



**A PROUD CANADIAN
COMPANY SINCE 1998**

GROUP RATES

Discounts available for online or in-person groups

\$100 off per person
for groups of 15 or more

\$75 off per person
for groups of 8-15

\$50 off per person
for groups of 3-7

Live stream enrollees can view course within 1 month after the event date.

WHO SHOULD ATTEND

Education and Clinical

Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

• All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

LIVE STREAM FROM HOME

Workshops will be live streaming from Edmonton, AB to online participants on November 12-14, 2025. Please allow 5-10 business days after the conference has ended for recorded footage to become available. **Live stream enrollees can view course within 1 month after the event date.**

Live stream registration:
www.webinars.jackhirose.com

WATCH ON-DEMAND

Until December 14, 2025. In-person attendees can add on-demand access for \$25 per day.

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Offering Quality Continuing Education to Educators and Mental Health Professionals since 1998.

LIVE IN-PERSON & LIVE STREAMED

EDMONTON INDIGENOUS CONFERENCE

Fostering Traditional Indigenous Healing & Spiritual Practices

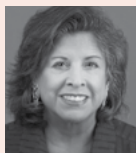
EDMONTON, AB

Royal Hotel West Edmonton | 10010 - 178 Street NW

DAY 1 - NOVEMBER 12, 2025

8:30am - 4:00pm

Empowering Ourselves to Strengthen Our Future



PRESENTED BY
**Cynthia
Wesley-Esquimaux**
Ph.D.

DAY 2 - NOVEMBER 13, 2025

8:30am - 4:00pm

Healing Through Spirit: Integrating Indigenous Healing Practices in Education and Mental Health



PRESENTED BY
Varleisha D. Lyons
Ph.D, OTD, OTR/L

DAY 3 - NOVEMBER 14, 2025

8:30am - 4:00pm

Generations of Healing: Culturally-Informed Responses to Address Intergenerational Trauma for Educators, Mental Health Professionals and Community



PRESENTED BY
Carolyn Coker Ross
M.D.



**SCAN QR CODE FOR MORE
INFORMATION & REGISTRATION**

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PLEASE POST

IN-PERSON FEES		INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT
1 DAY	Super Early Bird (Before September 12)	\$299 + tax	\$249 + tax	\$224 + tax	\$199 + tax	\$199 + tax
	Early Bird (Before October 12)	\$319 + tax	\$269 + tax	\$244 + tax	\$219 + tax	\$219 + tax
	Regular	\$339 + tax	\$289 + tax	\$264 + tax	\$239 + tax	\$239 + tax
2 DAY	Super Early Bird (Before September 12)	\$539 + tax	\$489 + tax	\$464 + tax	\$439 + tax	\$439 + tax
	Early Bird (Before October 12)	\$559 + tax	\$509 + tax	\$484 + tax	\$459 + tax	\$459 + tax
	Regular	\$579 + tax	\$529 + tax	\$504 + tax	\$479 + tax	\$479 + tax
3 DAY	Super Early Bird (Before September 12)	\$719 + tax	\$669 + tax	\$644 + tax	\$619 + tax	\$619 + tax
	Early Bird (Before October 12)	\$739 + tax	\$689 + tax	\$664 + tax	\$639 + tax	\$639 + tax
	Regular	\$759 + tax	\$709 + tax	\$684 + tax	\$659 + tax	\$659 + tax

3 WAYS TO SAVE	
\$40 OFF SUPER EARLY BIRD DISCOUNT Deadline: September 12, 2025	
\$20 OFF EARLY BIRD DISCOUNT Deadline: October 12, 2025	
UP TO \$80 OFF GROUP DISCOUNTS See Step 3 for Savings & Fees.	

LIVE STREAM: see website for fees

WATCH ON-DEMAND: Until December 14, 2025. In-person attendees can add on-demand access for \$25 per day.

NOVEMBER 12 - 8:30AM - 4:00PM

Empowering Ourselves to Strengthen Our Future

- Cynthia Wesley-Esquimaux, Ph.D.



This one-day workshop, facilitated by Cynthia Wesley-Esquimaux, will focus on the integration of traditional Indigenous healing and spiritual practices within mental health and educational frameworks. Designed for professionals working with children, adolescents, young adults, families, and communities, it will offer practical tools and culturally grounded insights that can be applied in clinical, educational, or community settings.

Participants will explore strategies for supporting cultural revitalization and community healing, with a particular emphasis on fostering sustainable, Indigenized practices. The workshop will provide opportunities for deep engagement with Indigenous healing traditions, encouraging reflection on both personal and community experiences. Through collaborative discussions and activities, attendees will develop actionable strategies for revitalizing and integrating traditional spiritual practices into contemporary mental health and educational approaches.

