



WHEN

November 25–27, 2019

3 Days

Monday – Wednesday | 9:00AM – 4:00PM

WHERE

Edmonton, Alberta

DoubleTree by Hilton West Edmonton
16615 109th Avenue NW



CO-SPONSORED BY
JACK HIROSE & ASSOCIATES

A NEUFELD INSTITUTE CONFERENCE

EMOTIONAL HEALTH & WELL-BEING

*Towards Flourishing
Children & Youth*



Gordon Neufeld
PH.D.



Deborah MacNamara
PH.D.



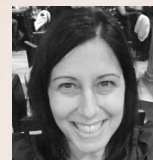
Maria LeRose
M.ED.



**Geneviève
Brabant**
MSW, RSW



**Colleen
Drobot**
B.ED., M.A., R.P.C.,
MPCC



**Denise
Findlay**
M.ED., CPCC, ACC



**Eva
de Gosztonyi**
M.A.



**Tamara
Strijack**
M.A.

WHO SHOULD ATTEND

Education and Clinical Professionals: K–12 Classroom Teachers, School Counsellors/ Psychologists, Learning Assistance/ Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers, Police Officers, and Early Childhood Educators.

Parents, Caregiver, Foster Parents, Grandparents, and Extended Family raising a child.

FOR MORE INFORMATION AND REGISTRATION: JACKHIROSE.COM | 1.800.456.5424

CONFERENCE DESCRIPTION



Emotion matters. Contrary to the received wisdom of the last few centuries, today's science has revealed emotion to be at the heart of most matters and of what matters most. Emotion is now being recognized as Nature's way of taking care of us. What is most needed then is an understanding of the working conditions required for emotions to be effective in their job. Our hope is that, in attending the conference, participants will be better informed as to the mission of emotion and what we all can do to support emotion in its work, especially with our children and youth. There could not be a more timely and important subject to discuss than emotional health and well-being.

This conference is a fundraiser for the Neufeld Institute and the offspring of a collaborative effort between Jack Hirose of Jack Hirose and Associates and Dr. Gordon Neufeld of the Neufeld Institute – a worldwide charitable organization delivering developmental science to those responsible for our children. The Neufeld Institute is deeply grateful for all who have extended themselves to make this event a success.

Although participants may choose to enroll in one day, two days or three days, the conference itself will be continuous in nature, building on the model and theoretical foundations that Dr. Neufeld will present in his keynotes on Day One and Two. Dr. Deborah MacNamara will also be delivering a keynote, adding her experience and perspective to this subject. Five more Neufeld Institute Faculty will flesh out this material with special applications in mind. On Day Three, participants will be in Maria LeRose's most capable hands as she facilitates some dialogue and discussion between some of the key speakers, including Drs. Neufeld and MacNamara. New insights often emerge when in dialogue with each other, especially in the context of a live audience of informed participants.

JACK HIROSE & ASSOCIATES



Since 1998, Jack Hirose and Associates has provided quality training to more than 65,000 mental health and education professionals in Canada. Our mission is to offer effective and stimulating training opportunities that respond to the ever changing needs of general education teachers K-12, school administrators, special education teachers, instructional/educational assistants, school counselors, behavior specialists, curriculum specialists, speech-language specialists, autism specialists, school psychologists, social workers, occupational therapists, nurses, early childhood educators, addiction counselors, and all other mental health professionals.

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A MESSAGE FROM DR. NEUFELD

Dear Colleagues and Friends,

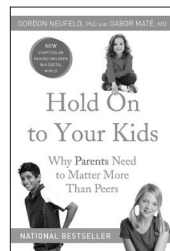
On behalf of the Neufeld Institute, it is my great pleasure to welcome you to Edmonton for this three-day conference, **Emotional Health and Well-Being: Towards Flourishing Children & Youth**. I am so pleased to once again be partnering with Jack Hirose and Associates to bring you the third Neufeld Institute conference of this scale outside of the Vancouver area.

