

3 DAY INTENSIVE: THE SCIENCE OF EMOTION



BANFF, ALBERTA | MONDAY, JULY 23 – WEDNESDAY, JULY 25, 2018 | 9:00 AM – 4:00 PM
Banff Park Lodge Resort & Conference Centre | 222 Lynx Street, Banff

EARLY BIRD
DEADLINE
July 9, 2018

There is much focus today on emotion. Constructs like emotional intelligence, emotional self-regulation, emotional well-being and emotional social learning are being bandied about like never before. Emotion, long dismissed as a nuisance factor, is now confirmed to be at the core of development and well-being. Yet little is being taught about the nature of emotion or the implications for healing and treatment.

New revelations about the nature of emotion have shed fresh light on the pivotal role of emotion in brain development, maturation, mental health, anxiety problems, behaviour problems, attention problems, addiction problems, resilience, recovery, and much more. In fact, most if not all the major diagnosis are found to have significant roots in the limbic system or

emotional brain. When distilled to their essence, healing and adaptation are first and foremost emotional processes. In today’s world, given the lack of supportive culture, an understanding of the nature of emotion is now foundational to finding our way through to personal health and well-being, whether this be for ourselves or to foster it in others.

This three day intensive is powerful in the insight it provides as well as the changes it inspires. To make sense of emotion is to make sense of us all. In providing a window to the inner workings of the emotional brain, we also become informed as to how to harness the power of emotion for healing and recovery.☺

WORKSHOP AGENDA – KEY TOPICS COVERED

Expression of Emotion

The first law of emotion is that emotion seeks expression. All emotions have a purpose that becomes thwarted when expression is denied or distorted. The two over-arching tasks of emotion are to bind us together and to grow us up. Although expression is spontaneous, impediments can be encountered.

Thwarted Expression

The adverse consequences of thwarted expression is discussed under five main topics: emotional dysfunction where emotion cannot do its work, distorted or displaced expression, depression as in flattened affect, failure to adapt to life circumstances, and troubling eruptions of emotion. The first challenge in dealing with problems rooted in emotion is to facilitate the expression of emotion without repercussion to a child’s working attachments.

Feelings & Hurts

The second law of emotion is that emotion seeks consciousness. Feeling is the conscious tip of emotion. Major impediments to feeling include lack of emotional expression, lack of heart language, and emotional defendedness resulting from hurt feelings. Unfortunately many children lose their feelings with dire consequences for their functioning and development. Our challenge for such children is to help them get their feelings back.

Balance & Self-Control

The third law of emotion is that emotion seeks equilibrium, resulting in balance, stability and self-control. The mixing of emotions can only happen if emotion is first expressed and felt. The role of the prefrontal cortex is discussed as well as impediments to this spontaneous developmental process.

5 Steps to Emotional Health & Maturity

The five stages in emotional development are outlined, with the challenges for children and adults in each stage. The primary pitfall of well-meaning adults is to focus on the developmental outcome rather than the process by which children get there. When it comes to emotion, rewarding or focusing on the desired end result will actually backfire, often resulting in deeper emotional problems.

Viewing & Treating Troubling Behaviours as Emotional Problems

Emotion has been eclipsed by such constructs as learning, discipline, disorder and even disease. Emotion has also been eclipsed by our focus on behaviour, reason and self-regulation. Only when we begin to reframe problems in the language of emotion can we find a way through. Various problems are looked at to illustrate the issues involved, including attention problems, anxiety problems, bullying and aggression.

LEARNING OBJECTIVES

1. To cultivate an appreciation of the pivotal role of emotion in development, perception and behaviour.
2. To develop a language of emotion that can be used to reframe problems, lead to solutions, and provide access to intuition.
3. To understand how emotional development unfolds, so as not to get caught in a battle against symptoms or sabotage the process by pushing for results.
4. To be aware of the overall purpose of emotion as well as the purpose of individual emotions.
5. To build a working model of emotion that can be applied across situations.
6. To outline the five stages of emotional development so healthy maturation can be fostered.
7. To be able recognize and address the emotional roots of behaviour problems.

“Fantastic presentation, informative and valuable for me personally and professionally. Gordon is brilliant and engaging. Very happy to have attended today.”