

The Healing & Treating Trauma, Addictions & Related Mental Health Disorders Virtual Conference

LIVE STREAMING | APRIL 15+16, 2026

Sponsors



Georgia Strait | WOMENS CLINIC



Experience the power of care



Workshops in Whitehorse, Yukon

Integrating Neuropsychology, CBT, DBT, Narrative and Meaning-Focused Therapy to Heal Traumatic Wounds, Addictions and Other Mental Health Disorders

JUNE 11, 2026

Treating Anxiety, Depression, Worry and Stress in Children and Adolescents

JUNE 12, 2026



Presented by
CARISSA MUTH, PSY.D.

School Focused Conferences Across Canada



+ VICTORIA
APRIL 29 - MAY 1, 2026

+ SASKATOON
MAY 20-22, 2026

+ EDMONTON
MAY 6-8, 2026

+ WINNIPEG
MAY 27-29, 2026

+ CALGARY
MAY 13-15, 2026

+ HALIFAX
JUNE 1-3, 2026

The Canmore Clinical Skills Conference

Exploring Post-Traumatic Growth, Depression, Anxiety, and the Impact of Trauma

JULY 7-9, 2026



Webinars Available via Live Stream

50+ events available for Live stream or on-demand, see back page for details.



SCAN QR CODE FOR MORE INFORMATION & REGISTRATION

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any live in-person on online course using the code: **CATALOGUE2026**



VICTORIA | APRIL 29 - MAY 1, 2026

The Victoria Child & Adolescent Conference: Oppositional Behaviour, Anxiety, Power Struggles, Building Resilience, Stress & Developmental Trauma

- Making Sense of Anxiety in Children and Teens
- Making Sense of Resistance and Opposition in Children and Adolescents

Deborah MacNamara, Ph.D.

- Addressing Childhood and Developmental Trauma
- Practical Solutions to Address Anxiety in Children and Adolescents

Carissa Muth, Psy.D., CCC, R.Psych

- Strategies for Student Behaviour, Resilience, Regulation, Trauma, and EQ in Challenging Times

Steven G. Feifer, D.Ed., ABSNP

EDMONTON | MAY 6-8, 2026

The Edmonton School Mental Health Conference: Supporting Students Stress, Anxiety, Learning and Behaviour

- Supporting the Anxious and Worried Mind in the Classroom and at School

Caroline Buzanko, Ph.D., R. Psych

- Brain-Based Strategies for Children with Stress & Trauma: Building Resilience and Coping Skills in Students

Steven G. Feifer, D.Ed., ABSNP

- Disruptive and Challenging Behaviours with Children and Adolescents with Autism Spectrum Disorder and ADHD
- Brief Interventions including CBT strategies for Children and Adolescents with ADHD, Autism, and Anxiety

Cara Daily, Ph.D.

CALGARY | MAY 13-15, 2026

The Calgary Early Childhood Learning & Developmental Skills Conference

- Tears and Tantrums
- Play as the Missing Engine of Human Development

Deborah MacNamara, Ph.D.

- Addressing Developmental Addressing Developmental and Early Attachment Trauma in Childhood Early Attachment Trauma in Childhood

- Fostering Executive Skills in Pre-School (2-5) and School Age (6-12) Children

Carissa Muth, Psy.D., CCC, R.Psych

- Strong From the Start: Building Emotional Regulation and Resilience in Early Learners

Caroline Buzanko, Ph.D., R. Psych

SASKATOON | MAY 20-22, 2026

The Saskatoon Child & Adolescent Conference: on Behavioural Challenges, At-Risk Children and Youth, Indigenous Approaches, Strength-Based Care, Resilience, and Self-Harm Response

- Working with High Risk Children and Adolescents

Carissa Muth, Psy.D., CCC, R.Psych

- Applying Indigenous Practices to Build Resilience and Strength in Children and Adolescents

Lyndon J. Linklater, Indigenous BSW

- Working with Children and Youth Who are High-Risk, Marginalized and Engage in Self-Harming

Caroline Buzanko, Ph.D., R. Psych

WINNIPEG | MAY 27-29, 2026

The Winnipeg Child & Adolescent Conference: Anxiety, Stress, Trauma-Informed Schools, Self-Regulation, Big Emotions and Stuck Kids

- Optimizing Self-Regulation and Managing Big Emotions with Children & Adolescents

Caroline Buzanko, Ph.D., R. Psych

- 20+ Proven Executive Function & Cognitive Skill Coaching Activities PreK-12th Grade

Lynne Kenney, Psy.D.

- Working with Stuck Kids: An Attachment Based Relational Perspective

Eva de Gosztonyi, M.A.

- Applying Indigenous Practices to Build Resilience and Strength in Children and Adolescents

Lyndon J. Linklater, Indigenous BSW

HALIFAX | JUNE 1-3, 2026

The Halifax Child & Youth Conference on Behavioural, Developmental & Emotional Challenges

- Effective Strategies for Managing Challenging Behaviours in Autism and Social Communication Differences

Cara Daily, Ph.D.