I am delighted that Dr. Deborah MacNamara has accepted my invitation to share the keynote responsibilities with me. I am also delighted that Maria LeRose has consented to moderate a panel, giving some of our key speakers the opportunity to interact with each other around this important and timely topic. Maria is my favourite interviewer of all time, and we are fortunate to have someone of her media experience and stature to help draw us out on this topic. I am also excited to have five of our seasoned Neufeld Institute Faculty lead the way to flesh out this topic in specific arenas of interest. This should be a unique opportunity for participants to unravel the mysteries of this complex and multi-layered dynamic.

We decided to go right to the heart of the matter with our topic in this conference. There is probably no dynamic or force that has been more eclipsed or misunderstood than emotion, nor more important to our functioning and well-being. Respect for emotion is growing, yet there is still much ignorance as to how to foster emotional health and maturation, especially in our children and youth. I am so pleased to be living in a day when enough pieces of the puzzle exist to create the picture that is needed to guide us. I am also pleased to have the opportunity to share this picture with the people who truly care for the ones who matter most – our children and our students.







Yours sincerely,

Gordon Neufeld, Ph.D.
Clinical & Developmental Psychologist



Best Selling
Author:
**Hold On
to Your Kids**



AGENDA	DAY 1 Monday, November 25	DAY 2 Tuesday, November 26	DAY 3 Wednesday, November 27
1ST KEYNOTE 9:00 AM – 10:15 AM	 Gordon Neufeld, PH.D. Keys to Emotional Health & Well-Being	 Gordon Neufeld, PH.D. Getting Troubled Kids Unstuck	 Gordon Neufeld, PH.D. The Natural Roots of Empathy
10:15 AM – 10:45 AM	Mid-Morning Break		
2ND KEYNOTE 10:45 AM – 12:00 PM	 Gordon Neufeld, PH.D. Keys to Emotional Health & Well-Being	 Deborah MacNamara, PH.D. Moving Through Emotional Defence	 Maria LeRose, M.ED. Panel with Gordon Neufeld, Deborah MacNamara, Tamara Strijack, Eva de Gosztanyi <i>Hosted by Maria LeRose, M.ED</i>
12:00 NOON – 1:15 PM	Lunch Break		
AFTERNOON CONCURRENT SESSION 1:15 PM – 2:30 PM <i>Please Choose One Workshop to Attend</i>	A1 Gordon Neufeld, PH.D. Special Challenges with Hypersensitivity, including Autism A2 Geneviève Brabant, MSW, RSW Addressing the Emotional Roots of Aggression, Depression & Suicide A3 Colleen Drobot, B.ED., M.A., R.P.C. Making Sense of Anxiety	A1 Deborah MacNamara, PH.D. Gordon Neufeld, PH.D. Maria LeRose, M.ED. Q&A with Gordon Neufeld & Deborah MacNamara <i>Hosted by Maria LeRose, M.ED</i> A2 Colleen Drobot, B.ED., M.A., R.P.C., MPCC Making Sense of Therapy as Emotional Healing A3 Denise Findlay, M.ED. CPCC, ACC Indigenous Healing Rituals Through the Lens of Attachment & Emotion	A1 Gordon Neufeld, PH.D. Giving Rest to the Anxious A2 Deborah MacNamara, PH.D. Addressing Bullying as an Emotional Problem A3 Eva de Gosztanyi, M.A. Practical Applications in Schools: Safe Eruption Rooms & More
2:30 PM – 2:50 PM	Mid-Afternoon Break		
AFTERNOON CONCURRENT SESSION 2:50 PM – 4:00 PM	B1 Tamara Strijack, M.A. Emotional Health in the Digital World B2 Geneviève Brabant, MSW, RSW Special Challenges with Divorce, Adoption & Fostering B3 Colleen Drobot, B.ED., M.A., R.P.C. Cultivating Resilience in the School Setting	B1 Tamara Strijack, M.A. Creating Emotional Playgrounds – at Home, in School, in Therapy B2 Eva de Gosztanyi, M.A. Resilience & the Brain B3 Gordon Neufeld, PH.D. Discussion with Gordon & Neufeld Faculty on the Journey of Tears; Stories of Healing & Recovery <i>Hosted by Maria LeRose, M.ED</i>	B1 Gordon Neufeld, PH.D. Keys to Curiosity & Creativity B2 Tamara Strijack, M.A. Towards Emotional Health in Adolescents B3 Deborah MacNamara, PH.D. Using Play to Cultivate & Preserve Relationships – at Home, at School, in Therapy



