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Quality workshops & community resources

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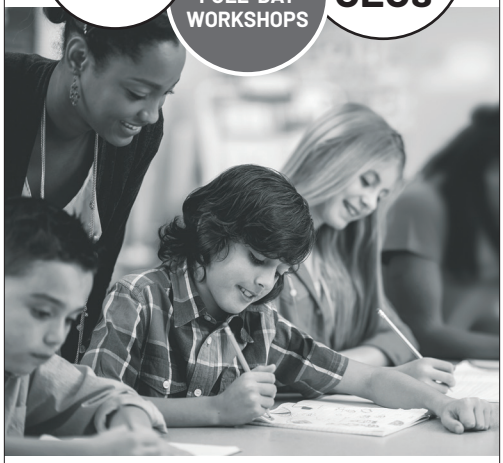
Spring 2019 | British Columbia

Mental Health Workshops & Conferences

SINCE 1998 — 20 YEARS OF WORKSHOPS

Educator's CONFERENCE

11 EXPERTS | 15 FULL-DAY WORKSHOPS | EARN UP TO 18 CEUs



BRAIN-BASED LEARNING, BEHAVIOURAL CHALLENGES & MENTAL HEALTH

A PROFESSIONAL CONTINUING EDUCATION EVENT PRE-KINDERGARTEN TO 12TH GRADE

CALGARY, ALBERTA
MAY 8–10, 2019

COAST PLAZA HOTEL & CONFERENCE CENTRE
1316 33rd Street NE

REGISTER AT JACKHIROSE.COM

2 Day & 3 Day Child & Youth Focused Intensives

WORKING WITH OPPOSITIONAL, DEFIANT & ANGER ISSUES WITH CHILDREN & ADOLESCENTS

2 DAY INTENSIVE
RICHMOND
APRIL 24 & 25, 2019

3 DAY INTENSIVE
BANFF
JULY 15–17, 2019

JAY BERK, PH.D.

"Dr. Berk is an exceptional presenter. This is the first workshop that I have attended and felt like the presenter has lived and worked with the material! Fantastic presenter and workshop!!"

Jay Berk, Ph.D., is a licensed clinical psychologist and an internationally recognized expert in the child/adolescent behavioural field who brings both a clinical and education perspective to his work with children, adolescents and their families. For over 25 years, Dr. Berk has been treating clients with ODD, ADHD, autism, anxiety and stress, depression, learning disabilities, Tourette's Syndrome and individuals who have Autism Spectrum Disorder. He conducts 15 social skills/mental health groups for children and adolescents and works daily with school and community professionals, families and parents. Dr. Berk continually consults for several school districts. In his private practice, in Beachwood, Ohio, he provides therapy for children, adolescents, families, testing and evaluation, school consultation as well as designed and facilitates alternative educational program.

WORKING WITH OPPOSITIONAL, DEFIANT & ANGER ISSUES IN CHILDREN & ADOLESCENTS

RICHMOND, BC | 2 DAY INTENSIVE
APRIL 24 & 25, 2019
Executive Airport Plaza Hotel Richmond
7311 Westminster Hwy

BANFF, AB | 3 DAY INTENSIVE
JULY 15–17, 2019
Banff Park Lodge Resort
222 Lynx Street

Children diagnosed with Oppositional Defiant Disorder (ODD) can present a monumental challenge to therapists, teachers, parents and siblings. ODD and other conduct problems are the single greatest reasons for referrals to outpatient and inpatient mental health settings for children, accounting for at least half of all referrals. Complicating the success of therapeutic interventions is the high rate of comorbidity with anxiety and depressive disorders or ADHD.

Current research also correlates a variety of cognitive skill deficits including executive function, emotional regulation, language processing, and social processing. These complicating comorbidities and correlations mean that ODD often requires multidisciplinary assessment and components of mental health care, case management, and educational intervention for clients to improve.

This dynamic workshop will address a full range of behavioural disturbances, from mild to severe, in order to identify the therapeutic techniques that have proven effective. Participants will review and discuss strategies which can be immediately applied across a variety of settings including home, community, social groups, classrooms, or therapeutic.

Participants will examine the intersection of ODD with a variety of issues such as trauma, ADD, learning disabilities, bipolar disorder, and depression and discuss how these affect and alter treatment decisions. Participants will leave this workshop with a much improved diagnostic and treatment approach to ODD and other behavioural disorders.