- Practical Solutions to Address Anxiety Disorders with Children and Adolescents
- Executive Functioning Skills for Children and Adolescents

Carissa Muth, Psy.D., CCC, R.Psych

- Addressing the Root Causes of Anxiety in Children
- An Attachment-Based Relational Perspective on Aggression and Resistance with Children and Adolescents

Eva de Gosztonyi, M.A.

WHO SHOULD ATTEND

Education & Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.



CANMORE, BRITISH COLUMBIA | JULY 7-9, 2026



The Canmore Clinical Skills Conference: Exploring Post-Traumatic Growth, Depression, Anxiety, and the Impact of Trauma

Post-Traumatic Growth: Healing Emotional & Psychological Trauma

Dr. Carissa Muth challenges the traditional focus on symptom reduction and invites psychotherapists to explore the potential for profound positive change following adversity. Post-Traumatic Growth emphasizes that healing is not about returning to baseline, but about gaining strength, wisdom, and purpose through the struggle with trauma.

The Clinical Power Couple: Integrating CBT and DBT Strategies for Trauma, Addictions, Anxiety, Depression, OCD, and Chronic Pain

This high-impact training shows how to integrate CBT and DBT into a unified, transdiagnostic approach for treating trauma, addictions, anxiety, depression, OCD, and chronic pain. The workshop highlights how combining CBT's change strategies with DBT's emotion-regulation skills enhances effectiveness for clients who struggle to tolerate traditional cognitive work.

[Carissa Muth, Psy.D., CCC, R.Psych](#)

Conquering Anxiety: Concrete Clinical Strategies for Treating Anxiety and Depression

This workshop challenges common anxiety-treatment practices and reveals how well-intentioned strategies can unintentionally maintain anxiety and depression. Participants will learn concrete, evidence-informed interventions that move beyond symptom reduction to create lasting clinical change.

[Caroline Buzanko, Ph.D., R. Psych](#)

Practices for Healing Intergenerational Trauma

This workshop explores how intergenerational and historical trauma is transmitted psychologically, emotionally, and biologically across generations. Clinicians will learn to identify clinical indicators and apply evidence-informed assessment measures for historical, racial, and ongoing intergenerational trauma.

[Daphne Fatter, Ph.D.](#)

HALIFAX, NOVA SCOTIA | JUNE 1-3, 2026

The Halifax Clinical Skills Conference: Neuroscience, Attachment, Evidence-Based Modalities, Trauma, Anxiety, Depression, PTSD & OCD

Synthesizing Neuroscience, Attachment Theory and Evidence-Based Modalities

This intensive presents an integrated model for understanding and treating trauma, anxiety, and depression by synthesizing neuroscience, attachment theory, and evidence-based research from fields such as psychoneuroimmunology, epigenetics, and metabolism. Participants will gain a clearer framework for how brain networks, immune function, and embodied systems interact to shape mental states and emotional well-being.

[John Arden, Ph.D., ABPP](#)

Evidence-Based Treatments for Trauma, Chronic Anxiety, Depression, OCD and PTSD

In this workshop, Dr. Carissa Muth presents an integrated, evidence-based framework for treating trauma, chronic anxiety, depression, OCD, and PTSD, moving beyond siloed treatment manuals. Participants will learn how to accurately differentiate overlapping symptoms and strategically sequence gold-standard approaches such as CBT, ERP, and trauma-focused interventions for complex, co-occurring presentations.

[Carissa Muth, Psy.D., CCC, R.Psych](#)

WHITEHORSE, YUKON | JUNE 11-12, 2026

Two-Day Training with Carissa Muth in Whitehorse, Yukon

DAY 1: Integrating Neuropsychology, CBT, DBT, Narrative and Meaning-Focused Therapy to Heal Traumatic Wounds, Addictions and Other Mental Health Disorders

In this training, Dr. Carissa Muth provides clinicians with a developmentally informed framework for treating anxiety, depression, worry, and stress in children and adolescents using adapted CBT and ACT approaches. Participants will learn to accurately assess internalizing disorders, engage families, and apply practical, play-based and somatic strategies that support lasting emotional resilience in youth.

[Carissa Muth, Psy.D., CCC, R.Psych](#)

DAY 2: Treating Anxiety, Depression, Worry and Stress in Children and Adolescents

This workshop presents an integrative roadmap for treating trauma, addictions, and complex mental health disorders by combining neuropsychology with CBT, DBT, narrative, and meaning-focused therapies. Participants will learn how to thoughtfully sequence and integrate these approaches to stabilize clients, reduce shame, and support lasting healing, purpose, and identity reconstruction.

