

2 Day Child & Youth Focused Workshop P.2

MAKING SENSE OF AGGRESSION

RICHMOND
OCTOBER 23 & 24, 2019



GORDON NEUFELD, PH.D.

1 Day Child & Youth Focused Workshop P.2

BULLIES Their Making & Unmaking

RICHMOND
OCTOBER 25, 2019

**BC TEACHERS
PRO-D DAY**

2 Day Clinical Focused Workshop P.3

ADVANCED MOTIVATIONAL INTERVIEWING

RICHMOND
NOVEMBER 25 & 26



HENNY WESTRA, PH.D.

1 Day Clinical Focused Workshop P.4

TRAUMA & ATTACHMENT ACROSS THE LIFESPAN Tools and Strategies to Address Complex Clients

RICHMOND
NOVEMBER 13, 2019



EBONI WEBB, PSY.D.

2 Day Clinical Focused Workshop P.7

2 DAY INTENSIVE: TRAUMA & ATTACHMENT ACROSS THE LIFESPAN Tools and Strategies to Address Complex Clients

VICTORIA
NOVEMBER 14 & 15, 2019

2 Day Clinical Focused Workshop P.5

RISKY BUSINESS Working with Compulsive & Self-Endangering Behaviours with Trauma Survivors

RICHMOND
NOVEMBER 14 & 15



JOHN BRIERE, PH.D.

1 Day Clinical Focused Workshop P.6

FAILURE TO LAUNCH Overcoming Delays in Independence

RICHMOND
NOVEMBER 27, 2019



RANDY PATERSON, PH.D.

2 Day Clinical Focused Workshop P.6

HOW TO TREAT DEPRESSION A CBT-Based Perspective

RICHMOND
NOVEMBER 28 & 29, 2019

2 Day Child & Youth Focused Workshop P.7

2 DAY INTENSIVE: WORKING WITH OPPOSITIONAL, DEFIANT, & ANGER ISSUES WITH CHILDREN & ADOLESCENTS

PRINCE GEORGE
DECEMBER 5 & 6



JAY BERK, PH.D.

MAKING SENSE OF AGGRESSION

RICHMOND | WEDNESDAY, OCTOBER 23 & THURSDAY, OCTOBER 24, 2019 | 9AM - 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

One of the foremost interpreters of the developmental approach tackles one of the oldest and most perplexing of human problems, exposing its deep developmental roots and revealing why conventional approaches to the problem are so ineffective. There are many indications that this problem is escalating among our children and youth. What tends to grab our attention is the more violating acts of aggression but what is truly alarming is the ground swell of attacking energy within and between our kids that erupts in their interaction, music, language, play, games and fantasies. This attacking energy is also fueling an alarming increase in suicide and suicidal ideation among children. Dr. Neufeld provides a way of understanding that not only explains what is happening around us but also provides insight into the individuals – both children and adults – who present with these problems. His approach is refreshingly sensible, historically accountable, and congruent with today's science of the brain. His conceptual model has clear implications for practice and treatment and is applicable in any arena: home, school or in treatment.

LEARNING OBJECTIVES

1. Uncover the psychological roots of the aggression problem
2. Recognize aggression in its many forms
3. Provide a working model of aggression for purposes of assessment and intervention
4. Learn to 'read' aggression effectively
5. Reveal the role of the limbic system and the prefrontal cortex in aggression

WORKSHOP AGENDA – KEY TOPICS

- Frustration, Attachment & Aggression**
 - » a working definition of aggression
- Tears, Temper and Attack**
 - » aggression as problem of adaptation
- Handling and Reducing Incidents & Violence**
 - » why aggressive behaviour needs to be 'bridged'
- Facilitating Alternate Outcomes to Aggression**
 - » shift the focus from aggression to frustration

1 Day Child & Youth Focused | 6 CEUs | 9am - 4pm

BULLIES: THEIR MAKING & UNMAKING

RICHMOND | FRIDAY, OCTOBER 25, 2019 | 9AM - 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

