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▸ STEP 1 – CONTACT INFO

Name

Position School / Organization

Address

City Province Postal Code

Work Phone [ ] Work Fax [ ]

Email

❑ No, I do not want to stay informed of upcoming events, exclusive offers and receive the quarterly eNewsletter.

▸ STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

Understanding & Helping Behaviourally... - Ross Greene | Oakville, ON | May 12 & 13, 2016

	INDIVIDUAL	GROUP: 3-7	GROUP: 8+	GROUP: 15+
Early Bird (Deadline: April 28, 2016)	❑ **$399** + 13% HST	**$384** + 13% HST	**$369** + 13% HST	**$324** + 13% HST
Regular	❑ **$419** + 13% HST	**$404** + 13% HST	**$389** + 13% HST	**$344** + 13% HST

20 Proven & Effective Self-Regulation Strategies - Lynne Kenney | London, ON | May 9, 2016

	INDIVIDUAL	GROUP: 3-7	GROUP: 8+	GROUP: 15+
Early Bird (Deadline: April 25, 2016)	❑ **$229** + 13% HST	**$219** + 13% HST	**$209** + 13% HST	**$179** + 13% HST
Regular	❑ **$249** + 13% HST	**$239** + 13% HST	**$229** + 13% HST	**$199** + 13% HST

20 Proven & Effective Self-Regulation Strategies - Lynne Kenney | Oakville, ON | May 10, 2016

	INDIVIDUAL	GROUP: 3-7	GROUP: 8+	GROUP: 15+
Early Bird (Deadline: April 26, 2016)	❑ **$229** + 13% HST	**$219** + 13% HST	**$209** + 13% HST	**$179** + 13% HST
Regular	❑ **$249** + 13% HST	**$239** + 13% HST	**$229** + 13% HST	**$199** + 13% HST

20 Proven & Effective Self-Regulation Strategies - Lynne Kenney | Ottawa, ON | May 11, 2016

	INDIVIDUAL	GROUP: 3-7	GROUP: 8+	GROUP: 15+
Early Bird (Deadline: April 27, 2016)	❑ **$229** + 13% HST	**$219** + 13% HST	**$209** + 13% HST	**$179** + 13% HST
Regular	❑ **$249** + 13% HST	**$239** + 13% HST	**$229** + 13% HST	**$199** + 13% HST

EARLY BIRD DEADLINE
Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES
Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. ***Lunches are not included.***

GROUP REGISTRATION
Groups do not have to work in the same school or agency. Group registration must be completed online at: ***www.registration.jackhirose.com.***

▸ STEP 3 – PAYMENT

❑ Visa Credit Card # Expiry /

❑ MasterCard Cardholder Name

❑ Cheque Signature Cheque #

WORKSHOP FEE DISCOUNTS

GROUP DISCOUNTS	1 Day Workshop	2 Day Workshop
3-7 Registrants	**$10** off / person	**$15** off / person
8+ Registrants	**$20** off / person	**$30** off / person
15+ Registrants	**$50** off / person	**$75** off / person

All groups must register online at: **registration.jackhirose.com**

ONLINE REGISTRATION DISCOUNT
Save **$10** on registration fees for online registrations.
Enter promo code **SAVE10ON** at **registration.jackhirose.com.**

EARLY-BIRD DISCOUNTS
To receive the early bird rate, all workshop fees must be paid in full prior to the specified cut-off date. Registration forms submitted without payment will not be processed, and will not guarantee the early-bird rate.

WORKSHOP AIDE DISCOUNTS
Save **$115** on a one-day workshop, **$190** on a two-day workshop.
By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email **registration@jackhirose.com**

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).
The number of course credits will vary for each event. See the event listing for specific workshop accreditation.

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

OAKVILLE: HOLIDAY INN & SUITES OAKVILLE AT BRONTE
2525 Wyecroft Road | 905-847-1000

OTTAWA: HOLIDAY INN OTTAWA EAST
1199 Joseph Cyr Street, | 613-744-1060

LONDON: BEST WESTERN PLUS LAMPLIGHTER HOTEL
591 Wellington Road | 519-681-7151

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.
Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY
All cancellations must be submitted by email at **registration@jackhirose.com**. Non-attendance at a workshop will not be grounds for any or partial refund / credit under any circumstances. **Refunds will be available minus a $40 administration fee** for cancellations made five business days or more prior to the event. **No refund or credit under any circumstances will be available for cancellations less than five full business days prior to the event.** Exceptions to this will not be granted. If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES
Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at **certificates.jackhirose.com**. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS
Automatically sent by email when participants register and pay online. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from **certificates.jackhirose.com**.

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2 Day Child & Youth Focused Workshop

ADVANCED TRAINING – 2 DAY INTENSIVE

UNDERSTANDING & HELPING BEHAVIOURALLY CHALLENGING KIDS

Collaborative & Proactive Solutions

OAKVILLE, ON
MAY 12 & 13, 2016

ROSS W. GREENE
PH.D.