Benefits to Attending
- Beyond behaviour charts – Truly intervene with difficult behaviours
- Disruptive Mood Dysregulation Disorder & important DSM-5 updates
- The #1 reason families inadvertently fuel defiant behaviours
- How staff and clinicians may be fueling exactly what they are trying to stop
- Why child/adolescent "terrorist behaviours" work

JAY BERK, PH.D.

"Loved the humour he used throughout. Loved the format of audience participation, chatting with the group, slides, videos, and how open Dr. Berk is to questions. Could listen to him all day!!"

LEARNING OBJECTIVES

1. Identify oppositional behaviour and causes.
2. Implement strategies with the child/adolescent who refuses to talk.
3. Describe why "regular" strategies (rewards, punishments) don't work and ways to improve.
4. Differentiate oppositional behaviours caused by ASD and ADHD.
5. Design and implement intervention strategies to reduce passive aggressive, disruptive and violent behaviours.
6. Write and implement effective behaviour plans for the classroom.
7. Reduce the disruptive impact and risk to other children or adolescents in the classroom, family or group.

DAY 1 & 2 AGENDA (RICHMOND & BANFF)

Today's Impact on Behaviour in Children/ Adolescents
» DSM-5 updates
» Diagnosis of disruptive mood dysregulation disorder
» Impact of technology on behaviours
» Changes in schools systems and mental health delivery
» Non-verbal problem solving

Why Children Become Oppositional & Defiant
» Splitting issues
» Problem solving errors
» Rage cycles

The Diagnosis of Oppositional Defiant Disorder
» Impact on service delivery
» The important difference between ODD and conduct disorder

Related Issues/Disorders that Impact Oppositional Behaviours
» ASD
» Sensory processing disorder
» ADHD OCD
» Learning disabilities
» Tourette's
» Poverty and others

The Impact of Medications
» Efficacy
» Medication trends
» Essential considerations regarding side effects
» Is there a medication for oppositional behaviours?

Intervention Strategies to Reduce Passive Aggressive, Disruptive & Violent Behaviours
» Individual/group/classroom
» Create immediate changes in behaviour
» Strategies for aggressive behaviours without restraints
» Ways to recognize and recover

Intervention Strategies That Do Not Work & How to Fix Them
» Pitfalls in behaviour plans and how to effectively revise
» Effective strategies with minimal staff time

Intervention Options in a Variety of Settings
» Creative problem solving techniques
» Methods to reduce maladaptive problem solving

Strategies to Work with Parents & Staff Members
» Resistant and non-disciplining parents
» Keeping your team effective
» Dealing with burned out staff members

DAY 3 AGENDA (BANFF ONLY)

"Magic Dust"
Additional Proven & Effective Strategies
» Collecting baseline information and temperature reads
» Approaching parents and helping them become part of the solution
» Videotaping out of control behaviour and calm times
» Implementing and adhering to a reinforcement schedule before the outburst or anger episode
» Attention and people time as reinforcers
» Focusing on what went right and building on successes
» Reflecting on cognitions to improve acting out behaviour
» Teaching children healthy boundaries and over attachment to individuals
» Pacing the medication and working on the parent's or child's concern about medication
» Oppositional kids and inconsistent parenting
» Who is in control?
» Different rules, different places
» Fair vs Equal
» Sending powerful messages to a child
» Community supports

Educator's CONFERENCE

A PROFESSIONAL CONTINUING EDUCATION EVENT
PRE-KINDERGARTEN TO 12TH GRADE

BRAIN-BASED LEARNING, BEHAVIOURAL CHALLENGES & STUDENT MENTAL HEALTH

MAY 8–10, 2019
Wednesday - Friday
9:00am - 4:00pm

CALGARY, ALBERTA
COAST PLAZA HOTEL & CONFERENCE CENTRE
1316 33rd Street NE

TOPICS INCLUDE:

