

REGISTRATION

The Vancouver Island Conference | Victoria 2025

▶ STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [_____] Work Fax [_____]

Email _____

▶ STEP 2 – SELECT ATTENDING DATE(S) & ENROLLMENT FEE

DAY 1 - APRIL 28	DAY 2 - APRIL 29	DAY 3 - APRIL 30
<ul style="list-style-type: none"> Oppositional, Defiant and Explosive Behaviours Anxiety Solutions - Caroline Buzanko, Ph.D. 	<ul style="list-style-type: none"> Understanding Autism and Social Communication Disorder Evidence-Based Strategies for Addressing Challenges in Autism... - Cara Daily, Ph.D. 	<ul style="list-style-type: none"> Intervention Strategies to Improve Self-Regulation and Executive Function De-Escalating Behaviour in the Classroom - Kathy Morris, M.Ed.

1 DAY ENROLLMENT FEES	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Super Early Bird (Before February 28)	<input type="checkbox"/> \$299 + tax	<input type="checkbox"/> \$249 + tax	<input type="checkbox"/> \$224 + tax	<input type="checkbox"/> \$199 + tax	<input type="checkbox"/> \$199 + tax
Early Bird (Before March 28)	<input type="checkbox"/> \$319 + tax	<input type="checkbox"/> \$269 + tax	<input type="checkbox"/> \$244 + tax	<input type="checkbox"/> \$219 + tax	<input type="checkbox"/> \$219 + tax
Regular	<input type="checkbox"/> \$339 + tax	<input type="checkbox"/> \$289 + tax	<input type="checkbox"/> \$264 + tax	<input type="checkbox"/> \$239 + tax	<input type="checkbox"/> \$239 + tax

2 DAY ENROLLMENT FEES	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Super Early Bird (Before February 28)	<input type="checkbox"/> \$539 + tax	<input type="checkbox"/> \$489 + tax	<input type="checkbox"/> \$464 + tax	<input type="checkbox"/> \$439 + tax	<input type="checkbox"/> \$439 + tax
Early Bird (Before March 28)	<input type="checkbox"/> \$559 + tax	<input type="checkbox"/> \$509 + tax	<input type="checkbox"/> \$484 + tax	<input type="checkbox"/> \$459 + tax	<input type="checkbox"/> \$459 + tax
Regular	<input type="checkbox"/> \$579 + tax	<input type="checkbox"/> \$529 + tax	<input type="checkbox"/> \$504 + tax	<input type="checkbox"/> \$479 + tax	<input type="checkbox"/> \$479 + tax

3 DAY ENROLLMENT FEES	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Super Early Bird (Before February 28)	<input type="checkbox"/> \$719 + tax	<input type="checkbox"/> \$669 + tax	<input type="checkbox"/> \$644 + tax	<input type="checkbox"/> \$619 + tax	<input type="checkbox"/> \$619 + tax
Early Bird (Before March 28)	<input type="checkbox"/> \$739 + tax	<input type="checkbox"/> \$689 + tax	<input type="checkbox"/> \$664 + tax	<input type="checkbox"/> \$639 + tax	<input type="checkbox"/> \$639 + tax
Regular	<input type="checkbox"/> \$759 + tax	<input type="checkbox"/> \$709 + tax	<input type="checkbox"/> \$684 + tax	<input type="checkbox"/> \$659 + tax	<input type="checkbox"/> \$659 + tax

Early Bird Cutoff Date: Registration and payment must be received by this date.

Full-Time Student Rate: Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

▶ STEP 3 – PAYMENT | Fees do not include tax (5% GST).

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

3 WAYS TO SAVE

- \$40 OFF SUPER EARLY BIRD DISCOUNT**
Deadline: February 28, 2025
- \$20 OFF EARLY BIRD DISCOUNT**
Deadline: March 28, 2025
- UP TO \$80 OFF GROUP DISCOUNTS**
See Step 3 for Savings & Fees.