THIS CONFERENCE IS A FUNDRAISER FOR THE NEUFELD INSTITUTE and the offspring of a collaborative effort between Jack Hirose and Associates and Dr. Gordon Neufeld of the Neufeld Institute - a worldwide charitable organization delivering developmental science to those responsible for our children. Most of the speakers have generously donated their time and forfeited their usual speaker fees to support this fundraiser. The Neufeld Institute is deeply grateful for all who have extended themselves in this way.

A portion of the conference proceeds are to be donated to The Neufeld Institute.

1ST & 2ND KEYNOTE | 9:00 AM – 10:15 AM, 10:45 AM – 12:00 PM

Keys to Emotional Health & Well-Being

Gordon Neufeld, PH.D.

The scientific evidence is mounting that emotion is indeed at the heart of the matter, whether the issue is the stress response, problem behaviour, attention problems, learning problems, immaturity, or even mental illness. Given this new understanding, it only makes sense that emotional health and well-being should become our collective priority, whether it be at home, at school, or at work. But what is emotional health and well-being? How can we recognize it and foster it in ourselves, in our students, in our clients, and in our loved ones? Fresh understandings of the neurobiology of emotion are revealing interesting and surprising answers that have implications for us all.

Dr. Neufeld's life's work is to make sense of children to the adults responsible for them, in the hopes that this will lead to providing the conditions that are conducive to the unfolding of their full human potential. These insights on emotional health and well-being however apply universally and so should be of benefit to anyone, in any role.

CONCURRENT SESSIONS | 1:15 PM – 2:30 PM

A1 Special Challenges with Hypersensitivity, including Autism

Gordon Neufeld, PH.D.

One of the primary responsibilities of emotion is to serve as a gateway to the brain, protecting our most vital organ from being overwhelmed by signals it cannot process. Yet hypersensitivity is becoming known as the condition in which the basic defensive work of emotion is somehow compromised neurologically, resulting in the brain being overwhelmed by input it cannot interpret. This deficit includes the ability to convert the raw emotional feedback from the body into differentiated feelings, the prerequisite for all emotional health and well-being. The implications for dealing with the hypersensitive are profound and start with making emotional well-being our core objective. With insight and patience, significant progress can be made.

A2 Addressing the Emotional Roots of Aggression , Depression & Suicide

Geneviève Brabant, MSW, RSW

Aggression is one of the primary indicators of emotions in trouble. The trouble with aggression – whether in ourselves or in others – is that it blinds us to the emotional roots of the problem. The result is usually interactions that only serve to exacerbate the underlying emotional problems. In this session, participants will learn how to read aggression, regardless of its form, as the pulse or state of the emotional heart. The implications for treatment are powerful and profound. This material not only applies to the more typical manifestations of aggression like hostility, meanness and violence, but also to suicide and more subtle forms of self-attack. It also has implications for how we view depression, especially when rooted in repressed frustration.

A3 Making Sense of Anxiety

Colleen Drobot, B.ED., DIP. OF SPECIAL EDUCATION, M.A., R.P.C., MPCC

Anxiety is on the rise and afflicts more of us than not, manifesting itself in a myriad of symptoms including obsessions, compulsions, phobias, panic, physical illness, learning problems, and more. Unfortunately, the emotional roots of anxiety are often eclipsed by the irrational obsessions or compulsive behaviour that become the focus of attention and intervention. In this session, Colleen will provide suggestions for how to read, access, and address the root primal emotion responsible for anxiety, thus fostering emotional health and well-being. Although the focus will be on children and adolescents, because the problem is universal, the material is applicable to all – educators, parents, helping professionals and ourselves.

CONCURRENT SESSIONS | 2:50 PM – 4:00 PM

B1 Emotional Health in the Digital World

Tamara Strijack, M.A.