Whether you work with individuals, families, or larger community groups, this session will equip you with practical knowledge to enrich your work and support the healing and resilience of Indigenous communities.

NOVEMBER 13 - 8:30AM - 4:00PM

Healing Through Spirit: Integrating Indigenous Healing Practices in Education and Mental Health

- Varleisha D. Lyons, Ph.D, OTD, OTR/L



This workshop offers educators a transformative opportunity to explore the intersection of trauma and spirituality within Indigenous communities, focusing on the impact of intergenerational trauma and how cultural wisdom can support resilience and well-being. By examining both traditional and contemporary healing practices, participants will deepen their understanding of how Indigenous spirituality, storytelling, and community-centered approaches can foster healing, restore balance, and strengthen the individual and collective health of students and families.

Indigenous communities have long faced the repercussions of colonization, forced assimilation, and systemic violence. These traumas have been passed down through generations, affecting the mental, emotional, and social well-being of individuals, families, and communities. Yet, alongside these challenges, Indigenous cultures possess profound spiritual traditions and healing practices that have endured. These practices remain a vital source of identity, resilience, and recovery, offering pathways to healing for those impacted by trauma.

This workshop is designed to empower educators and other professionals working in or with Indigenous communities.

NOVEMBER 14 - 8:30AM - 4:00PM

Generations of Healing: Culturally-Informed Responses to Address Intergenerational Trauma for Educators, Mental Health Professionals and Community

- Carolyn Coker Ross, M.D.



Intergenerational trauma doesn't impact just one person—it weaves through families, classrooms, and entire communities. Educators, counselors, and mental health professionals alike witness its ripple effects: students who struggle to regulate emotions, families locked in cycles of adversity, and communities burdened by the legacies of historical and cultural trauma.

Extensive research has shown a direct link between early life trauma and long-term mental health outcomes, including substance use disorders (SUD) and eating disorders while traits such as compulsivity, impulsivity and emotional dysregulation are promoted. More than two-thirds of individuals with SUD report childhood experiences of abuse, neglect, or toxic stress. Emerging evidence now confirms that trauma's effects can be passed biologically and behaviorally from one generation to the next, contributing to cycles of substance use, mental illness, eating disorders and family disruption.

While trauma-informed care has helped many individuals begin their healing journey, few programs offer tools to address the collective and generational dimensions of trauma—especially within Indigenous and historically marginalized communities.

LIVE IN-PERSON & LIVE STREAMED

THE CALGARY CONFERENCE ON

Developmental & Emotional Challenges with Children & Adolescents

CALGARY, AB

Best Western Premier Calgary Plaza Hotel | 1316 - 33 Street. NE



NOVEMBER 18 - 8:30AM - 4:00PM

Recognizing and Addressing the Emotional Roots of Behaviour Problems: A Working Model for an Array of Troubling Symptoms

- Presented by Gordon Neufeld, Ph.D.

Are there really 298 different disorders plus countless other syndromes of problem behaviour? Could it be that we have been missing something more fundamental about how the brain works and thus what can go wrong? Could there possibly be a common denominator across the spectrum of troubled experience and behaviour?.

NOVEMBER 19 - 8:30AM - 11:45AM

Hidden Keys to Student Engagement: Optimizing Learning and Well-being

- Presented by Gordon Neufeld, Ph.D.

No issue has ever been more important in education than how to engage students in the learning process. The lack of engagement of today's students is therefore quite alarming. The downward trend has been noticeable for some time but has become even more acute after the pandemic. Teaching longer or harder has not been the answer.

NOVEMBER 19 - 8:30AM - 11:45AM

Addressing Developmental and Early Attachment Trauma

- Presented by Patti Ashley, Ph.D., LPC

This training provides clinicians and educators with a comprehensive understanding of the impact of developmental and early attachment trauma on emotional, cognitive, and social development. Participants will explore the neurobiological and psychological effects of early adverse experiences, including disruptions in attachment, neglect, and abuse.

NOVEMBER 19 - 12:45PM - 4:00PM

Fostering Social-Emotional Learning in Children and Adolescents

- Presented by Patti Ashley, Ph.D., LPC

This engaging and interactive professional development session is designed to equip educators with the knowledge, strategies, and tools needed to foster social and emotional learning (SEL) in children and adolescents. Grounded in research-based practices, this training explores the five core competencies of SEL.

NOVEMBER 20 - 8:30AM - 11:45AM

Preserving True Play in a Screen-filled World

- Presented by Tamara Strijack, M.A.

