

ROSS W. GREENE & 6 OF NORTH AMERICA'S LEADING EXPERTS | EDMONTON, ALBERTA



Steven
G. Feifer
D.ED., NCSP



Lisa
Ferentz
LCSW



Lynne
Kenney
PSY.D.



Leah
Kuypers,
M.A., ED., OTR/L



Don
Meichenbaum
PH.D.



Lynn
Miller
PH.D.

THE ALBERTA SCHOOL-BASED MENTAL HEALTH CONFERENCE

with

ROSS W. GREENE, PH.D.



EARN UP TO
18 CEUs
FOR 3 DAY
ATTENDANCE

OCTOBER 26-28, 2016

3 Days | Wed-Fri
8:30AM – 4:00PM

EDMONTON, ALBERTA

Double Tree by Hilton
16615 109th Avenue NW

WHO SHOULD ATTEND

K-12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers.

All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

CONFERENCE VENUE & HOTEL

Double Tree by Hilton
16615 109th Ave NW, Edmonton, AB
Book a Room: 780-484-0821

DISCOUNTS

Early bird and group registration discounts available.

See website for rates and details.

1, 2 & 3 DAY REGISTRATION OPTIONS AVAILABLE

FOR MORE INFORMATION AND REGISTRATION: REGISTRATION.JACKHIROSE.COM | 1.800.456.5424

 **Ross W. Greene, PH.D.** is the originator of an empirically supported model of care now called Collaborative & Proactive Solutions, author of the influential books *The Explosive Child* and *Lost at School*, and founding director of the non-profit Lives in the Balance, which provides a vast array of free, web-based resources on his model and advocates on behalf of behaviourally challenging kids and their parents, teachers, and other caregivers. Dr. Greene served on the teaching faculty at Harvard Medical School for over 20 years (1992 to 2014), and is currently adjunct associate professor in the Department of Psychology at Virginia Tech. He lectures and consults widely throughout the world, and has authored articles, chapters, and research papers.

 **Leah Kuypers, M.A., ED.** has practiced as an OT/autism specialist in the school and clinical settings for the past 12 years, specializing in self-regulation and social learning. She has worked with students of all ages and challenges, including anxiety, ADHD, and ASD.

 **Steven G. Feifer, D.ED., NCSP** is an internationally renowned speaker and author in the field of learning disabilities and has conducted nearly 200 professional seminars for educators and psychologists. He has authored six books on learning and emotional disorders in children.

 **Don Meichenbaum, PH.D.,** is Distinguished Professor Emeritus, University of Waterloo. Dr. Meichenbaum is one of the founders of Cognitive Behavior Therapy. He is presently Research Director of the Melissa Institute for Violence Prevention in Miami, Florida. www.melissainstitute.org

 **Lisa Ferentz, LCSW** is an Internationally recognized expert in the treatment of trauma and has been in private practice for over 30 years. She presents workshops and keynote addresses throughout the US and Canada, and is a clinical consultant to practitioners and mental health agencies.

 **Lynn Miller, PH.D.** is a licensed psychologist, certified cognitive behaviour therapist, and is an Associate Professor Emeritus in the Education and Counseling Psychology and Special Education department at the University of British Columbia.

 **Lynne Kenney, PSY.D.** is a practicing pediatric psychologist and media host in Scottsdale, AZ. Dr. Kenney is one of “the most accessible pediatric experts,” in the US. Recently named one of the Top 100 Docs to “Listen to” on Twitter and a featured expert in Parents, Parenting and People Magazines.

DAY 1 | Wednesday, October 26, 2016

1st KEYNOTE

Ross W. Greene, PH.D.
8:30 AM – 10:15 AM

Collaborative & Proactive Solutions:
Fostering the More Positive Side of Human Nature

Dr. Greene’s Collaborative & Proactive Solutions (CPS) model has historically been applied to kids with social, emotional, and behavioural challenges. But the model is equally applicable to less challenging kids, especially if caregivers are interested in teaching the skills that foster the more positive side of human nature.