This workshop is on a
**BC PROFESSIONAL
DEVELOPMENT DAY**

Once we understand how bullies are made, our attempts to unmake them can be truly effective and long-lasting. Most prevailing approaches to this problem assume that bullying is either learned behaviour or the result of failure to acquire social skills. In contrast, Dr. Neufeld dissects the bully syndrome to reveal its deep instinctive roots in the dynamics of attachment and vulnerability. Most attempts to change bullies, or even to teach them a lesson, are not only futile but counterproductive. The reason for this is that most interventions are blind, devoid of an understanding of what makes a bully in the first place. Part of the problem is that the bully is an enigma. There are at least three reasons for this. First of all, very few bullies would identify themselves as such or confess to the act. Secondly, bullies lack self-reflection and so cannot tell us about themselves. Thirdly, the violating nature of the bully's behaviour distracts from the salient issues and underlying dynamics. The symptoms are social but the dysfunction is psychological.

LEARNING OBJECTIVES

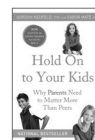
1. Provide a working definition of bullying that will enable participants to recognize the bully dynamic in its myriad manifestations and across a multitude of settings
2. Make sense of the bully from inside out and from a foundation of understanding, to outline the steps required for lasting change
3. Create an understanding of the role of escalating peer orientation and of current parenting practices in fostering the bullying dynamic

WORKSHOP AGENDA – KEY TOPICS

- » How bullies are begotten: the overview
- » Bullying rooted in instinct and emotion
- » Bullying as alpha instincts gone awry
- » The modus operandi of the bully
- » The Bully's Vulnerability Problem
- » The Bully's Attachment Problem
- » Challenges In The Unmaking Of Bullies



GORDON NEUFELD, PH.D.



BEST SELLING AUTHOR

*Hold On to Your Kids:
Why Parents Need to Matter
More Than Peers*

Gordon Neufeld, Ph.D. is a Vancouver-based developmental psychologist who consults with parents and professionals regarding children and their problems. He brings to us his unique synthesis of the developmental literature and his exceptional ability to make children understandable. He has a widespread reputation for being able to make sense of difficult and complex problems regardless of one's degree of exposure to the psychological literature and for opening doors for change. Dr. Neufeld has a reputation for educating in a most engaging way, speaking with passion and compassion. His style is dynamic, his approach is refreshing and his effect is to affirm intuition. Dr. Neufeld has provided continuing education and in-service training to various professional groups including physicians, nurses, psychologists, clinical counselors, families and youth workers.



EARLY BIRD | SAVE \$20!

Early Bird Deadline: October 9, 2019

EARLY BIRD REGISTRATION FEES

MAKING SENSE OF AGGRESSION		BULLIES: THEIR MAKING & UNMAKING	
INDIVIDUAL	\$449	INDIVIDUAL	\$249
GROUP: 3-7	\$429	GROUP: 3-7	\$234
GROUP: 8-14	\$409	GROUP: 8-14	\$219
GROUP: 15+	\$389	GROUP: 15+	\$204
FT STUDENT	\$389	FT STUDENT	\$204

SAVE!
**ATTEND BOTH
GORDON NEUFELD
WORKSHOPS**

INDIVIDUAL	\$619
GROUP: 3-7	\$599
GROUP: 8-14	\$579
GROUP: 15+	\$559
FT STUDENT	\$559

ADVANCED MOTIVATIONAL INTERVIEWING

RICHMOND | MONDAY, NOVEMBER 25 & TUESDAY, NOVEMBER 26, 2019 | 9AM – 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

Motivational Interviewing (MI) is an empirically supported treatment that has been shown to enhance engagement and outcomes (especially long-term outcomes) for numerous clinical problems. It is a brief, client-centered therapy aimed at understanding and resolving ambivalence to change. MI has been shown to be effective in the treatment of addictions and numerous other health and mental health problems. This workshop will show you how to integrate MI techniques into your practice so you can help clients/patients identify the road-blocks that keep them stuck and enhance their motivation for change.