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1 Day Child & Youth Focused Workshop

20 PROVEN & EFFECTIVE SELF-REGULATION STRATEGIES

For Children with Sensory Disorders, Learning Disabilities, Anxiety & ADHD

LONDON, ON **MAY 9, 2016**
OAKVILLE, ON **MAY 10, 2016**
OTTAWA, ON **MAY 11, 2016**

LYNNE KENNEY
PSY.D.

WHO SHOULD ATTEND

K–12 Classroom Teachers, School Counsellors & Psychologists, Learning Assistance/ Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

All other professionals who support children and adolescents with behavioural challenges and complex learning needs including but not limited to:
Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

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See Registration Page for Deadlines

ADVANCED TRAINING – 2 DAY INTENSIVE

UNDERSTANDING & HELPING BEHAVIOURALLY CHALLENGING KIDS

Collaborative & Proactive Solutions

OAKVILLE, ON | THURSDAY, MAY 12 & FRIDAY, MAY 13, 2016 | 9:00 AM – 4:00 PM
Oakville Conference Centre | 2515 Wyecroft Road

THE 2 DAY INTENSIVE TRAINING PROVIDES PARTICIPANTS WITH THE OPPORTUNITY TO STUDY KEY facets of solving problems collaboratively, including coverage and practice in specific areas of implementation in school and clinical settings. Because exposure to this model may vary amongst participants, some time will be devoted to reviewing and ensuring familiarity with the basic elements of the model but the training is conducted in a manner that provides maximum opportunities for questions, interactions, practice and discussion.

Dear Prospective Participant,

I was thrilled when Jack Hirose offered me the opportunity to do a two day intensive training session in Oakville in May 2016. The 2 Day Intensive is such a great way for educators and mental health professionals to get greater exposure to and practice in my approach to understanding and helping behaviourally challenging kids. My model has evolved and been refined over the past five years, so this advanced training offers a great way to stay abreast of the updates as well. The intensive format provides lots of opportunity for discussion, questions, and really exploring the more nuanced aspects of the model. The trainings makes extensive use of videotaped examples of key facets of Solving Problems Collaboratively, and are conducted in a manner that provides maximum opportunities for questions, practice, interaction, and discussion.

If you have been using the model – whether in your school, facility, or clinical practice – I do hope you'll join me in May. I'll do everything I can to make this an informative and enriching learning opportunity.

I look forward to seeing you!

- Ross W. Greene, Ph.D.

LEARNING OBJECTIVES

- Identification of lagging skills and unsolved Problems using the ALSUP
- Providing a case formulation
- Prioritizing unsolved problems
- Use of the Plans framework Skilled "drilling for info" to clarify concerns
- Dealing with roadblocks commonly encountered in implementation
- What to do with kids who "won't talk"
- Strategies for "getting people on board" and "getting over the hump"
- The sequence and process of change

WORKSHOP AGENDA

DAY 1

- Segment 1: Overview of Key Themes and Assessment of Lagging Skills and Unsolved Problems (ALSUP)
- Segment 2: Video of ALSUP Being Used
- Segment 3: Practice and Feedback on Using the ALSUP
- Segment 4: The Plans and Plan B

DAY 2

- Segment 1-3: Video of Plan B and Discussion
- Segment 4: Video and Discussion of Plan B with Special Populations

FEEDBACK FROM PAST PARTICIPANTS

"Ross Greene is a phenomenal speaker. I could attend everything he would be presenting. He is amazing in content, presentation and interaction with the class. This subject will change my life with my wife and son."

– Ross L, Edmonton, AB

"Ross's work is so excellent and so helpful. He always helps me to be a better psychologist for people with unsolved problems."

– Dr. Allan, Oakville, ON

ROSS W. GREENE, PH.D.

Ross W. Greene, Ph.D., is the originator of the *Collaborative Problem Solving* approach (now known as ***Collaborative & Proactive Solutions***), as described in his influential books *The Explosive Child* (now in a completely updated fifth edition) and *Lost at School* (now in a revised second edition). He is also the Founding Director of the non-profit *Lives in the Balance* (**livesinthebalance.org**), which provides a vast array of free, web-based resources on his model and advocates on behalf of behaviourally challenging kids and their parents, teachers, and other caregivers. Dr. Greene served on the teaching faculty at Harvard Medical School for over 20 years (1992 to 2014), and is currently adjunct associate professor in the Department of Psychology at Virginia Tech. He lectures and consults widely throughout the world, and has authored articles, chapters, and research papers.