We live in an age of technology, with information and entertainment at our fingertips, and at the fingertips of our children. While this reality may have its conveniences and advantages, it can also preempt the time and space needed for play in our children's lives. Research is now confirming what age-old cultures have intuitively known all along, that play is actually a vital part of healthy development.

NOVEMBER 20 - 8:30AM - 11:45AM

Practical Solutions to Address Anxiety Disorders with Children and Adolescents

- Presented by Carissa Muth, Psy.D., CCC

As high as 20% of children in Canada will experience an anxiety disorder before reaching adulthood. For many of these children, symptoms of anxiety will impede their life and development to a degree that will create impairments into adulthood. Developmental vulnerabilities place children and adolescents at unique risk and also in need of specialized knowledge regarding the assessment and treatment of their anxiety symptoms.

NOVEMBER 20 - 12:45PM - 4:00PM

Reclaiming our Students

- Presented by Tamara Strijack, M.A.

Children are more anxious, aggressive, and shut down than ever. Faced with this epidemic of emotional health crises and behavioral problems, educators are asking themselves what went wrong. Why have we lost our students? More importantly: how can we get them back? Based on the book [co-written by the presenter], Reclaiming Our Students, this workshop will support educators with insights and strategies for how to build, nurture, and protect the student-teacher relationship in order to create the emotional safety needed for our students to thrive.

NOVEMBER 20 - 12:45PM - 4:00PM

Executive Functioning Skills for Children and Adolescents

- Presented by Carissa Muth, Psy.D., CCC

Planning, organizing, and emotionally regulating all are executive functioning that, when impaired, can significantly impact activities of daily living. In childhood this can range in presentation from the ability to complete homework, to the ability to refrain from anger outbursts. While executive functioning never fully develops until young adulthood, certain children are at risk for lifetime impairments.

NOVEMBER 20 - 6:30PM - 8:30PM

Parenting for Resilience and Well-Being in a Changing World: Navigating Modern Life with Children and Adolescents

- Presented by Gordon Neufeld, Ph.D.

We all want our children to thrive - to become all they were meant to be, despite the challenges they may face. But how is this to be accomplished? What conditions are required for optimal functioning? How do we build resilience and support well-being in an increasingly wounding and stress-filled world?



Live Stream & On-Demand | 6 CEUs

THE ZONES OF REGULATION COMPREHENSIVE TRAINING

- LEAH KUYPERS, MA ED., OTR/L

NOVEMBER 3, 2025 | 8:30am to 4:00PM (PST)

In The Zones of Regulation Comprehensive Training participants will take a deeper dive into the competency of regulation and how it fits into a climate and culture of social emotional learning.

Live In-Person, Live Stream & On-Demand | 12 CEUs

EXECUTIVE SKILLS Assessment, Interventions and Coaching for Academic and Social Success

- PEG DAWSON, ED.D., NCSP



REGINA, SK - OCT 22 & 23, 2025
KELOWNA, BC - OCT 29 & 30, 2025
RICHMOND, BC - DEC 8 & 9, 2025

Executive skills—often referred to as “the hidden curriculum”—are critical cognitive abilities that underpin academic success. These include skills like task initiation, sustained attention, working memory, planning, organization, and goal-directed persistence.

Live In-Person, Live Stream & On-Demand | 12 CEUs

POST-TRAUMATIC GROWTH Applying Solution-Focused, Narrative and Meaning Centred Interventions

- CARISSA MUTH, PSY.D.



EDMONTON, AB - NOV 13 & 14, 2025

Integrating the latest research in neuroscience and psychology, this workshop will present a Posttraumatic Growth perspective of addressing PTSD using insights from positive psychology. The framework presented will allow participants to assess, conceptualize, and treat individuals.

WEBINARS - Fall & Winter 2025

October 15, 2025 | 8:30am to 4:00PM (PST)

Using Indigenous Culture-Based Frameworks to Create Workplace Wellness

- SUZANNE METHOT, BA., B.ED.

November 3, 2025 | 8:30am to 4:00PM (PST)

The Zones of Regulation Comprehensive Training

- LEAH KUYPERS, MA ED., OTR/R

February 5, 2026 | 8:30am to 4:00PM (PST)

Treating Adult ADHD: Help Smart but Scattered Clients Strengthen Executive Skills

- PEG DAWSON, ED.D., NCSP

February 11, 2026 | 8:30am to 4:00PM (PST)

The Neuropsychology of Reading and Written Language Disorders

- STEVEN FEIFER, D.ED., ABSNP

February 25, 2026 | 8:30am to 4:00PM (PST)

Clinical Supervision: Providing Effective Supervision, Managing Risk and Navigating Ethical Issues

- GEORGE HAARMAN, PH.D.

\$50 OFF ANY WEBINAR: FALLWEB50
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