Unfortunately for our children, the digital world is not only a highly wounding world but also interferes with the conditions required to recover from the stress it creates. It is not surprising, therefore, that the deterioration of emotional health in our children and youth so closely parallels the increase in digital preoccupation, both generally in society as well as in specific cases. There is no option for turning the clock back. Our only hope is to move forward to create the kinds of practices and rituals that will serve to safeguard their emotional health and well-being in the world they now inhabit. Tamara will provide some practical suggestions for how to do this, at home or at school.

B2 Special Challenges with Divorce, Adoption & Fostering

Geneviève Brabant, MSW, RSW

Nothing could be more stressful than facing separation in formative attachments, regardless of whether these relationships were a source of harm or not. And nothing is harder on emotional health than a stress reaction that gets stuck. It isn't surprising, therefore, that foster children, adopted children, and children of divorce, are found to manifest more symptoms indicative of emotional unwellness. The good news is that all children possess the potential to adapt and "bounce back" from emotionally challenging circumstances. In this session, Geneviève will focus on some of the impediments to emotional health in these children and discuss the keys to overcoming them.

B3 Cultivating Resilience in the School Setting

Colleen Drobot, B.ED., DIP. OF SPECIAL EDUCATION, M.A., R.P.C., MPCC

Many students are able to overcome adversity, face loss and disappointment, accept not getting their way, and find creative solutions to problems. Yet not all students are so resilient. Many children who are very sensitive or have experienced trauma are even more in need of cultivating resilience from wounding and overstimulation. How can educators and schools cultivate resilience so that students will not only endure challenging experiences, but will be able to gain strength and confidence in their ability to cope with them? Based on years of working with Dr. Neufeld, teaching in schools, counselling families, and parenting, Colleen will provide strategies for educators to use in the classroom and the school setting to cultivate resilience in their students.

1ST KEYNOTE | 9:00 AM – 10:15 AM

Getting Troubled Kids Unstuck

Gordon Neufeld, PH.D.

In Part II of the *Keys to Emotional Health and Well-Being*, Dr. Neufeld turns his focus specifically to those whose conduct and behaviour typically tend to mask the underlying emotional problems. Insight is absolutely critical when dealing with those who are more likely to be the cause of trouble than present as troubled. Dr. Neufeld uses the science of emotion to reveal the hidden stories of troubled kids as well as the common denominator that lies at the root of most problem behaviour. With understanding comes the power to make a difference that is truly effective and lasting.

2ND KEYNOTE | 10:45 AM – 12:00 PM

Moving Through Emotional Defence

Deborah MacNamara, PH.D.

Neuroscience has paved the way to support what Freud once postured – we do have an emotional unconsciousness that operates outside of direct awareness. This is not a mistake, but part of the brain's sophisticated capacity to defend and inhibit emotional awareness to serve survival needs. How does the brain inhibit vulnerable emotion? How can we create the conditions for the defences to come down? How can we become conscious of defences operating when they are meant to blind us in the first place? Developmental science provides answers to these puzzling emotional questions.

CONCURRENT SESSIONS | 1:15 PM – 2:30 PM

A1 Q&A with Gordon Neufeld & Deborah MacNamara hosted by Maria LeRose

Gordon Neufeld, PH.D. & Deborah MacNamara, PH.D.

This session provides an opportunity for participants to interact with Dr. Neufeld and Dr. MacNamara around the material presented in their morning keynotes.

A2 Making Sense of Therapy as Emotional Healing

Colleen Drobot, B.ED., DIP. OF SPECIAL EDUCATION, M.A., R.P.C. MPCC

If emotional health and well-being is at the heart of what really matters, it also follows that emotion should be the primary focus of healing and recovery. As a seasoned therapist and master of the attachment-based developmental approach, Colleen uses her theoretical lenses and professional experience to distill therapy to its essence, revealing the natural healing processes that can be harnessed both inside and outside the office. This session is suitable for all who want to make sense of the therapeutic process or who seek to be natural instruments of healing in whatever role they serve in society – parents, teachers or helping professionals. This session is also suitable for reflecting upon one's own journey towards emotional health and well-being.