4 WAYS TO REGISTER

- ONLINE**
www.jackhirose.com
- EMAIL**
registration@jackhirose.com
- PHONE**
604 924 0296
- MAIL**
See address below right

RECOMMENDED ACCOMMODATION

Sandman Inn Hotel Victoria
2852 Douglas Street., Victoria, BC
Phone: 250.388.0788

Inn at Laural Point
680 Montreal St, Victoria, BC
Phone: 250.386.8721

Please contact the hotels for the best available rates.
*please note, room reservations are subject to availability.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirose.com for more info.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only. Jack Hirose & Associates Inc. reserves the right to cancel a event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: IMPORTANT DISCLAIMER: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance will not be grounds for any or partial refund or credit under any circumstances. Exceptions to this will not be granted. Credits do not expire and can be used towards any upcoming in person event. No refunds or credits under any circumstances for cancellation requests submitted less than 7 days (1 week) prior to the event. Exceptions to this will not be granted. We reserve the right to cancel an event due to unforeseen circumstances such as under-enrolment, Act of God including weather, pandemic, etc. Should Jack Hirose and Associates decide to cancel or re-schedule the workshop for any reason, full fees will be refunded and no administrative fees will be charged. Liability is limited to a refund of workshop fees only, please make travel arrangements with this in mind.

CERTIFICATES: PDF downloads of the certificate will be available after the event has ended: Please go to: <http://registration.jackhirose.com/certificates/>.

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can be downloaded from certificates.jackhirose.com.

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



Complete & Return Payment to:
Jack Hirose & Associates Inc.
326 Roslyn Blvd
North Vancouver, BC
V7G 1N9
T 604 924 0296
E registration@jackhirose.com



A PROUD CANADIAN COMPANY

GROUP RATES

Group rates that include mix and match in-person with live-streaming enrollees

\$100 off per person
for groups of 15 or more

\$75 off per person
for groups of 8-15

\$50 off per person
for groups of 3 -7

Live stream enrollees can view course within 1 month after the event date.

WHO SHOULD ATTEND

Education and Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

LIVE STREAM FROM HOME

Workshops will be live streaming from Victoria, BC to online participants on April 28-30, 2025. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

Live stream registration:
www.webinars.jackhirose.com

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LIVE IN-PERSON & LIVE STREAMED

THE VANCOUVER ISLAND CONFERENCE ON

Behavioural, Developmental & Emotional Challenges with Children & Adolescents

VICTORIA, BC

Sandman Inn Hotel Victoria | 2852 Douglas Street

DAY 1	DAY 2	DAY 3
April 28, 2025	April 29, 2025	April 30, 2025
8:30am - 11:45am Oppositional, Defiant & Explosive Behaviours Transforming Challenges for Long Term Success	8:30am - 11:45am Understanding Autism & Social Communication Disorder	8:30am - 11:45am Intervention Strategies to Improve Self-Regulation & Executive Function
12:45pm - 4:00pm Anxiety Solutions Practical Strategies for Resilience, Confidence and Coping Skills in Children and Youth	12:45pm - 4:00pm Evidence-Based Strategies for Addressing Challenges in Autism Spectrum Disorder and Social Communication Disorder	12:45pm - 4:00pm De-Escalating Behaviour in the Classroom Intervention Strategies for After the Meltdown
PRESENTED BY Caroline Buzanko Ph.D., R. Psych	PRESENTED BY Cara Daily Ph.D.	PRESENTED BY Kathy Morris M. Ed.
		

