

WHAT TO DO AFTER THE MELTDOWN

Practical Strategies for Prevention, Intervention & Instruction

OTTAWA | MAY 6, 2019 | 9AM - 4PM

Holiday Inn Ottawa East | 1199 Joseph Cyr St

When working with a child or adolescent with an Autism Spectrum Disorder, ADHD, or another developmental disorder, meltdowns may occur that may be a result of sensory overload or due to inability to self-regulate emotions. This course will provide many practical hands-on strategies to: increase positive and acceptable behaviour while decreasing undesirable behaviours; prevent meltdowns, tantrums, rages; provide suggestions for instructional consequences and self-management techniques to help prevent another meltdown; provide a system of visual supports throughout the day; demonstrate how to use high focus and interest areas as incentives; and, provide videos and demonstrations using evidence-based techniques. This information and fun-packed course is designed for educators, therapists, counsellors, and all those who are interested in providing supports to children and adolescents with ASD, ADHD, or other developmental disabilities.

LEARNING OBJECTIVES

1. Explain why an agenda/schedule is important for persons on the spectrum
2. Explain how to use a Surprise Card or Change of Schedule Card in a clinical or classroom setting
3. Differentiate between a meltdown and a tantrum
4. Differentiate chronic over-arousal to behaviours observed in students with an ASD or another developmental disorder
5. Demonstrate the ability to role-play a Social Script Adequately describe how to apply a Video Model
6. Accurately identify examples of overstimulation when presented with videotaped examples of student behaviours
7. Discuss how to implement Power Cards and Social Stories in classroom or therapy settings

WORKSHOP AGENDA

- » Use of Agenda/Schedules, Surprise Cards
- » Meltdowns, Tantrums, Chronic Overarousal
- » Social Scripts- continued; Video Models
- » Myths and Facts of ASD; Autism Research, Neurology of the Brain, and Behaviour
- » Video of Overstimulation; How to Implement Power Cards and Social Stories

WHAT IS IT ABOUT ME YOU DON'T LIKE?

Practical Classroom Management Strategies to Minimize Challenging Behaviours

OTTAWA | MAY 7, 2019 | 9AM - 4PM

Holiday Inn Ottawa East | 1199 Joseph Cyr St

Quality indicators for an effective classroom include: teacher behaviour (tone of voice, volume, cadence, verbal and nonverbal communication, paraverbals), environment (physical structure, schedules, routines, expectations), instruction (boring vs. stimulating, age appropriate vs. non-age appropriate, hands-on), and student behaviour (function of behaviour-attention, power, revenge, avoidance). This course is based on current research that supports how the brain responds to these indicators, especially when a student is in crisis, as well as current research on mental health. This is not a "sit and get" seminar. Demonstrations, real life videos, practice, sharing, movement and time for reflection will be provided.

LEARNING OBJECTIVES

1. Identify target behaviours that are developmental and will most likely go away vs behaviours that will most likely continue to get worse over time
2. Identify effective communication strategies from ineffective ones in order to minimize undesirable behaviours
3. Demonstrate the ability to design a classroom that promotes goals of intended instruction for different areas of the room
4. Demonstrate the ability to design stimulating lessons that engage diverse learners
5. Adequately demonstrate power struggle avoidance techniques with students exhibiting challenging behaviours Identify the functions of a student's behaviour by focusing on one's own reaction to the behaviour
6. Describe how to troubleshoot breakdowns in your own classroom, school or therapy environment
7. Identify 3 visual tools you can use to help minimize disruptive behaviours

WORKSHOP AGENDA

- » Targeting Diverse Learners in the Classroom- Who Are They? Why These Strategies are for All Students
- » Critical Components, Teacher Behaviour, Teaching the Way They Learn
- » Classroom Environment
- » Positive Behaviour Supports
- » Meaningful Instruction and Learning Strategies



ATTEND BOTH WORKSHOPS & **SAVE**

KATHY MORRIS, M.ED.

Kathy Morris, M.ED., has been a speech therapist, teacher for self-contained programs (including students with autism, severe behavioural difficulties, and cerebral palsy), resource teacher and first grade teacher. She was also a diagnostician/supervisor for all grade levels. She was a LIFE Skills/autism/behaviour/assistive technology consultant at a Texas education service center before leaving to start her own business in 1999. Her business, igivuWings, has reached families and educators throughout the world. Kathy has had over 42 years of experience working with children and adolescents with severe behavioural difficulties including those with autism, ADHD and executive dysfunction. Kathy was honored as Outstanding Educator for Children with Disabilities (1997) and a delegate for the President's Commission on Special Education (2002). Kathy is certified as an Autism Specialist Level 2 by the International Board of Credentialing and Continuation Standards (IBCCS). Recently she and her husband were awarded the Lifetime Achievement Award for supporting persons with disabilities by the Arc of Texas. She and her husband, Guy, "walk the walk and talk the talk" since the birth of their twin sons with ASD and other developmental disabilities.

WHO SHOULD ATTEND

Education and Clinical Professionals:

K-12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/ Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers, Police Officers, and Early Childhood Educators.

Parents, Caregiver, Foster Parents, Grandparents, and Extended Family raising a child.

EARLY BIRD DISCOUNT - SAVE \$20!

REGISTRATION FORM

Ottawa Workshops | Spring 2019



WHAT TO DO AFTER THE MELTDOWN WHAT IS IT ABOUT ME YOU DON'T LIKE?

KATHY MORRIS | OTTAWA, MAY 6 & 7, 2019

STEP 1 – CONTACT INFO

Name		
Position	School / Organization	
Address		
City	Province	Postal Code
Work Phone []	Work Fax []	
Email		

STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (13% HST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
What To Do After the Meltdown - Kathy Morris Ottawa, May 6, 2019					
Early Bird (Before April 23)	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$204	\$204
Regular	<input type="checkbox"/> \$269	<input type="checkbox"/> \$254	<input type="checkbox"/> \$239	<input type="checkbox"/> \$224	\$224
What is it About Me You Don't Like? - Kathy Morris Ottawa, May 7, 2019					
Early Bird (Before April 24)	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$204	\$204
Regular	<input type="checkbox"/> \$269	<input type="checkbox"/> \$254	<input type="checkbox"/> \$239	<input type="checkbox"/> \$224	\$224
2 Day Option Attend Both Kathy Morris Workshops in Ottawa May 6 & 7, 2019					
Early Bird (Before April 24)	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	<input type="checkbox"/> \$389	\$389
Regular	<input type="checkbox"/> \$469	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	\$409

• Early bird deadline is 14 days prior to the workshop date

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 3 – PAYMENT | FEES DO NOT INCLUDE TAX (13% HST)

<input type="checkbox"/> Visa	Credit Card #	Expiry	/
<input type="checkbox"/> MasterCard	Cardholder Name		
<input type="checkbox"/> Cheque	Signature	Cheque #	

4 WAYS TO REGISTER



ONLINE

registration.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE or FAX

See numbers below right



MAIL

See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: ONSAVE10
registration.jackhirose.com



EARLY BIRD DISCOUNT
See Step 2 for Deadlines.



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

HOLIDAY INN OTTAWA EAST

1199 Joseph Cyr Street
613.744.1060

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund/credit under any circumstances. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at registration.jackhirose.com/certificates. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

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Jack Hirose & Associates Inc.
208-197 Forester Street
North Vancouver, BC, Canada
V7H 0A6

T 604 924 0296 F 604 924 0239
TF 1 800 456 5424
E registration@jackhirose.com