A3 Indigenous Healing Rituals Through the Lens of Attachment & Emotion

Denise Findlay, M.ED. CPCC, ACC

Ceremony has always been part of our First People's pathway to emotional health and well-being. Ritual and remedy were woven together into a fabric of everyday culture. Only lately have some of these rituals become the subject of research in the scientific community. Denise has a unique vantage point as a member of the Squamish Nation, a native participant in ancient healing rituals, and a recognized western-based healer among her people. It is from this place that Denise will apply Neufeld's attachment theory and fresh understandings of emotion to shed new light on some of the more common healing rituals that have been depended upon for millennia.

CONCURRENT SESSIONS | 2:50 PM – 4:00 PM

B1 Creating Emotional Playgrounds – at Home, in School, in Therapy

Tamara Strijack, M.A.

When emotions stop moving, we start to see the signs of problem behaviour. Expression of emotion is the first step in emotional development, and yet many children, adolescents and adults can get stuck here. We all need safe places to express the emotions that are stirred up within us, as well as release the build-up of emotional energy. The challenge is finding those safe places. In this session, we will explore natural playgrounds for emotion to come out and play, and how we might facilitate this process - for our children, our adolescents and ourselves.

B2 Resilience & the Brain

Eva de Gosztonyi, M.A.

Sometimes finding out what is going on inside of our brain and our body helps us to better understand and accept our somewhat messy psychological processes. This session will introduce participants to the neuroscience of emotional health, including resilience and adaptation. Why must the brain move us from Mad to Sad? How does the brain do this? What role do bio-chemicals play in whether we become defended or truly resilient? Then we will look at how we can create the space in our interactions with our children so that we can help them to become more deeply resilient. When we support the work of the brain, it can do the work it was meant to do.

B3 Discussion with Gordon & Neufeld Faculty on the Journey of Tears; Stories of Healing & Recovery

Maria LeRose M.ED.

Feelings of futility - in all their various manifestations - play a pivotal role in the story of emotional health and well-being. Even happiness, the most elusive of emotions, seems too often to lie on the other side of tears that have not yet been shed. Impediments to tears, however, abound in a tear-phobic society. Neufeld Institute Faculty will share some stories that highlight the role of tears in our quest for wellness.

1ST KEYNOTE | 9:00 AM – 10:15 AM

The Natural Roots of Empathy

Gordon Neufeld, PH.D.

In many ways, empathy could be considered a bellwether of emotional health and well-being. When emotions are in trouble, empathy will be in trouble as well. On the other hand, if our emotions are working as they should, empathy will be one of the ultimate fruits. When lacking insight regarding the emotional roots of empathy, we mistakenly think that empathy can be taught – a common misconception in both schools and homes today. Fostering the natural roots of empathy in our children and our youth will not only bring lasting results but will generalize across all aspects of their lives, including their future parenthood.

2ND KEYNOTE | 10:45 AM – 12:00 PM

Panel with Gordon Neufeld, Deborah MacNamara, Tamara Strijack, Eva de Gosztonyi

Hosted by Maria LeRose, M.ED.

This is a rare chance to see the engaging Maria LeRose do what she does best – get to the heart of the matter in her interviews with her subjects. She will be talking to participants and attending sessions throughout the conference in preparation for this panel. Maria will facilitate dialogue between the participants and the presenters, as well between the presenters themselves, all in the quest of shedding more light on the secrets of emotional health and well-being.

CONCURRENT SESSIONS | 1:15 PM – 2:30 PM

A1 Giving Rest to the Anxious

Gordon Neufeld, PH.D.

Restlessness is an epidemic among today's children and youth. This takes on an even greater significance when we realize that *restfulness* is key to emotional health and well-being. Restlessness is also a typical signature symptom of many alarm problems, the most obvious being anxiety. When anxiety is chronic, rest is incredibly elusive despite being pivotal to healing and recovery. In this session, Dr. Neufeld explores the essence of the rest response and provides suggestions for how to bring the rest that is needed to those who are most in need of it.

A2 Addressing Bullying as an Emotional Problem

Deborah MacNamara, PH.D.