WHO SHOULD ATTEND

- K–12 Classroom Teachers
- School Counsellors/Psychologists
- Learning Assistance/Resource Teachers
- School Administrators
- School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers
- All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

AUTHOR
The Explosive Child (5th Edition)
Lost at School (2nd Edition)

20 PROVEN & EFFECTIVE SELF-REGULATION STRATEGIES

For Children with Sensory Disorders, Learning Disabilities, Anxiety & ADHD

LONDON, ON	OAKVILLE, ON	OTTAWA, ON
MONDAY, MAY 9, 2016	TUESDAY, MAY 10, 2016	WEDNESDAY, MAY 11, 2016
9:00 AM – 4:00 PM	9:00 AM – 4:00 PM	9:00 AM – 4:00 PM
Best Western Lamplighter Inn 591 Wellington Rd	Oakville Conference Centre 2515 Wyecroft Road	Holiday Inn Ottawa East Hotel 1199 Joseph Cyr St

THIS ONE-DAY WORKSHOP WILL GIVE YOU 20 EFFECTIVE SELF REGULATION STRATEGIES TO better understand and intervene with children who have challenges with sensory processing, dysregulation, anxiety and executive function. Dr. Kenney will integrate research from neuroscience, kinesiology, occupational therapy, music and speech/language therapy. We will explore cognitive and movement activities to improve learning and behaviour.

With improvements in research methodologies utilizing fMRI to measure brain activation, we are quickly learning that the behaviour management techniques commonly used in the past not only are ineffective but may increase stress which decrease both thinking skills and self-regulation in children and adolescents. Establishing secure connections with kids, partnering with them in problem solving and using neuro-biologically rooted strategies such as solid nutrition, music, art and movement are more effective ways to improve both learning and behaviour.

Parents, teacher and clinicians are looking for empirically-based methods of behavioural intervention that move away from punishment and consequences to improve learning and behaviour. Grounded in neuroscience, integrating the most current research in music and movement, Dr. Lynne Kenney's techniques help grow compassionate children with better thinking and self-regulation skills.

Improving Behaviour and Learning via Better Executive Function and Self-Regulation Skills

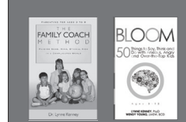
Higher functioning cognitive skills such as organization, planning, previewing, inhibition and self-regulation are essential for successful social, academic and interpersonal development. These are skills that some children are born with, but many are not. The great news! We can teach skill sets to children that will calm their bodies and their brains, enhance their thinking, improve their learning and help them to become healthier social beings.

Through the use of case studies and interactive demonstration, Dr. Lynne Kenney co-author of *Bloom: 50 Things to Say, Think and Do With Anxious, Angry and Over-The-Top Kids* will provide you with practical, effective and easily adaptable skill-building techniques and tools for children and adolescents with behaviour and mood management issues. Leave this workshop with strategies, activities and tools for your office, home and school to help children and adolescents achieve their full behavioural, academic and social potential.

LYNNE KENNEY, PSY.D.

Lynne Kenney, Psy.D., is a mother of two, a practicing pediatric psychologist and media host in Scottsdale, AZ. Author of *The Family Coach Method* and co-author of *Bloom: Helping Children Blossom*, she has advanced fellowship training in forensic psychology and developmental pediatric psychology from Massachusetts General Hospital/ Harvard Medical School and Harbor-UCLA/ UCLA Medical School. Dr. Kenney is one of "the most accessible pediatric experts," in the US. Recently named one of the Top 100 Docs to "Listen to" on Twitter, Dr. Kenney is a featured expert in *Parents, Parenting and People* Magazines as well as various child/family websites including *realsimple.com, momtastic.com, socialmoms.com* and the new Dr. Oz expert site *sharecare.com*.

You can find hundreds of free resources at www.lynnekenney.com.



AUTHOR
The Family Coach Method
CO-AUTHOR
Bloom: 50 Things to Say, Think, and Do...

WORKSHOP AGENDA – KEY TOPICS COVERED

PART I: The Collaborative Mindset: Behaviour Change to Last a Life-Time
- Improve Behaviour with Communication, Collaboration and Kindness

PART II: The Science of How We Think, Feel and Do
- How The Brain Learns Best

PART III: Using Musical Thinking for Better Cooperation and Learning
- Introducing Musical Thinking and The Love Notes Quartet
- Executive Function
- Academics
- Behaviour

PART IV: Thinking Interventions for Executive Function and Self-Regulation
- Exploring the Utility and Meaning of EF Domains
- Applying Cognitive Strategies
- Maximizing Attention
- Putting A Bow On It
- Story Telling and Narrative Language
- Using Task, Lists and Prioritizing

PART V: It All Starts with How YOU Show Up
- Managing our Own Reactions/Button Pushers
- Proper Behaviour Begins in the Grocery Store
- What Educators/Clinicians Need to Know about Food and Neurotransmitters

PART VI: Self-Regulation is Energy Management
- The Energy Continuum - The Visual
- Physical Strategies

LEARNING OBJECTIVES

- Introduce teachers, clinicians and parents to the Bloom collaborative philosophy
- Apply current neuroscience research to a new paradigm of learning and behaviour change
- Introduce flexible and adaptable thinking and self-regulation activities to improve thinking skills
- Describe the roles of motor rhythm and timing in thinking, self-regulation, learning and behaviour
- Explain the role of the cerebellum in thinking and behavioural control
- Learn how to build neuronal pathways with cortico-cerebellar interventions
- Practice Bloom Brainsmarts™ interventions with an eye toward developing your own creative interventions