- ✓ Neuropsychology of Reading & Written Language Disorders
- ✓ Is it Disability Behaviour or Just Disruptive Behaviour
- ✓ Practical Classroom Management Strategies
- ✓ Captivate, Activate & Invigorate the Student Brain in Science & Math
- ✓ Over 30 Proven & Effective Brief Interventions for Students with Emotional & Behavioural Problems
- ✓ Reaching & Teaching Students with Emotional Disturbance
- ✓ Life Skills: Practical Strategies That Work with Students
- ✓ What To Do After the Meltdown: Strategies for Prevention, Intervention & Instructional Consequences
- ✓ Rescuing the the Dysregulated Student
- ✓ Strengthening Executive Skills to Promote School Success
- ✓ Overcoming Anxiety Disorders with School-Age Children and Adolescents
- ✓ High Functioning Autism: Proven & Practical Interventions
- ✓ Neuropsychology of Emotional Disorders
- ✓ Fostering Resilience with Indigenous Children & Families

11 INTERNATIONALLY RENOWN EXPERTS

John T. Almarode
PH.D.

Meghan Barlow
PH.D.

Christine Dargon
PH.D.

Peg Dawson
ED.D., NCSP

Steven G. Feifer
D.ED., ABSNP

15 FULL-DAY WORKSHOPS
CHOOSE FROM 5 PER DAY

Monique Gray Smith

George McCloskey
PH.D.

Kathy Morris
M.ED.

Rebecca A. Moyes
M.ED.

Steven T. Olivas
PH.D., HSP

Eboni Webb
PSY.D.

PRESENTED BY

jack hirose & ASSOCIATES INC.
JACKHIROSE.COM

$10 OFF | PROMO CODE: EDUCATOR10

INFO & REGISTRATION: JACKHIROSE.COM | 1.800.456.5424 | 1, 2 & 3 Day Registration Options Available

REGISTRATION FORM

British Columbia Workshops | Spring 2019

STEP 1 – CONTACT INFO

Name

Position School / Organization

Address

City Province Postal Code

Work Phone [ ] Work Fax [ ]

Email

STEP 2 – SELECT WORKSHOP & APPLICABLE FEE

Fees do not include tax (5% GST)	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
2 DAY - Working with Oppositional, Defiant & Anger Issues - Jay Berk | Richmond, April 24 & 25, 2019					
Early Bird (Before April 10)	❑ **$449**	❑ **$429**	❑ **$409**	❑ **$389**	**$389**
Regular	❑ **$469**	❑ **$449**	❑ **$429**	❑ **$409**	**$409**
3 DAY - Working with Oppositional, Defiant & Anger Issues - Jay Berk | Banff, July 15–17, 2019					
Early Bird (Before June 17)	❑ **$619**	❑ **$599**	❑ **$579**	❑ **$559**	**$559**
Regular	❑ **$639**	❑ **$619**	❑ **$599**	❑ **$579**	**$579**

• *Early bird deadline is 14 days prior to the workshop date*

† *Please contact registration@jackrhiose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)*

STEP 3 – PAYMENT | FEES DO NOT INCLUDE TAX (5% GST)

❑ Visa
❑ MasterCard
❑ Cheque

Credit Card # Expiry /

Cardholder Name

Signature Cheque #

WHO SHOULD ATTEND

K–12 Classroom Teachers, School Counsellors & Psychologists, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers

All other professionals who support children and adolescents with behavioural challenges and complex learning needs including but not limited to: Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

"Great approach/style by Jay – good mix of humour/serious material. Dynamic speaker."

4 WAYS TO REGISTER

ONLINE
registration.jackhirose.com

EMAIL
registration@jackhirose.com

PHONE or FAX
See numbers below right

MAIL
See address below right

3 WAYS TO SAVE

$10 OFF — ONLINE PROMO CODE: BCSAVE10
registration.jackhirose.com

$20 OFF — EARLY BIRD DISCOUNT
See Step 2 for Deadlines.

UP TO $60 OFF — GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **$115** on a one-day workshop, **$190** on a two-day workshop and **$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email **registration@jackhirose.com**

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). ***The number of course credits will vary for each event. See the event listing for specific workshop accreditation.***

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

RICHMOND
Executive Airport Plaza Hotel Richmond
7311 Westminster Hwy | 604.278.5555

BANFF
Banff Park Lodge Resort & Conference Centre
222 Lynx Street | 403.762.4433

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund/credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:
- 14 business days or more prior to the event: refund, minus a $40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a $40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at **registration.jackhirose.com/certificates**. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from **certificates.jackhirose.com**.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM

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Complete & Return with Payment:

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North Vancouver, BC, Canada
V7H 0A6

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E registration@jackhirose.com