

► STEP 1 – CONTACT INFO

Name

Position

Address

City

Province

Postal Code

Work Phone []

Work Fax []

Email

► STEP 2 – SELECT ATTENDING DATE(S) & WORKSHOPS

Fees do not include tax (5% GST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Healing Through Spirit - Varleisha D. Lyons Winnipeg, May 8 & 9, 2025					
In-Person & Live-Streaming - For live-stream pricing go to www.jackhirose.com					
Super Early Bird (Before February 14)	<input type="checkbox"/> \$539 + tax	<input type="checkbox"/> \$489 + tax	<input type="checkbox"/> \$464 + tax	<input type="checkbox"/> \$439 + tax	\$439 + tax
Early Bird (Before April 8)	<input type="checkbox"/> \$559 + tax	<input type="checkbox"/> \$509 + tax	<input type="checkbox"/> \$484 + tax	<input type="checkbox"/> \$459 + tax	\$459 + tax
Regular	<input type="checkbox"/> \$579 + tax	<input type="checkbox"/> \$529 + tax	<input type="checkbox"/> \$504 + tax	<input type="checkbox"/> \$479 + tax	\$479 + tax

Oppositional Defiant Disorder - Eboni Webb Winnipeg, May 8 & 9, 2025					
In-Person & Live-Streaming - For live-stream pricing go to www.jackhirose.com					
Super Early Bird (Before February 14)	<input type="checkbox"/> \$539 + tax	<input type="checkbox"/> \$489 + tax	<input type="checkbox"/> \$464 + tax	<input type="checkbox"/> \$439 + tax	\$439 + tax
Early Bird (Before April 8)	<input type="checkbox"/> \$559 + tax	<input type="checkbox"/> \$509 + tax	<input type="checkbox"/> \$484 + tax	<input type="checkbox"/> \$459 + tax	\$459 + tax
Regular	<input type="checkbox"/> \$579 + tax	<input type="checkbox"/> \$529 + tax	<input type="checkbox"/> \$504 + tax	<input type="checkbox"/> \$479 + tax	\$479 + tax

Early Bird Cutoff Date: Registration and payment must be received by this date.

Full-Time Student Rate: Please contact [registration@jackhirose.com](#) for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 3 – PAYMENT | Fees do not include tax (5% GST).

☐ Visa

Credit Card #

Expiry

/

☐ MasterCard

Cardholder Name

☐ Cheque

Signature

Cheque #

3 WAYS TO SAVE

\$40
OFF

SUPER EARLY BIRD DISCOUNT
See Step 2 for deadlines.

\$20
OFF

EARLY BIRD DISCOUNT
See Step 2 for deadlines.

UP TO
\$80
OFF

GROUP DISCOUNTS
See Step 3 for Savings & Fees.

4 WAYS TO REGISTER



ONLINE

[www.jackhirose.com](#)



EMAIL

[registration@jackhirose.com](#)



PHONE

604 924 0296



MAIL

See address below right

RECOMMENDED ACCOMMODATION

Best Western Plus Winnipeg Airport Hotel
1715 Wellington Avenue
Phone: 204.775.9889

Please contact the hotels for the best available rates.
*please note, room reservations are subject to availability.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: [registration@jackhirose.com](#) for more info.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only. Jack Hirose & Associates Inc. reserves the right to cancel a event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: IMPORTANT DISCLAIMER: All cancellations for any workshop, intensive, or conference must be submitted by email at [registration@jackhirose.com](#). Non-attendance will not be grounds for any or partial refund or credit under any circumstances. Exceptions to this will not be granted. Credits do not expire and can be used towards any upcoming in person event. No refunds or credits under any circumstances for cancellation requests submitted less than 7 days (1 week) prior to the event. Exceptions to this will not be granted. We reserve the right to cancel an event due to unforeseen circumstances such as under-enrolment, Act of God including weather, pandemic, etc. Should Jack Hirose and Associates decide to cancel or re-schedule the workshop for any reason, full fees will be refunded and no administrative fees will be charged. Liability is limited to a refund of workshop fees only, please make travel arrangements with this in mind.

CERTIFICATES: PDF downloads of the certificate will be available after the event has ended: Please go to: [http://registration.jackhirose.com/certificates/](#).

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can downloaded from **[certificates.jackhirose.com](#)**.

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.



jack hirose
& ASSOCIATES INC.
— JACKHIROSE.COM —

Complete & Return Payment to:

Jack Hirose & Associates Inc.
326 Roslyn Blvd
North Vancouver, BC
V7G 1N9

✆ 604 924 0296
✉ [registration@jackhirose.com](#)



A PROUD CANADIAN
COMPANY

GROUP RATES

Group rates that include mix and match in-person with live-streaming enrollees

\$100 off per person
for groups of 15 or more

\$75 off per person
for groups of 8-15

\$50 off per person
for groups of 3 -7

Live stream enrollees can view course within 1 month after the event date.