We cannot make headway on the bullying problem until we make sense of the emotional roots that drive it. Our challenge has been that prevailing approaches to bullying assume it is the result of learned behaviour or failed social skills acquisition, eclipsing the role of emotion altogether. To make sense of the bully is to deeply understand the vulnerability inherent to the human condition and to realize that no one is immune from this insidious dynamic. There is a way to render the bully fully human and humane again, but it begins by first understanding the dynamics of attachment and emotional vulnerability. *Once we understand what is really going on inside the bully, we will be in a better position to put into place interventions.*

A3 Practical Applications in Schools: Safe Eruption Rooms & More

Eva de Gosztonyi, M.A.

When students in schools have significant emotional needs, we often find it a challenge to help them, especially with limited time and resources. Working with schools in Quebec and Alberta, we have successfully implemented safe spaces where these children can express their emotions and come to their tears. Safe Eruption Rooms (Emotions Rooms) were created to allow students who have frequent explosions a safe space in which to do so, accompanied by an adult who can welcome their frustration and tears. Nurturing Support Centres are locales within a school that allow those students who are unable to function in the regular classroom at certain times of the day to remain in school under the supervision of a caring adult.

CONCURRENT SESSIONS | 2:50 PM – 4:00 PM

B1 Keys to Curiosity and Creativity

Gordon Neufeld, PH.D.

These two esteemed attributes are often touted as evidence of emotional health and well-being. Dr. Neufeld will provide an explanation of why these attributes are missing in so many children as well as provide suggestions for how to cultivate these highly-prized traits in our children, our students, and even in ourselves. He will also provide insights as to how curiosity can be an antidote to attention problems of any kind, and in some cases, even serve to help children grow out of them.

B2 Towards Emotional Health in Adolescents

Tamara Strijack, M.A.

Adolescents are faced with an explosion of awareness in emotion and thought. This alone can put them in a very vulnerable place, with temptations to escape at every turn. While a certain level of defence or armour is needed to survive in today's often wounding world, when the defences become stuck, emotional health and true maturation are at risk. Tamara will discuss what emotional health looks like in adolescence and what we can do as caring adults to step in to foster their well-being.

B3 Using Play to Cultivate and Preserve Relationships – at home, at school, in therapy

Deborah MacNamara, PH.D.

Connection is foundational to emotional health and well-being. Yet establishing and maintaining good connection is not always easy, especially in today's society where culture is no longer supportive of the relationships a child needs. Deborah uncovers the surprising role of play in both cultivating and preserving vital relationships and provides some very practical and easy-to-implement suggestions on how to harness the power of play for this purpose.

DISTINGUISHED FACULTY



Gordon Neufeld, Ph.D.

is a Vancouver-based developmental psychologist with over 45 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a bestselling author (*Hold On To Your Kids*) and a leading interpreter of the developmental paradigm. Dr. Neufeld has a widespread reputation for making sense of complex problems and for opening doors for change. While formerly involved in university teaching and private practice, he now devotes his time to teaching and training others, including educators and helping professionals. His *Neufeld Institute* is now a world-wide charitable organization devoted to applying developmental science to the task of raising children.

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Colleen Drobot, B.Ed., Dip. of Special Education, M.A., R.P.C.

MPCC. is a registered professional counsellor and parent consultant with a private practice in West Vancouver. She provides therapy for adults and also offers parent consulting for parents seeking to understand and support their children. She is also an educator and has over 20 years' experience working with children in the regular classroom or in special needs settings. She works with school districts and other professionals to help make sense of children and adolescents. She is a faculty member of the Neufeld Institute and has worked with Dr. Gordon Neufeld's approach for many years. Colleen is a mother of two and draws from her personal as well as professional experience to support parents and professionals in gaining insight, opening their hearts and leading by their intuition.