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AGENDA	Monday, April 28	Tuesday, April 29	Wednesday, April 30
Morning Session 8:30 AM – 11:45 AM Break 10:30 AM – 10:45 AM	1. Oppositional, Defiant and Explosive Behaviours: Transforming Challenges for Long Term Success - Caroline Buzanko, Ph.D., R. Psych	3. Understanding Autism and Social Communication Disorder - Cara Daily, Ph.D.	5. Intervention Strategies to Improve Self-Regulation and Executive Function - Kathy Morris, M.Ed.
11:45 AM – 12:45 PM	Lunch Break		
Afternoon Session 12:45 PM – 4:00 PM Break 2:15 PM – 2:30 PM	2. Anxiety Solutions: Practical Strategies for Resilience, Confidence and Coping Skills in Children and Youth - Caroline Buzanko, Ph.D., R. Psych	4. Evidence-Based Strategies for Addressing Challenges in Autism Spectrum Disorder and Social Communication Disorder - Cara Daily, Ph.D.	6. De-Escalating Behaviour in the Classroom: Intervention Strategies for After the Meltdown - Kathy Morris, M.Ed.

DAY 1 | Monday, April 28, 2025

WORKSHOP #1 - 8:30AM - 11:45AM

Oppositional, Defiant and Explosive Behaviours: Transforming Challenges for Long Term Success

- Presented by Caroline Buzanko, Ph.D., R. Psych



While occasional defiance and emotional outbursts are a normal part of child development, they become concerning when they are frequent, intense, and interfere with a child's ability to function at home, school, or in relationships. Behavioural disorders are the most common mental health issue in children, often co-occurring with other conditions, and can lead to long-term difficulties if left unaddressed.

Early intervention is key to promoting social, emotional, and behavioural well-being. This workshop is designed for anyone working with children and youth facing behavioural challenges, including clinicians, educators, and families. Participants will gain an understanding of these behaviours, their root causes, and the limitations of current approaches. The workshop will also provide practical, evidence-based strategies that can be immediately applied to support children and youth in various settings. Boost your confidence with creating positive, supportive environments that encourage desirable behaviours, enhance communication, and foster conflict resolution skills.

Learning Objectives

- Gain a deeper understanding of the factors influencing children's behaviour.
- Master the principles and practices of positive behaviour support.
- Develop skills to create supportive relationships and environments that promote adaptive behaviours.
- Implement effective intervention strategies to manage and transform behaviours.
- Develop effective skills to handle any situation without escalation.
- Develop effective skills to handle any situation without escalation.

WORKSHOP #2 - 12:45PM - 4:00PM

Anxiety Solutions: Practical Strategies for Resilience, Confidence and Coping Skills in Children and Youth

- Presented by Caroline Buzanko, Ph.D., R. Psych



Anxiety has reached epidemic levels and is now the most common mental health challenge among children and teens. Unfortunately, many children go untreated until anxiety escalates into more severe issues, such as depression, social difficulties, and behavioural problems. Early intervention is crucial, but many parents, teachers, and professionals miss the signs of anxiety or unintentionally reinforce the anxiety cycle.

This workshop is designed for anyone working with children and teens struggling with anxiety. Through a transdiagnostic lens, participants will gain a deep understanding of how anxiety manifests and how to intervene effectively. Special attention will be given to the unique stressors faced by children and adolescents today, including pressures from technology and social media. Participants will also learn why common strategies may inadvertently worsen anxiety and, more importantly, how to help kids build resilience, confidence, and coping skills to overcome their fears.

This workshop will provide clinicians, educators, and families with the tools needed to address and manage anxiety in children and teens effectively. Participants will leave with practical strategies, a deeper understanding of anxiety, and confidence in their ability to support young people in building resilience and overcoming fear.

Learning Objectives

- Recognize the unique stressors impacting children and teens today
- Differentiate between normal worries and problematic anxiety
- Identify the root causes of anxiety and what maintains it
- Explore the limitations of traditional approaches to anxiety treatment
- Discover experiential tools and techniques to help children face their fears

DAY 2 | Tuesday, April 29, 2025

WORKSHOP #3 - 8:30AM - 11:45AM

Understanding Autism and Social Communication Disorder

- Presented by Cara Daily, Ph.D.



In Part 1 of this one-day workshop, participants will gain an in-depth understanding of Autism Spectrum Disorder (ASD) and Social Communication Disorder (SCD). Autism expert and author Cara Daily, PhD, BCBA will guide attendees through the diagnostic criteria, assessment tools, and the brain function related to both disorders, providing participants with a strong foundation for working with children and adolescents on the autism spectrum.