WHO SHOULD ATTEND

Education and Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

LIVE STREAM FROM HOME

Workshops will be live streaming from Winnipeg. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

Live stream registration:
[www.webinars.jackhirose.com](#)

SPONSORED BY



Sunshine Coast Health Centre
A Non-12 Step Mental Health Program

Georgia Strait | WOMEN'S CLINIC



Offering Quality Continuing Education to Educators and Mental Health Professionals since 1998.

LIVE IN-PERSON & LIVE STREAMED

Mental Health & Education Workshops

WINNIPEG, MB

Winnipeg, MB

MAY 8 & 9, 2025

Healing Through Spirit: Integrating Indigenous Healing Practices in Education and Mental Health

Varleisha D. Lyons, Ph.D, OTD, OTR/L



Winnipeg, MB

MAY 8 & 9, 2025

Oppositional Defiant Disorder: Promoting Positive Behaviour to Empower Children and Adolescents

Eboni Webb, Psy.D., HSP



JACKHIROSE.COM | 604-924-0296



Live In-Person & Live-Stream | 12 CEUs | 8:30am – 4:00pm (CST)

HEALING THROUGH SPIRIT

Integrating Indigenous Healing Practices in Education and Mental Health

- Presented by Varleisha D. Lyons, Ph.D, OTD, OTR/L

WINNIPEG, MB | MAY 8 & 9, 2025 | 8:30am – 4:00pm Best Western Plus Winnipeg Airport Hotel, 1715 Wellington Ave

This workshop offers education and mental health professionals a transformative opportunity to explore the intersection of trauma and spirituality within Indigenous communities, focusing on the impact of intergenerational trauma and how cultural wisdom can support resilience and well-being. By examining both traditional and contemporary healing practices, participants will deepen their understanding of how Indigenous spirituality, storytelling, and community-centered approaches can foster healing, restore balance, and strengthen the individual and collective health of students and families.

Indigenous communities have long faced the repercussions of colonization, forced assimilation, and systemic violence. These traumas have been passed down through generations, affecting the mental, emotional, and social well-being of individuals, families, and communities. Yet, alongside these challenges, Indigenous cultures possess profound spiritual traditions and healing practices that have endured. These practices remain a vital source of identity, resilience, and recovery, offering pathways to healing for those impacted by trauma.

This workshop is designed to empower educators and other professionals working in or with Indigenous communities. Participants will learn culturally grounded approaches to support healing in educational settings, incorporating Indigenous spiritual traditions, cultural practices, and storytelling to enhance student well-being and academic success. The workshop will also provide practical tools for integrating these healing methods into classroom teaching, school activities, and community-based programs.

Through engaging hands-on activities and thoughtful discussion, participants will gain the knowledge and skills to create healing environments that acknowledge and address the wounds of the past while fostering hope, empowerment, and community revitalization.

DAY 1: UNDERSTANDING TRAUMA AND THE ROLE OF SPIRITUALITY IN HEALING

Registration and Welcome

- Opening circle and introduction to the workshop’s objectives
- Overview of the agenda, ground rules, and expectations for participation

The Legacy of Intergenerational Trauma in Indigenous Communities

- Defining intergenerational trauma and its historical roots (colonization, forced assimilation, systemic violence)
- The effects of historical trauma on identity, culture, and well-being

Spirituality as a Source of Healing and Resilience

- The role of spirituality and cultural ceremonies in Indigenous healing traditions
- Understanding how spiritual practices promote resilience, recovery, and a sense of belonging.

The Role of Storytelling and Traditional Knowledge in Healing

- The power of storytelling as a means of passing on cultural knowledge and healing wisdom
- How oral traditions and community narratives foster resilience and identity

DAY 2: PRACTICAL APPROACHES TO HEALING AND COMMUNITY EMPOWERMENT

Opening Circle and Reflection from Day 1

- Group discussion on learnings, insights, and reflections from Day 1

Incorporating Indigenous Healing Practices into Education and Mental Health

- Practical tools for integrating Indigenous spiritual practices and healing traditions into education and mental health settings

Healing the Individual and the Community: Practical Strategies

- Using traditional healing ceremonies in individual therapy and group settings
- Building community resilience through collective healing practices (e.g., communal feasts, group ceremonies, and wellness circles)

Empowering Future Generations: Reclaiming Cultural Identity and Well-Being

- Restoring balance: How reconnecting with cultural practices and language fosters personal and collective healing
- The importance of youth involvement in healing processes: Mentorship, leadership, and cultural preservation