WWW.NEUFELDINSTITUTE.ORG/PERSON/COLLEEN-DROBOT



Geneviève Brabant, MSW, RSW

is a faculty member at the Neufeld Institute and a clinical social worker (MSW, RSW) with over 15 years' experience working as a child and family mental health practitioner (therapist) in the Ottawa area. In 2010 she launched her private practice, Le Repère Counselling Services, with her partner and associate Mathieu Lyons, where she offered parent consultation and play-based therapy services to children and youth. Geneviève's work is now focused on offering bilingual workshops and presentations across Ontario on different course topics such as Preschoolers, Teachability Factor, The Art and Science of Transplanting Children, and The Science of Emotion.

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Denise Findlay, M.Ed., CPCC, ACC

is a bi-cultural woman who belongs to the Squamish Nation. She is an educator, facilitator and parent consultant with a private practice in West Vancouver. Denise works extensively with First Nations in British Columbia and other parts of Canada and is a wife and mother to two highly sensitive, intense and bright boys. Denise has been able to share her insights with parents in the First Nations community to empower them to be their child's best bet and to look to traditional approaches to parenting that focus on attachment and life-long, whole-person development. She is a faculty member of the Neufeld Institute and has worked with Dr. Gordon's Neufeld's approach for any years.

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Eva de Gosztonyi, M.A.

is a psychologist who has worked for over 40 years in schools across Canada. She is a member of the Faculty of the Neufeld Institute and also works with the ten English School Boards of Quebec, helping them to understand how best to interact with children with significant behavioural challenges. Eva believes that educators can foster the natural processes of development in their interactions and attachments with students in the classroom and in the school. In her presentations, Eva weaves together theory and practice, learning and behaviour, to help those who work with children apply Dr. Neufeld's paradigm so that they can effectively help children and youth.

NEUFELDINSTITUTE.ORG/PERSON/EVA-DE-GOSZTONYI



Maria LeRose, M.Ed.

is an award-winning television producer, and a producer of Educational Videos. She holds a Masters in Education with a concentration on social and emotional learning and development. Early in her career Maria worked in a variety of Social Service jobs including Youth Worker and Mental Health Worker. She was also Coordinator of the first Child Abuse Prevention program in British Columbia. For 14 years Maria has been an Adjunct Professor in the Faculty of Medicine at UBC. She is a Communications and Education consultant with a variety of organizations including the Dalai Lama Center for Peace and Education – where she designs and moderates their annual Heart-Mind Conference.

WWW.MARIALEROSE.COM



Deborah MacNamara, Ph.D.

is a Vancouver-based clinical counsellor and educator with more than 25 years' experience working with children, youth, and adults. She is on faculty at the Neufeld Institute, operates a counselling practice, and speaks regularly about child and adolescent development to parents, child care providers, educators, and mental health professionals. She is also the author of *Rest, Play, Grow: Making Sense of Preschoolers (or Anyone Who Acts Like One)* which has been translated into ten languages and provides a 360-degree developmental walk around the young child. She continues to write, do radio and television interviews, and speak to the needs of children and youth.

WWW.NEUFELDINSTITUTE.ORG/PERSON/DEBORAH-MACNAMARA



Tamara Strijack, M.A.

is a Registered Clinical Counsellor who lives and works on Vancouver Island. Tamara has worked with children and adolescents in various roles over the last twenty-five years – as mentor, counsellor, youth leader, program director and group facilitator – and is raising two teenage girls of her own. She currently works primarily as a consultant for parents, teachers and counsellors, helping adults make sense of the children in their care. Tamara also offers professional development workshops and teaches university courses for teachers and counsellors-in-training. Connection and relationship continue to be central themes in all her roles, both personally and professionally.

WWW.NEUFELDINSTITUTE.ORG/PERSON/TAMARA-STRIJACK

► STEP 1 – CONTACT INFO

Name		
Position	School / Organization	
Address		
City	Province	Postal Code
Work Phone []	Work Fax []	
Email		

► STEP 2 – SELECT ATTENDING DATE(S) | Please check off attending dates.

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - Nov 25	<input type="checkbox"/> DAY 2 - Nov 26	<input type="checkbox"/> DAY 3 - Nov 27
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► STEP 3 – SELECT APPLICABLE FEE | Fees do not include tax (5% GST).