2nd KEYNOTE

Leah Kuypers, M.A., ED.
10:30 AM – 12:00 PM

The Zones of Regulation

Self-Regulation is a skill everyone needs to manage the daily trials and tribulations. Sometimes we become incapacitated to cope, and with all the pressures on our children and youth, all too often we are seeing more self-regulation needs in this general population. Managing emotions and monitoring behaviours is a particular challenge for some. Self-regulation skills need to be taught and learned so that our children and youth have the capacity to manage everyday conflicts, preserve under stress and maintain a mentally healthy state of being.

AFTERNOON CONCURRENT SESSIONS

Ross W. Greene, PH.D.
1:15 PM – 4:00 PM

A The Assessment of Lagging Skills and Unsolved Problems

If you want to help solve the problems that are setting in motion challenging behaviour, identify the skills that are contributing to those problems, and stop focusing on a kid’s challenging behaviour (and modifying it), you’ll need to identify to those lagging skills and unsolved problems. Fortunately, there’s an instrument – the *Assessment of Lagging Skills and Unsolved Problems* – to help you do it, and in this workshop, Dr. Greene teaches you how to use it.



Leah Kuypers, M.A., ED.
1:15 PM – 4:00 PM

B The Zones of Regulation

The Zone of Regulation workshop provides teachers, therapists and parents with hands-on knowledge on the nature of self-regulation and strategies for improving self-regulation and emotional control in individuals of all ages. The workshop addresses topics such as: the brain’s involvement, typical development, sensory processing, emotional regulation, and executive functioning. Audience participants will learn an explicit, stair-stepped method and tools to guide students in utilizing The Zones framework across situations and environments to regulate sensory needs, impulses, and emotional states to social demands. Visuals and student work samples are highlighted to illustrate numerous learning activities.

Steven G. Feifer, D.ED., NCSP
1:15 PM – 4:00 PM

C The Neuropsychology of Reading & Written Language Disorders: A Framework for Effective Interventions

We will examine reading from a brain-based educational perspective, and classify developmental reading disorders into four distinct subtypes. Steven will discuss the Feifer Assessment of Reading battery, a comprehensive and innovative new reading test designed to examine the underlying cognitive and linguistic processes that supports proficient reading skills. Steven will also explore the neuropsychological underpinnings of the writing process to assist educators and mental health professionals in both diagnosing and remediating written language disorders in children.



Ross W. Greene, PH.D.
1:15 PM – 4:00 PM

A Introduction to Plan B

When you’re solving problems collaboratively, you’re partnering with kids so solve the problems that affect their lives, improving communication, enhancing relationships, coming to solutions that are more durable and effective, and teaching lagging skills. In this workshop, Dr. Greene will review the basics.

Don Meichenbaum, PH.D.
1:15 PM – 4:00 PM

B How to Make an Aggressive and Violent Youth: Implications for Prevention and Treatment Interventions

Aggressive behaviour is relatively stable throughout development. This workshop will consider the multiple pathways by which boys versus girls develop aggressive behaviours and the implications for both prevention and treatment. Specific guidelines and interventions will be offered on what can be done on a school-wide basis (for example, reading comprehension programs, bully prevention and parent involvement), and on a more in depth basis involving principals, school counselors and psychologists, and ways to conduct wrap around services. A consideration of what “works” and what makes things “worse”.

Lisa Ferentz, MSW
1:15 PM – 4:00 PM

C Understanding & Working with the Developmental Challenges of Adolescence

Parents, teachers, and helping professionals often struggle in their interactions with adolescents: misreading their moods and needs, and inadvertently communicating in ways that create tension and increase disconnection. This workshop will offer adults new insights into adolescent development and the adolescent brain, which will increase their understanding and empathy towards teenagers. We will reframe “difficult” adolescent behaviours, giving participants a new way to understand and work with “resistance” and “non-compliance.” Particular attention will be paid to fostering cooperation and improving communication with adolescents.



Ross W. Greene, PH.D.
1:15 PM – 4:00 PM

A Advanced Plan B

If you’re clear on the basics, you’re ready for the more nuanced aspects of solving problems collaboratively, including strategies for gathering information about kids’ concerns, helping non-communicative kids express their concerns, dealing with defensiveness, and coming to realistic and mutually satisfactory solutions. Lots of sample videos in this workshop.