Prepare to roll up your sleeves and work as this workshop is highly interactive. This novel program has recently been reconstructed to be consistent with the latest training innovation in our field, namely the concept of “Deliberate Practice”. Deliberate Practice is the method used to train everyone from musicians, to athletes, to surgeons and it is now being applied to psychotherapy training. It involves the use of repeated feedback to actual specific scenarios and simulations in order shape and improve trainee responding. You will learn through involvement in a variety of engaging exercises & will grow in your skills as you get feedback about how to respond to those often complex and difficult scenarios. Scenarios include ambivalence, resistance, and

even client hostility/anger across a wide variety of clinical domains (anxiety, eating disorder, addictions, health behaviours, etc.). Emphasis is placed on using videotape and other exercises to slow down and break down the complex process between client and therapist to help you identify moment-to-moment markers of ambivalence and resistance and then brainstorm effective responses to enhance client engagement. Emphasis is also placed on managing your own emotional reactions in these challenging encounters. You will also have the chance to apply and extend your learning to manage specific scenarios and client resistance statements you have encountered in your own clinical work and unique context.

We have even subjected this newly constructed workshop using deliberate practice methods to scientific scrutiny in order to assess (rather than assume) its actual training value. In a recent study, participants showed large increases in empathy and in MI-consistent responding to video vignettes of ambivalent, resistant, and critical clients from pre to post-workshop. They also showed improvements in their emotional reactions to difficult clients, including feeling more positive, less afraid, and less uncertain about how to respond to challenging resistant clients. Their overall satisfaction with the workshop was extremely high.

WORKSHOP AGENDA – KEY TOPICS COVERED

DAY 1 MORNING

- » Opening Exercises
- » Brief Didactic: What is MI, The Importance of Ambivalence & Resistance, This Stuff Works
- » Getting a Feel for MI Spirit – Identifying Good & Poor Illustrations of MI

DAY 1 AFTERNOON

- » Identifying Ambivalence & Resistance
- » Right or Wrong? Analyzing video to identify more and less effective responses
- » Responding to motivational process markers (One Timers & Evolving Conversations)

DAY 2 MORNING

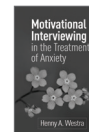
- » Rolling with Resistance: More Practice
- » Building Therapists Resilience: Dealing with hostility, criticism & reactivity to angry clients

DAY 2 AFTERNOON

- » Speeding things up
- » Extended practice



HENNY WESTRA, PH.D.



AUTHOR

Motivational Interviewing in the Treatment of Anxiety

Henny Westra, Ph.D. is Professor in the Department of Psychology at York University in Toronto. Prior to this she was the Clinical Director of the Anxiety and Affective Disorders Service at the London Health Sciences Centre. She has published over 80 peer reviewed articles and book chapters, and given hundreds of presentations and workshops on MI. She is author of the book “*Motivational Interviewing in the Treatment of Anxiety*” and was also co-editor with Arkowitz, Miller and Rollnick on the book “*Motivational Interviewing in the Treatment of Psychological Problems*” which has been translated into eight languages. She has received funding from the National Institute of Mental Health and the Canadian Institute of Health Research for her research on Motivational Interviewing.



EARLY BIRD | SAVE \$20!

Early Bird Deadline: November 11, 2019

EARLY BIRD REGISTRATION FEES

INDIVIDUAL	\$449	GROUP: 15+	\$389
GROUP: 3-7	\$429	FT STUDENT	\$389
GROUP: 8-14	\$409		

LEARNING OBJECTIVES

1. To train your ears to identify key motivational markers in the process of therapy (ambivalence, change talk, resistance, hostility);
2. To learn key skills in responding to motivational markers in order to move productively to resolving ambivalence and enhancing commitment to change;
3. To cultivate empathic understanding and use it to enhance intrinsic motivation;
4. To develop the key attitude (“MI Spirit”) necessary to ‘roll with resistance’;
5. To learn to move flexibly with clients to blend more supportive and more directive clinical styles

TRAUMA & ATTACHMENT ACROSS THE LIFESPAN

Tools and Strategies to Address Complex Clients

RICHMOND | WEDNESDAY, NOVEMBER 13, 2019 | 9AM – 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

Many of the clients that we serve have such complex problems due to extensive trauma and attachment disturbances.

