

MENTAL HEALTH ISSUES IN THE CLASSROOM

Practical Strategies for Helping Children & Adolescents Succeed

OAKVILLE | NOVEMBER 12, 2018 | 9AM – 4PM
Oakville Conference Centre | 2515 Wyecroft Rd

OTTAWA | NOVEMBER 15, 2018 | 9AM – 4PM
Holiday Inn Ottawa East | 1199 Joseph Cyr St

Join child/adolescent behavioural expert, Jay Berk, PhD, and learn how to best manage the students at your school diagnosed with Oppositional Defiant Disorder (ODD), Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), mood disorders, anxiety and depression.

You will walk away with concrete, yet practical, strategies to successfully intervene with their serious behavioural issues, such as:

- Anger & Outbursts • Meltdowns & Tantrums
- Cutting & Self-Injury • Obsessive Compulsive
- Defiance • Truancy • Impulsivity • Rigidity
- Sensory issues • Electronic addiction

Through case studies, video clips and dynamic class discussion you will learn:

- 30 second teacher strategies to manage challenging and disruptive behaviours
- New ways to reduce the costs of out-of-district placements
- How to engage students in class, increase productivity and reduce truancy
- Behavioural assessments & strategies for the IEP team
- Side-effects of common psychotropic medications
- How skill deficits from mental health conditions create behavioural difficulties
- Characteristics of at-risk students' mental health problems
- Strategies to gain collaboration with clinicians

LEARNING OBJECTIVES

- Differentiate behavioural choices and mental health-driven behaviours.
- Explain the effective uses of medications and potential side effects that can appear as misbehaviours.
- Describe how to implement various school-based strategies, used in collaboration with community clinicians, to intervene when behavioural issues arise from mental health conditions.

HIGH FUNCTIONING AUTISM

Proven & Practical Interventions

OAKVILLE | NOVEMBER 13, 2018 | 9AM – 4PM
Oakville Conference Centre | 2515 Wyecroft Rd

OTTAWA | NOVEMBER 16, 2018 | 9AM – 4PM
Holiday Inn Ottawa East | 1199 Joseph Cyr St

This intensive, full-day workshop provides proven intervention strategies, essential treatment tools, and behavioural techniques to help you analyze behaviours and actions, identify consequences for behaviours, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behaviour changes and overcoming challenging co-occurring behaviours that deliver success through adulthood.

The challenging co-occurring issues to be addressed include:

- Social Skills • Communication • Sensory
- Anxiety/Rigidity • Depression
- Meltdowns & Tantrums • ADHD • OCD
- Psychotropic Medications • Non-Compliance

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5® diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Don't just manage these individuals; provide interventions that lead to successful independence into their adult years!

LEARNING OBJECTIVES

- Utilize several social skill interventions to improve long-term success for children/adolescents with HFA
- Employ specific coping and calming techniques for children/adolescents with HFA
- Identify medication side effects that can mimic behavioural issues and may even cause behavioural issues
- Design effective strategies for successful transitions for children/adolescents with HFA



JAY BERK, PH.D.

Jay Berk, Ph.D., is a licensed clinical psychologist and an internationally recognized expert in the child/adolescent behavioural field who brings both a clinical and education perspective to his work with children, adolescents and their families. For over 25 years, Dr. Berk has been treating clients with ODD, ADHD, autism, anxiety and stress, depression, learning disabilities, Tourette's Syndrome and individuals who have Autism Spectrum Disorder. He conducts 15 social skills/mental health groups for children and adolescents and works daily with school and community professionals, families and parents. Dr. Berk continually consults for several school districts. In his private practice, in Beachwood, Ohio, he provides therapy for children, adolescents, families, testing and evaluation, school consultation as well as designed and facilitates alternative educational program.

“Dr. Berk is an exceptional presenter. This is the first workshop that I have attended and felt like the presenter has lived and worked with the material! Fantastic presenter and workshop!!”

WHO SHOULD ATTEND

Education and Clinical Professionals:

K–12 Classroom Teachers, School Counsellors/Psychologists, Learning Assistance/ Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers, Police Officers, and Early Childhood Educators.

Parents, Caregiver, Foster Parents, Grandparents, and Extended Family raising a child.

EARLY BIRD DISCOUNT - SAVE \$20!

REGISTRATION FORM

Ontario Workshops | Fall 2018

STEP 1 – CONTACT INFO

Name		
Position	School / Organization	
Address		
City	Province	Postal Code
Work Phone []	Work Fax []	
Email		

STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (13% HST)

	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
Mental Health Issues in the Classroom - Jay Berk Oakville, November 12, 2018					
Early Bird (Before October 29)	☐ \$229	☐ \$214	☐ \$199	☐ \$179	\$179
Regular	☐ \$249	☐ \$234	☐ \$219	☐ \$199	\$199
High Functioning Autism - Jay Berk Oakville, November 13, 2018					
Early Bird (Before October 30)	☐ \$229	☐ \$214	☐ \$199	☐ \$179	\$179
Regular	☐ \$249	☐ \$234	☐ \$219	☐ \$199	\$199
2 Day Option Attend Both Jay Berk Workshops in Oakville November 12 & 13, 2018					
Early Bird (Before October 29)	☐ \$409	☐ \$389	☐ \$369	☐ \$349	\$349
Regular	☐ \$429	☐ \$409	☐ \$389	☐ \$369	\$369
Mental Health Issues in the Classroom - Jay Berk Ottawa, November 15, 2018					
Early Bird (Before October 31)	☐ \$229	☐ \$214	☐ \$199	☐ \$179	\$179
Regular	☐ \$249	☐ \$234	☐ \$219	☐ \$199	\$199
High Functioning Autism - Jay Berk Ottawa, November 16, 2018					
Early Bird (Before November 1)	☐ \$229	☐ \$214	☐ \$199	☐ \$179	\$179
Regular	☐ \$249	☐ \$234	☐ \$219	☐ \$199	\$199
2 Day Option Attend Both Jay Berk Workshops in Ottawa November 15 & 16, 2018					
Early Bird (Before October 31)	☐ \$409	☐ \$389	☐ \$369	☐ \$349	\$349
Regular	☐ \$429	☐ \$409	☐ \$389	☐ \$369	\$369

• Early bird deadline is 14 days prior to the workshop date

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 3 – PAYMENT

☐ Visa	Credit Card #	Expiry	/
☐ MasterCard	Cardholder Name		
☐ Cheque	Signature	Cheque #	

4 WAYS TO REGISTER



ONLINE

registration.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE or FAX

See numbers below right



MAIL

See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: ONSAVE10
registration.jackhirose.com



EARLY BIRD DISCOUNT
Deadline: See Step 2 for Deadlines.



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

OAKVILLE

HOLIDAY INN OAKVILLE: 2525 Wycroft Rd - 905.847.1000
STAYBRIDGE SUITES OAKVILLE: 2511 Wycroft Rd - 905.847.2600

OTTAWA

HOLIDAY INN OTTAWA EAST: 1199 Joseph Ctr St - 613.744.1060

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund/credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at registration.jackhirose.com/certificates. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



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& ASSOCIATES INC.
— JACKHIROSE.COM —

Complete & Return with Payment:

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