Lynn Miller, PH.D.
1:15 PM – 4:00 PM

B Worries & Woes: Dealing with Anxiety Disorders in School Age Children

The workshop provides the most current, evidence informed model for how anxiety develops in children and adolescents, and how therapists, health care providers and education professionals can engage kids and families in learning to manage anxiety. Emphasis will be placed on diagnosis and effective interventions for each anxiety disorder subtype. Practical diagnostic and treatment strategies can be applied immediately, using DSM-5 classification of anxiety. Participants will learn the fundamentals of CBT in fun and effective ways, leaving with practical skills to use with children, teens and families.

Lynne Kenney, PSY.D.
1:15 PM – 4:00 PM

C 20 Proven & Effective Self-Regulation Strategies

Higher functioning cognitive skills such as organization, planning, previewing, inhibition and self-regulation are essential for successful social, academic and interpersonal development. These are skills that some children are born with, but many are not. We can teach skill sets to children that will calm their bodies and their brains, enhance their thinking, improve their learning and help them to become healthier social beings. Through the use of case studies and interactive demonstration, Dr. Lynne Kenney will provide you with practical, effective and easily adaptable skill-building techniques and tools for children and adolescents with behaviour and mood management issues.

DAY 2 | Thursday, October 27, 2016

1st KEYNOTE

Don Meichenbaum, PH.D.
8:30 AM – 10:15 AM

Ways to Make Schools Safer, More Inviting and More Effective

Teachers are confronted by beginning students who may differ by as many as two to three grade levels and this educational gap is likely to increase over their years of schooling. This gap contributes to a high school drop out rate. In short, “smart” students keep getting smarter and the less school-ready students fall further and further behind. This keynote will consider how these differences emerge and offer specific ways to close this educational gap. How to make schools more inviting, safer and more pedagogically effective will be considered.

2nd KEYNOTE

Lisa Ferentz, LCSW
10:30 AM – 12:00 PM

The Impact of Trauma on Children

In this keynote address we will explore the attachment styles that develop in dysfunctional and toxic families and the inherent challenge it creates for children when they are forced to stay connected to abusive caretakers. We will also process the long-term cognitive, behavioral, social, and emotional impact of trauma, abuse, and neglect. Participants will learn about factors that exacerbate the symptoms as well as mitigating factors that can reduce the impact on a child’s evolving development. Videotapes, clients’ artwork and case scenarios will give participants a greater understanding.

AFTERNOON CONCURRENT SESSIONS

Don Meichenbaum, PH.D.
1:15 PM – 4:00 PM

B How to Make an Aggressive and Violent Youth: Implications for Prevention and Treatment Interventions

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Lisa Ferentz, MSW
1:15 PM – 4:00 PM

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Ross W. Greene, PH.D.
1:15 PM – 4:00 PM

A Advanced Plan B

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DAY 3 | Friday, October 28, 2016

1st KEYNOTE

Lynn Miller, PH.D.
8:30 AM – 10:15 AM

Worries & Woes: Dealing with Anxiety Disorders in School Age Children

Anxiety disorders are the most common form of psychological distress reported by children and adolescents, and can interfere significantly in the lives of children. An anxiety disorder is a level of anxiety or worry that interferes with daily functioning, either with peer relationships, academic performance, or in family routines. Interference can range from reluctance to go to school, to withdrawing from sports and extra curricular activities, to being completely home bound.

2nd KEYNOTE

Lynne Kenney, PSY.D.
10:30 AM – 12:00 PM

20 Proven & Effective Self-Regulation Strategies: For Children with Sensory Disorders, Learning Disabilities, Anxiety and ADHD

This keynote will give you 20 effective self regulation strategies to better understand and intervene with children who have challenges with sensory processing, dysregulation, anxiety and executive function. Dr. Kenney will integrate research from neuroscience, kinesiology, occupational therapy, music and speech/ language therapy. We will explore cognitive and movement activities to improve learning and behaviour.

