

# 2 DAY INTENSIVE: **SMART BUT SCATTERED**

Strengthening Executive Skills to Promote School Success

SASKATOON | THURSDAY, OCTOBER 24 & FRIDAY, OCTOBER 25, 2019 | 9AM - 4PM

TCU Place Saskatoon's Arts & Convention Centre | 35–22<sup>nd</sup> Street East

xecutive skills are sometimes called "the hidden curriculum." They are skills such as task initiation, sustained attention, working memory, planning, organization, and goal-directed persistence that are absolutely critical to school success, yet curriculum standards seldom if ever explicitly reference these skills. Neuroscientists now tell us that these skills take a minimum of 25 years to reach full maturation, and the course of that development is influenced by experience and exposure, by modelling, practice, and direct instruction. This workshop will provide participants with a framework for understanding these key skills, how they develop in diverse populations, and how to support executive skills by embedding them into classroom routines and lessons and by tailoring interventions to meet the needs of individual students and classrooms.

### LEARNING OBJECTIVES

- 1. To describe the brain processes involved in executive skill development both in typically developing children and those with executive dysfunction (such as ADHD).
- 2. To identify how executive skills impact school performance and daily living.
- 3. "Best practices" in assessing executive skills, including both formal and informal measures.
- 4. To design interventions for improving executive skills in students, including 1) how to make environmental modifications to support weak executive skills, 2) how to develop protocols for teaching executive skills by embedding them in daily routines and classroom lessons, and 3) how to design student-centered interventions targeted to specific problem situations and executive skill challenges.



With Children and Adolescents

SASKATOON | MONDAY, OCTOBER 28 & TUESDAY, OCTOBER 29, 2019 | 9AM - 4PM

TCU Place Saskatoon's Arts & Convention Centre | 35–22<sup>nd</sup> Street East

hildren diagnosed with Oppositional Defiant Disorder (ODD) can present a monumental challenge to therapists, teachers, parents and siblings. ODD and other conduct problems are the single greatest reasons for referrals to outpatient and inpatient mental health settings for children, accounting for at least half of all referrals. Complicating the success of therapeutic interventions is the high rate of comorbidity with anxiety and depressive disorders or ADHD.

Current research also correlates a variety of cognitive skill deficits including executive function, emotional regulation, language processing, and social processing. These complicating comorbidities and correlations mean that ODD often requires multidisciplinary assessment and components of mental health care, case management, and educational intervention for students and clients to improve.

This dynamic workshop will address a full range of behavioural disturbances, from mild to severe, in order to identify the therapeutic techniques that have proven effective. Participants will review and discuss strategies which can be immediately applied across a variety of settings including home, community, social groups, classrooms, or therapeutic.

Participants will examine the intersection of ODD with a variety of issues such as trauma, ADD, learning disabilities, bipolar disorder, and depression and discuss how these affect and alter treatment decisions. Participants will leave this workshop with a much improved diagnostic and treatment approach to ODD and other behavioural disorders.



PEG DAWSON, ED.D., NCSP

Peg Dawson, Ed.D., NCSP, received her doctorate in school/child clinical psychology from the University of Virginia. She worked as a school psychologist for 16 years in Maine and New Hampshire, and since 1992 has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders. She is the author of numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process, and homework.



JAY BERK, PH.D.

Jay Berk, Ph.D., is a licensed clinical psychologist and an internationally recognized expert in the child/adolescent behavioural field who brings both a clinical and education perspective to his work with children, adolescents and their families. For over 25 years, Dr. Berk has been treating clients with ODD, ADHD, autism, anxiety and stress, depression, learning disabilities, Tourette's Syndrome and individuals who have Autism Spectrum Disorder. He conducts 15 social skills/mental health groups for children and adolescents and works daily with school and community professionals, families and parents.

To preview his work, visit: www.jayberkphd.com or youtube.

# **REGISTRATION FORM**

Saskatchewan Workshops | Fall 2019

### **STEP 1 – CONTACT INFO**

Name		
Territe .		
Position	School / Organization	
Address		
City	Province	Postal Code
Work Phone [ ]	Work Fax [	]
Email		

#### STEP 2 - SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (5% GST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †		
2 Day Intensive: Smart But Scattered - Peg Dawson   Saskatoon   October 24 & 25, 2019							
Early Bird (Before October 10)	\$449	\$429	\$409	\$389	\$389		
Regular	□\$469	\$449	□\$429	<b>\$409</b>	\$409		
Working with Oppositional, Defiant & Anger Issues - Jay Berk   Saskatoon   October 28 & 29, 2019							
Early Bird (Before October 14)	\$449	\$429	\$409	\$389	\$389		
Regular	\$469	\$449	□\$429	_]\$409	\$409		

- Early bird deadline is 14 days prior to the workshop date
- † Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

# STEP 3 - PAYMENT | FEES DO NOT INCLUDE TAX (5% GST)

_ Visa	Credit Card #	Expiry /
☐ MasterCard	Cardholder Name	
Cheque	Signature	Cheque #

WHO SHOULD ATTEND: K-12 Classroom Teachers, School Counsellors & Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

All other professionals who support children and adolescents with behavioural challenges and complex learning needs including but not limited to: Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

### **4 WAYS TO REGISTER**







**EMAIL** registration@jackhirose.com





See address below right

### **3 WAYS TO SAVE**



ONLINE PROMO CODE: SKSAVE10 registration.jackhirose.com



**EARLY BIRD DISCOUNT** See Step 2 for Deadlines.



GROUP DISCOUNTS See Step 2 for Savings & Fees.

#### **DISCOUNT RATES**

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a \$10.00 administrative fee will apply per person for all manual registrations. Please contact: registration@jackhirose.com for more info.

#### **EARLY BIRD DEADLINE**

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

#### REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

#### **WORKSHOP AIDE DISCOUNT**

Save \$115 on a one-day workshop, \$190 on a two-day workshop and \$290 on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

#### **CONTINUING EDUCATION CREDITS**

We are approved by: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). For more information on CPA approval, please visit https://cpa.ca/docs/File/Courses/CE Stds Criteria-2018.pdf The number of course credits will vary for each event. See the event listing for specific workshop accreditation.

#### **HOTEL & ACCOMMODATIONS**

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

#### SASKATOON

Hilton Garden Inn Saskatoon Downtown 90-22<sup>nd</sup> Street E | 306.664.2234

#### **TERMS & CONDITIONS**

Our liability is limited to refunds for workshop fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose. com. Non-attendance at an event will not be grounds for any or partial refund /credit under any circumstances. We are sorry, exceptions to this will not be granted.

#### **REFUND OPTIONS:**

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- · Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from certificates.jackhirose.com

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



### Complete & Return with Payment:

Jack Hirose & Associates Inc. 208-197 Forester Street North Vancouver, BC, Canada V7H 0A6

TE 1 800 456 5424

**E** registration@jackhirose.com