This session will focus on recognizing the unique behaviors and challenges individuals with ASD and SCD face. Participants will learn how to differentiate between autism and social communication disorder, as well as how to assess and diagnose these conditions using tools like the DSM-5® and ICD-11. Attendees will also explore the various comorbidities that may accompany these disorders, such as ADHD, learning disorders, and intellectual disabilities. Through hands-on activities, participants will experience firsthand what it's like to live with ASD, examining the challenges their clients, students, or patients face. This workshop will also explore brain function in autism, allowing participants to grasp the neurological underpinnings that contribute to the social communication and behavioral difficulties seen in individuals with autism.

DAY 3 | Wednesday, April 30, 2025

WORKSHOP #5 - 8:30AM - 11:45AM

Intervention Strategies to Improve Self-Regulation and Executive Function

- Presented by Kathy Morris, M.Ed.



Do you work with children and adolescents who struggle with attention, organization, transitions, and planning? Are you looking for effective strategies to help students who often act out, get overwhelmed, or struggle to understand the consequences of their actions? These challenges often stem from deficits in Executive Functioning (EF)—a critical set of cognitive skills needed for self-regulation and goal-directed behaviour.

The good news is that Executive Functioning can be taught and strengthened! In this hands-on workshop, Kathy Morris, M.Ed., B.S., an international speaker, speech therapist, and educator with over 42 years of experience, will guide you through evidence-based strategies to improve EF skills in children and adolescents. Kathy will introduce metacognitive and self-regulation techniques that use visual aids and interactive activities to improve key skills such as:

- Inhibitory Control
- Adaptability
- Mental Flexibility
- Executive Attention
- Emotional Control
- Social Skills

WORKSHOP #4 - 12:45PM - 4:00PM

Evidence-Based Strategies for Addressing Challenges in Autism Spectrum Disorder and Social Communication Disorder

- Presented by Cara Daily, Ph.D.



Part 2 of this one-day workshop will focus on evidence-based interventions and practical strategies for managing challenging behaviors and enhancing social communication in children, adolescents, and young adults with Autism Spectrum Disorder (ASD) and Social Communication Disorder (SCD). Building on the foundational knowledge from Part 1, this session will focus on practical, hands-on tools to support behavior change, teach social communication skills, and create supportive environments in home, school, and community settings.

Dr. Cara Marker Daily will explore behavioral strategies like Applied Behavior Analysis (ABA), as well as Cognitive Behavioral Therapy (CBT) for promoting self-regulation and reducing anxiety. Participants will learn how to integrate social communication interventions such as PECS, turn-taking, and social skills training into their practices.

WORKSHOP #6 - 12:45PM - 4:00PM

De-Escalating Behaviour in the Classroom: Intervention Strategies for After the Meltdown

- Presented by Kathy Morris, M.Ed.



Witnessing a child spiral into an emotional meltdown can be one of the most challenging moments in the classroom. Children with autism, ADHD, and other executive function difficulties often struggle with emotional regulation, leading to outbursts that disrupt learning and social interactions. These behaviours can leave educators, parents, and caregivers feeling frustrated and uncertain about how to help. This 3-hour workshop is designed for educators, parents, and caregivers who want to learn effective, research-based strategies for intervening when a child's behaviour escalates. If you've seen children removed from class or sent to timeout, missing valuable learning and social time, this session will provide the tools you need to respond more effectively.

Led by Kathy Morris, M.Ed., B.S., a seasoned expert with over 45 years of experience working with children with autism, ADHD, and other neurodevelopmental challenges, this workshop offers practical strategies for managing meltdowns, tantrums, and challenging behaviours caused by sensory overload and emotional dysregulation. Participants will learn how to use visual supports, hands-on techniques, and structured routines to help children regain self-regulation and prevent future outbursts. The course focuses on fostering positive behaviours, enhancing self-regulation skills, and improving the overall quality of life for neurodiverse children.