

2 DAY INTENSIVE: SMART BUT SCATTERED

Strengthening Executive Skills to Promote School Success

OTTAWA | WEDNESDAY, OCTOBER 30 & THURSDAY, OCTOBER 31, 2019 | 9AM – 4PM

Holiday Inn Ottawa East | 1199 Joseph Cyr Street

Executive skills are sometimes called “the hidden curriculum.” They are skills such as task initiation, sustained attention, working memory, planning, organization, and goal-directed persistence that are absolutely critical to school success, yet curriculum standards seldom if ever explicitly reference these skills. Neuroscientists now tell us that these skills take a minimum of 25 years to reach full maturation, and the course of that development is influenced by experience and exposure, by modelling, practice, and direct instruction. This workshop will provide participants with a framework for understanding these key skills, how they develop in diverse populations, and how to support executive skills by embedding them into classroom routines and lessons and by tailoring interventions to meet the needs of individual students and classrooms. 🌱

WORKSHOP AGENDA – KEY TOPICS COVERED

DAY 1

Overview of Executive Skills

- » Definitions
- » Underlying theory

Executive Skill Development Across the Lifespan

- » Normal executive skill development from infancy through adulthood
- » Negative influences on executive skill development (birth issues, head injuries, and disorders such as ADHD, Autism Spectrum Disorder)
- » Key brain processes that control executive skill development

Assessment of Executive Skills

- » Parent/Teacher/Student Interviews
- » Behaviour Rating Scales
- » Formal/Informal Assessment

Modifying the Environment to Support Students with Weak Executive Skills

- » Changing the Physical or Social Environment
- » Modifying Tasks
- » Changing the Way Adults Interact with Students

DAY 2

Teaching Executive Skills by Embedding Them in Daily Routines

- » Bedroom Cleaning
- » Teaching Students to Make Homework Plans
- » Teaching Students an Organizational System
- » Teaching Students to Control Emotions

Embedding Executive Skills into Classroom Content-Area Lessons

- » Outline 3-step procedure for taking any classroom lesson or problem situation and identifying 1) key executive skills required to complete the task successfully; 2) the obstacles that prevent students from using those executive skills successfully; and 3) strategies students might use to overcome the obstacles.
- » Provide several examples

Designing Student-Centered Interventions to Address Specific Contexts Impacted by Weak Executive Skills

- » Outline step-by-step procedure for designing student-centered interventions
- » Provide several examples

LEARNING OBJECTIVES

1. To describe the brain processes involved in executive skill development both in typically developing children and those with executive dysfunction (such as ADHD).
2. To identify how executive skills impact school performance and daily living.
3. “Best practices” in assessing executive skills, including both formal and informal measures.
4. To design interventions for improving executive skills in students, including 1) how to make environmental modifications to support weak executive skills, 2) how to develop protocols for teaching executive skills by embedding them in daily routines and classroom lessons, and 3) how to design student-centered interventions targeted to specific problem situations and executive skill challenges.
5. The critical features of a coaching method geared to improving school performance through supporting executive skill development.



PEG DAWSON, ED.D., NCSP



CO-AUTHOR

Smart But Scattered
Smart But Scattered Teens

Peg Dawson, Ed.D., NCSP, received her doctorate in school/child clinical psychology from the University of Virginia. She worked as a school psychologist for 16 years in Maine and New Hampshire, and since 1992 has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders. She is the author of numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process, and homework. Along with her colleague, Dr. Richard Guare, she has written several books for parents and professionals on the topic of executive skills. Peg is the 2006 recipient of the National Association of School Psychologists' Lifetime Achievement Award.

“Wow! Thank you. I will use what I gained in the classroom and at home – with myself, my students, my colleagues and my family.”

– Jodie K. (Grade 1 Teacher)

WHO SHOULD ATTEND

Education & Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K–12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

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PEG DAWSON | OTTAWA, OCTOBER 30 & 31, 2019

“Great presenter with a realistic, positive approach, who drew capable on her experiences. I was certainly glad I attended today’s session!”

STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (13% HST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
2 Day Intensive: Smart But Scattered - Peg Dawson Ottawa October 30 & 31, 2019					
Early Bird (Before October 16)	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	<input type="checkbox"/> \$389	\$389
Regular	<input type="checkbox"/> \$469	<input type="checkbox"/> \$449	<input type="checkbox"/> \$429	<input type="checkbox"/> \$409	\$409

• Early bird deadline is 14 days prior to the workshop date

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 3 – PAYMENT | FEES DO NOT INCLUDE TAX (13% HST)

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

4 WAYS TO REGISTER

 ONLINE registration.jackhirose.com	 EMAIL registration@jackhirose.com
 PHONE or FAX See numbers below right	 MAIL See address below right

3 WAYS TO SAVE

-  **\$10 OFF** ONLINE PROMO CODE: **ONSAVE10**
registration.jackhirose.com
-  **\$20 OFF** EARLY BIRD DISCOUNT
See Step 2 for Deadlines.
-  **UP TO \$60 OFF** GROUP DISCOUNTS
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

We are approved by: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). For more information on CPA approval, please visit https://cpa.ca/docs/File/Courses/CE_Std_Criteria-2018.pdf
The number of course credits will vary for each event.
See the event listing for specific workshop accreditation.

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

OTTAWA

Holiday Inn Ottawa East
1199 Joseph Cyr Street | 613.744.1060

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund /credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from certificates.jackhirose.com.

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