INDIVIDUAL	1 DAY	2 DAYS	3 DAYS
Early-Bird Fee	<input type="checkbox"/> \$249	<input type="checkbox"/> \$449	<input type="checkbox"/> \$639
Regular Fee	<input type="checkbox"/> \$269	<input type="checkbox"/> \$469	<input type="checkbox"/> \$659

GROUPS (3 DAYS)	3-7	8-14	15+	STUDENT (3 DAYS)
Early-Bird Fee	<input type="checkbox"/> \$619	<input type="checkbox"/> \$599	<input type="checkbox"/> \$579	Early-Bird Fee <input type="checkbox"/> \$579
Regular Fee	<input type="checkbox"/> \$639	<input type="checkbox"/> \$619	<input type="checkbox"/> \$599	Regular Fee <input type="checkbox"/> \$599

Early Bird Cutoff Date: November 11, 2019 - Registration and payment must be received by this date.

Group Rate: Individuals must attend all 3 days to be eligible for group discounts.

Full-Time Student Rate: Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

Please Note: Multi-day registrations can NOT be shared. All registration fees are per person. Different individuals cannot be sent on different days under one registration fee. Name badges will be checked at the door.

► STEP 4 – PAYMENT

<input type="checkbox"/> Visa	Credit Card #	Expiry /
<input type="checkbox"/> MasterCard	Cardholder Name	
<input type="checkbox"/> Cheque	Signature	Cheque #

4 WAYS TO REGISTER



ONLINE
registration.jackhirose.com



EMAIL
registration@jackhirose.com



PHONE or FAX
See numbers below right



MAIL
See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: NEUFELD10
registration.jackhirose.com



EARLY BIRD DISCOUNT
Deadline: November 11, 2019



GROUP DISCOUNTS
See Step 3 for Savings & Fees.

HOTEL & ACCOMMODATIONS

DOUBLETREE BY HILTON WEST EDMONTON

16615 109th Avenue NW

RATES (JUNE, APRIL & MAY RATES)

• Deluxe 2 Queen - \$152.00 plus tax • 1 King Suite - \$172.00 plus tax
Rates are based on single or double occupancy. A \$15.00 charge will apply for each extra adult. Maximum occupancy is 4 persons per room.

BOOK BY PHONE (ask for the Jack Hirose & Associates corporate rate)
• 780.484.0821 or 1.800.661.9804

BOOK ONLINE

• April – use code JKH or visit: <http://doubletree.hilton.com/en/dt/groups/personalized/Y/YEGNMDT-JKH-20190428/index.jhtml>

• May – use code JCK or visit: <http://doubletree.hilton.com/en/dt/groups/personalized/Y/YEGNMDT-JCK-20190526/index.jhtml>

• June – use code JHJ or visit: <http://doubletree.hilton.com/en/dt/groups/personalized/Y/YEGNMDT-JHJ-20190602/index.jhtml>

When booking hotel rooms, ask for the Jack Hirose and Associates corporate rate. To receive our corporate rate, rooms must be booked one month prior to the workshop date. Please keep in mind hotel rates may fluctuate.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only.

Jack Hirose & Associates Inc. reserves the right to cancel a event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: All cancellations must be submitted by email to registration@jackhirose.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds** will be available minus a \$40 administration fee for cancellations made 14 business days or more prior to the event. For cancellations less than 14 business days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** Exceptions to this will not be granted. If you are unable to attend, you are invited to send an alternate in your place. Please note, replacements are subject to a \$25 administrative fee. For a printed out name badge, certificate, and to minimize confusion at check-in, please contact the office 14 business days prior to the event to notify us of this replacement. Please include the original registrant's full name, the replacement's full name, and the replacement's contact information (including an email address). Please double check your spelling. Alternatively, please have your replacement notify the on-site coordinator at check-in if you are unable to contact the office prior to the start of the event.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Certificates are intended for continuing education credit purposes. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



Complete & Return with Payment:

Jack Hirose & Associates Inc.
208-197 Forester Street
North Vancouver, BC, Canada
V7H 0A6

T 604 924 0296 F 604 924 0239

TF 1 800 456 5424

E registration@jackhirose.com