

HIGH FUNCTIONING AUTISM

Proven & Practical Interventions for Challenging Behaviour in Children & Adolescents

OAKVILLE | MONDAY, MAY 6 & TUESDAY MAY 7, 2019 | 9:00 AM - 4:00 PM
Oakville Conference Centre | 2515 Wyecroft Road

This intensive, two-day hands-on workshop provides evidence-based behavioural intervention strategies, essential treatment tools, and successful psychosocial techniques to teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Dr. Daily will provide interesting case studies, demonstrations, and activities that will help you better understand high functioning autism and give you practical intervention techniques for social success, improved mood, positive behaviour changes, and overcoming challenging co-occurring behaviours.

Join autism expert and author, Cara Daily, PhD, BCBA, and learn how to integrate the latest research on brain development, cognitive-behavioural therapy, and behavioural

interventions in your work with children with autism (0-25 years). You will walk away with **up-to-date evidenced-based strategies** to **teach new skills** and **behaviours** related to co-occurring deficits such as:

- Social-Communication
- Sensory
- Anxiety/Rigidity
- Oppositional Defiant Disorder
- Meltdowns
- Psychotropic medications
- Social-Pragmatic Language Disorder
- ADHD/Executive Functions
- Obsessive-Compulsive Disorder
- Sex Education
- Depression
- Self-Help Skills

WORKSHOP AGENDA – KEY TOPICS COVERED

DAY 1

Diagnostic Criteria

- » ICD-10 updates vs DSM-5®
- » Social (pragmatic) communication disorder
- » Comorbid disorders: Conceptual framework
- » Screening and assessment tools

Brain Function:

How the Brain with Autism Works

- » Latest research in ASD brain development
- » Enhanced versus impaired abilities
- » Information processing:
Typical brain versus brain with autism
- » Activities: Experience what an individual with ASD might

Social-Communication Interventions

- » Visual systems to improve communication
- » Teach turn taking and pragmatic language in conversations
- » Programs to assist in generalizing social skills
- » Video modelling and role play to teach social rules
- » Social stories and social autopsies

Challenging Topics in Sex Education

- » Body awareness, exploration of self, and puberty
- » Steps to dating and sexual relationships
- » Education on masturbation and pornography
- » Decrease stalking behaviours

Sensory Interventions

- » Appropriate self-stimulatory behaviours
- » Exposure therapy
- » Strategies to Avoid

DAY 2

Interventions for ADHD and Executive Functioning Deficits

- » Staying on-task and motivation
- » Schedules, time-lines, web diagramming
- » More preferred tasks
- » Creating Home Base

Noncompliance and Oppositional Behaviours

- » Applied behavioural analysis techniques
- » Token Economy Systems
- » Functional Behavioural Assessments

Ethical Challenges in Autism

- » Welfare of the individual
- » Informed consent
- » Use of restraints
- » Time-out vs. seclusion

Psychosocial interventions for Depression, Anxiety, and OCD

- » Cognitive-behavioural therapies
- » Mindfulness-based therapies
- » Social and vocational programs
- » Family therapy

Psychopharmacological Interventions

- » Commonly prescribed medications
- » Medication efficacy
- » Risks versus benefits

“Awesome Workshop! Should be mandatory for every EA in BC school districts and Ministry of Education. Please get this workshop in schools.” - Leursha Renteria



CARA DAILY, PH.D.



AUTHOR

The Key to Autism: An Evidence-Based Workbook for Assessing and Treating Children and Adolescents

Cara Marker Daily, Ph.D., BCBA is a licensed psychologist and Board Certified Behavior Analyst with over 20 years of experience providing assessment and treatment for children, adolescents and young adults with autism in the home, school, hospital and community settings. She works directly with educators, speech/language pathologists, occupational therapists, BCBA's and other professionals. Dr. Daily is the president and training director of Daily Behavioral Health, a leading behavioural health provider in northeast Ohio specializing in assessment, consultation, and treatment of autism, anxiety and disruptive behaviour disorders. She is the founder and executive director of the Building Behaviors Autism Center, which has received numerous grants to provide free and reduced cost applied behavioural analysis services to individuals with autism.

2
DAY

CHILD &
YOUTH
FOCUSED

12
CEUs

Early Bird Deadline: April 23, 2019

LEARNING OBJECTIVES

1. Screen and diagnose autism using DSM-5® and ICD-10.
2. Differentiate between abilities that are intact versus impaired in the brain with autism.
3. Compare and evaluate empirically validated strategies for children with high functioning autism.
4. Evaluate and change your communication style to improve back and forth conversations with your clients with HFA.
5. Address sexualized behaviours by teaching your students/clients developmentally appropriate sex education.
6. Suggest sensory based relaxation techniques to your students/clients with HFA to reduce anxiety.
7. Promote visual strategies to assist with executive functioning deficits, such as planning and organizing.

HIGH FUNCTIONING AUTISM

CARA DAILY | OAKVILLE, MAY 6 & 7, 2019

“*Cara is able to unlock diagnosis and supports for individuals with autism in an extraordinary manner. Technical definitions are interspersed with anecdotes in a lively presentation. I can use the insights and practical strategies tomorrow. She is amazing!*”

- Bev Dow

STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

STEP 2 – SELECT APPLICABLE FEE

Fees do not include tax (13% HST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Early Bird (Before April 23)	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	<input type="checkbox"/> \$389	\$389
Regular	<input type="checkbox"/> \$469	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	\$409

• Early bird deadline is 14 days prior to the workshop date

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 3 – PAYMENT | FEES DO NOT INCLUDE TAX (13% HST)

Visa | Credit Card # _____ Expiry _____ / _____

MasterCard | Cardholder Name _____

Cheque | Signature _____ Cheque # _____

WHO SHOULD ATTEND: K-12 Classroom Teachers, School Counsellors & Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

All other professionals who support children and adolescents with behavioural challenges and complex learning needs including but not limited to: Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

4 WAYS TO REGISTER



ONLINE

registration.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE or FAX

See numbers below right



MAIL

See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: ONSAVE10
registration.jackhirose.com



EARLY BIRD DISCOUNT
Deadline: April 23, 2019



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

HOLIDAY INN OAKVILLE AT BRONTE

2525 Wycroft Road
905.847.1000

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund/credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at registration.jackhirose.com/certificates. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



jack hirose
& ASSOCIATES INC.
— JACKHIROSE.COM —

Complete & Return with Payment:

Jack Hirose & Associates Inc.
208-197 Forester Street
North Vancouver, BC, Canada
V7H 0A6

T 604 924 0296 F 604 924 0239
TF 1 800 456 5424
E registration@jackhirose.com