REGISTRATION FORM *The Alberta School-Based Mental Health Conference*

► STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] Work Fax []

Email _____

☐ **Yes**, I want to stay informed of upcoming events, exclusive offers, and receive the quarterly e-newsletter.

► STEP 2 – SELECT ATTENDING DATE(S) | Please check off attending dates.

I will be attending: ☐ **DAY 1** - October 26 ☐ **DAY 2** - October 27 ☐ **DAY 3** - October 28

► STEP 3 – SELECT APPLICABLE FEE | Please check off applicable registration fee.

 Individual	1 DAY	2 DAYS	3 DAYS
<i>Early-bird Fee</i>	☐ \$249 + 5% GST	☐ \$449 + 5% GST	☐ \$619 + 5% GST
<i>Regular Fee</i>	☐ \$269 + 5% GST	☐ \$469 + 5% GST	☐ \$639 + 5% GST

 Groups	3-7	8-14	15 OR MORE
<i>Early-bird Fee</i>	\$599 + 5% GST	\$579 + 5% GST	\$519 + 5% GST
<i>Regular Fee</i>	\$619 + 5% GST	\$599 + 5% GST	\$539 + 5% GST

Early Bird Cutoff Date: October 12, 2016 - Registration and payment must be received by this date.

Group Rate: Online registration only and individuals must attend all 3 days to be eligible for group discounts.

Fee includes: Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunch not included.

Upon receipt of registration and payment, an emailed confirmation notice will be sent.

► STEP 4 – PAYMENT

☐ Visa ☐ MasterCard ☐ Cheque

Credit Card # _____ Expiry _____ / _____

Cardholder Name _____

Signature _____ Cheque # _____

4 WAYS TO REGISTER



ONLINE
registration.jackhirose.com



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registration@jackhirose.com



PHONE or FAX
See numbers below right



MAIL
See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: GREENE10AB
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EARLY BIRD DISCOUNT
Deadline: October 12, 2016



GROUP DISCOUNTS (online only)
See Step 3 for Savings & Fees.

EXHIBITOR OPPORTUNITIES
JACKHIROSE.COM/EXHIBIT

As an exhibitor at this conference, you will receive an exclusive opportunity to network with our participants and educate them on your program. You will have space to display promotional materials and showcase your organization or business.

DISCOUNTED CONFERENCE RATES

ONLINE REGISTRATION DISCOUNT

Save **\$10** on registration fees for online registrations.

Enter promo code **GREENE10AB** at registration.jackhirose.com.

GROUP DISCOUNTS

Groups of 3-7: Save **\$20** per person

Groups of 8+: Save **\$40** per person

Groups of 15+: Save **\$100** per person

Individuals must attend all 3 days to be eligible for group discounts.

All groups must register online to receive the group discount.

Register your group at: registration.jackhirose.com

CONFERENCE AIDE DISCOUNT

Save **\$290** on the conference registration fee. By working as an assistant to the conference director, conference aides will receive a discount. Conference aides must arrive by 7:00am on all days of the conference and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the conference. Please keep in mind that we can accommodate a maximum of 6 conference aides. To apply for the conference aides program, please email registration@jackhirose.com

EARLY BIRD DISCOUNTS

To receive the early bird rate, all conference fees must be paid in full prior to the specified cut-off date. Registration forms submitted without payment will not be processed, and will not guarantee the early bird rate. To receive the regular rate, all conference fees must be paid in full prior to the event date. Participants with a balance owing must pay at the door.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Call and request the Jack Hirose & Associates corporate rate. Guests need to reference "Jack Hirose".

Book by September 25, 2016.

DOUBLE TREE BY HILTON WEST EDMONTON

16615 109th Ave NW, Edmonton, AB | 780-484-0821

Deluxe 2 Queen or 1 King: \$149+tax **1 King Suite:** \$169+tax

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only. Jack Hirose & Associates Inc. reserves the right to cancel a event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY

All cancellations must be submitted by email to registration@jackhirose.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds** will be available **minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** Exceptions to this will not be granted.

If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES

Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Certificates are intended for continuing education credit purposes. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS

Automatically sent by email when participants register and pay online. Please be aware spam filters can block email receipts. Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



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