[Carissa Muth, Psy.D., CCC, R.Psych](#)

Webinars - Available via Live Stream



CLINICAL FOCUSED

- 1. Clinical Supervision**
February 25, 2026
George Haarman, Psy.D.
- 2. Somatic Skills Training in the Treatment of Trauma**
March 12, 2026
Varleisha D. Lyons, Ph.D., OTD
- 3. 1 Hour Course: Trauma Exposed Professionals**
March 19, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 4. Synthesizing Neuroscience, Attachment Theory and Evidence-Based Modalities in the Treatment of Trauma and Anxiety**
April 10, 2026
John Arden, Ph.D., ABPP
- 5. Clinical Skills Training Bundle**
April 20, 27, May 4, 11 2026
Carissa Muth, Psy.D.
- 6. Trauma Recovery and Healing: Working with Subpersonalities (PARTS)**
April 24, 2026
Daphne Fatter, Ph.D.
- 7. Evidence-Based Treatments for Trauma, Chronic Anxiety, Depression, OCD and PTSD**
June 3, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 8. Psychedelics and Psychedelic-Assisted Psychotherapy**
June 23, 2026
Zach Walsh, Ph.D.
- 9. Motivational Interviewing in Action**
June 24, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 10. Deconstructing Anxiety**
June 30, 2026
Todd Pressman, Ph.D.
- 11. Understanding and Treating PTSD**
July 15, 2026
Richard Sears, Psy.D., ABPP
- 12. Helping Clients Overcome Sleep Problems and Nightmares**
July 22, 2026
Colleen E. Carney, Ph.D.
- 13. Synthesizing Neuroscience, Attachment Theory and Evidence-Based Modalities**
Date TBA
John Arden, Ph.D., ABPP

CHILD & ADOLESCENT FOCUSED

- 1. Brain-Based Strategies and Interventions to Help Children with Reading, Writing and Math**
April 13, 2026
Steven G. Feifer, D.Ed., ABSNP
- 2. Empowering Neurodivergent Learners**
April 13, 2026
Jed Baker, Ph.D.
- 3. Executive Skill Masterclass**
April 23, 2026
Peg Dawson, Ed.D., NCSP,
Marcy McIver, B.Ed. & Carissa Muth, Psy.D.
- 4. Making Sense of Anxiety in Children and Teens**
April 29, 2026
Deborah MacNamara, Ph.D.
- 5. Addressing Childhood and Developmental Trauma**
April 30, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 6. Strategies for Student Behaviour, Resilience, Regulation, Trauma, and EQ in Challenging Times**
May 1, 2026
Steven G. Feifer, D.Ed., ABSNP
- 7. Supporting the Anxious and Worried Mind in the Classroom and at School**
May 6, 2026
Caroline Buzanko, Ph.D., R. Psych
- 8. Brain-Based Strategies for Children with Stress & Trauma**
May 7, 2026
Steven G. Feifer, D.Ed., ABSNP
- 9. Disruptive and Challenging Behaviours with Children and Adolescents with Autism Spectrum Disorder and ADHD**
May 8, 2026
Cara Daily, Ph.D.
- 10. Tears and Tantrums**
May 13, 2026
Deborah MacNamara, Ph.D.
- 11. Addressing Developmental, Early Attachment Trauma, and Executive Skills in Children**
May 14, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 12. Strong From the Start**
May 15, 2026
Caroline Buzanko, Ph.D., R. Psych

- 13. Working with High Risk Children and Adolescents**
May 20, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 14. Working with Children and Youth Who are High-Risk, Marginalized and Engage in Self-Harming**
May 22, 2026
Caroline Buzanko, Ph.D., R. Psych
- 15. Effective Strategies for Managing Challenging Behaviours in Autism and Social Communication Differences**
June 1, 2026
Cara Daily, Ph.D.
- 16. Practical Solutions to Address Anxiety Disorders with Children and Adolescents**
June 2, 2026
Carissa Muth, Psy.D., CCC, R.Psych
- 17. Addressing the Root Causes of Anxiety in Children**
June 3, 2026
Eva de Gosztonyi, M.A.
- 18. Optimizing our Understanding of ADHD and Its Complex Nature**
June 16, 2026
Caroline Buzanko, Ph.D., R. Psych



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& REGISTRATION

WEBINARS.JACKHIROSE.COM

FOR ALL PROFESSIONALS

- 1. Applying Indigenous Practices to Build Resilience and Strength in Children and Adolescents**
February 24 & May 21, 2026
Lyndon Linklater, Indigenous BSW
- 2. Planting Seeds for a Healthy Brain and Better Mental Health**
March 6, 2026
John Arden, Ph.D., ABPP
- 3. The Neuroscience of Attachment**
March 27, 2026
John Arden, Ph.D., ABPP
- 4. Treating Adult ADHD**
March 9, 2026
Peg Dawson, Ed.D., NCSP
- 5. Cannabis and Mental Health Primer**
June 18, 2026
Zach Walsh, Ph.D.