SUPER EARLY BIRD ENDS FEBRUARY 14, 2025



VARLEISHA D. LYONS PH.D, OTD, OTR/L, is the Vice President of Practice Engagement and Capacity Building at the American Occupational Therapy Association (AOTA). Prior to joining AOTA, she served as the Scientific Programs Officer at the American Occupational Therapy Foundation. Dr. Lyons is an international lecturer, researcher, and author. Along with being a tenured associate professor, she was the inaugural chair at Wesley College’s Master’s Program in Occupational Therapy, the first in the State of Delaware. Her areas of expertise include neuroanatomy, self-regulation strategies across the lifespan, health disparities, and paediatric therapeutic interventions. Dr. Lyons founded and operated a private therapy firm for over 10 years.



Live In-Person & Live-Stream | 12 CEUs | 8:30am – 4:00pm (CST)

OPPOSITIONAL DEFIANT DISORDER

Promoting Positive Behaviour to Empower Children and Adolescents

- Presented by Eboni Webb, Psy.D., HSP

WINNIPEG, MB | MAY 8 & 9, 2025 | 8:30am – 4:00pm Best Western Plus Winnipeg Airport Hotel, 1715 Wellington Ave

Oppositional Defiant Disorder (ODD) presents a complex and challenging set of behaviors that can significantly disrupt the lives of children and adolescents, as well as their families, teachers, and peers. Characterized by frequent defiance, irritability, argumentative behavior, temper tantrums, and a refusal to comply with authority, ODD often leads to significant difficulties in school, at home, and in social relationships. These behaviors can become more intense over time, creating a cycle that is difficult to break without the right interventions.

This two-day workshop is designed to provide a comprehensive, in-depth understanding of ODD, with a focus on its causes, manifestations, and evidence-based interventions. Whether you are a clinician, educator, counselor, or parent, this workshop will equip you with the knowledge and skills needed to manage and transform challenging behaviors in children and adolescents. Attendees will explore the complex psychological, environmental, and cultural factors that contribute to ODD and how these factors interact to create persistent defiance and resistance.

Through a mix of theoretical frameworks, real-life case studies, group discussions, and hands-on activities, participants will deepen their understanding of how ODD manifests in various environments and how to intervene effectively to promote positive behavioral change. By Day 2, participants will not only understand the underlying causes of ODD but also walk away with practical tools and therapeutic strategies that can be immediately applied in home, school, and community settings. This workshop will quip you with frameworks to manage ODD effectively and help children and youth develop the skills they need to thrive emotionally and socially.

DAY 1 UNDERSTANDING ODD

- Exploring the Causes of ODD:** Psychological, environmental, and biological factors
- Recognizing the Signs and Symptoms:** How ODD presents in children and adolescents
- The Impact of ODD:** On academic performance, relationships, and overall functioning
- Cultural and Societal Influences:** How family dynamics, school environments, and social pressures can fuel defiant behavior
- ODD and Co-Occurring Conditions:** Addressing comorbidities such as ADHD, anxiety, and depression

DAY 2 PRACTICAL INTERVENTIONS AND THERAPEUTIC APPROACHES

- Creating a Collaborative Approach:** Working with families, teachers, and mental health professionals
- Effective Behavioral Interventions:** Implementing strategies that reduce oppositional behaviors and encourage compliance
- Therapeutic Techniques:** Cognitive-behavioral therapy (CBT), parent-child interaction therapy (PCIT), and other evidence-based methods
- Fostering Emotional Regulation:** Helping children and teens develop self-control and coping strategies



SUPER EARLY BIRD ENDS FEBRUARY 14, 2025



EBONI WEBB, PSY.D., HSP, earned her Doctorate in Clinical Psychology from the Minnesota School of Professional Psychology (MSPP). She began her clinical work as assistant clinical director and program director at Mental Health Systems, PC (MHS), one of the largest providers of Dialectical Behavior Therapy (DBT) in the United States. At MHS, Dr. Webb developed two specialized DBT treatment programs for clients with developmental disabilities and borderline-intellectual functioning. She is comprehensively certified in DBT (PESI/Evergreen Institute and Michael Maslar of Northwestern University), MBSR, and is an advanced certified practitioner in Sensorimotor Psychotherapy.

THE WESTERN CANADA INDIGENOUS CONFERENCE

FOSTERING TRADITIONAL INDIGENOUS HEALING & SPIRITUAL PRACTICES

Presented by: **Cynthia Wesley-Esquimaux, Ph.D. • Denise Findlay, M,ED., CPCC, ACC**
Varleisha D. Lyons, Ph.D, OTD, OTR/L • Suzanne Methot, BA., B.Ed. • Shanelle Brillon Bath



MAY 12-14, 2025