These early wounds have informed their adult presentations resulting in mental illness and personality disorders. The poet William Wordsworth wrote in his poem, *My Heart Leaps Up When I Behold* (1802), “...the Child is father of the Man.” Future pioneering psychologists would be inspired by this passage as they came to understand that both function and dysfunction are born in childhood and guide us in our adult lives.

In this course you will come to understand the impact of trauma on the developing mind and how attachment is formed or lost through traumatic events. You will learn how the brain is organized through healthy attachment and the critical elements of healthy attachment. We will examine the current neuroscience behind both trauma and attachment and the top evidence-based strategies to address key DSM-V disorder through the lens of trauma.

LEARNING OBJECTIVES

1. Learn the impact of trauma on the developing mind.
2. Identify the key features of healthy attachment and its impact neurologically.
3. Identify the key defensive survival strategies in trauma.
4. Learn how relational character strategies are formed that can be effective adaptations to relationship disturbances.
5. Develop strategies to address key disorders across the lifespan that are influenced by trauma and attachment disturbances (ADD/ADHD, Anxiety, Depression, PTSD, etc.)
6. Develop strategies to address key personality disorders across the adult lifespan that are influenced by trauma and attachment disturbances (Antisocial, Borderline, Obsessive Compulsive Personality, etc.)
7. Understand how to establish a safe therapeutic environment that reestablishes healthy boundaries, connected communication and validates a client's survival journey.

WORKSHOP AGENDA – KEY TOPICS COVERED

Neurological Building Blocks

- » Neurotransmitters of connection
- » Cortisol vs. Oxytocin
- » The importance of touch
- » The Polyvagal system
- » Healthy attachment

Defining trauma and attachment

- » Developmental vs. attachment trauma
- » Single-incident trauma
- » Common sources of trauma
- » Parenting Styles
- » Attachment Styles

Trauma and Brain Development

- » Biopsychosocial model
- » Biphasic arousal model
- » Core organizers of experience

Common survival resources

- » Survival resources
- » Somatic resources

Relational Character Strategies and the DSM-V

- » Sensitive Strategies
- » Oral Strategies
- » Psychopathic Strategies
- » Industrious/Organizational Strategies

Critical Interventions

- » Proximity maintenance: Restructuring boundaries
- » Prosody: Modulating vocal intensity
- » Creating a secure therapeutic base
- » Creating a safe therapeutic haven
- » Validation: Connection before Redirection



EBONI WEBB, PSY.D.



OWNER

*The Village of Kairos.
Offering services to families
in crisis.*

Eboni Webb, Psy.D., HSP is a licensed psychologist and serves as an advisor to the Dialectical Behavior Therapy National Certification and Accreditation Association (DBTNCAA). She has practiced in numerous community settings including clinics that treat underserved communities of color, clients with developmental disabilities, and clients suffering from severe and persistent mental illness. She worked at the largest mental health clinic at the time in the Minneapolis/St. Paul area that specialized in treating clients diagnosed with Borderline Personality Disorder (BPD) with Dialectical Behavior Therapy (DBT). She has practiced DBT in community mental health centers and developed two special DBT-oriented treatment programs for clients with developmental disabilities and borderline-intellectual functioning. Dr. Webb currently resides in Nashville, TN where she has been serving clients in her private practice, Kairos. She continues to specialize in individual and group DBT as well as cognitive-behavior strategies that address a myriad of clinical issues. She also offers special group therapies for adults and a dual-track of teen skills training that includes their parents.



EARLY BIRD | SAVE \$20!

Early Bird Deadline: October 30, 2019

EARLY BIRD REGISTRATION FEES

TRAUMA & ATTACHMENT ACROSS THE LIFESPAN

INDIVIDUAL **\$249**
GROUP: 3-7 **\$234**
GROUP: 8-14 **\$219**
GROUP: 15+ **\$204**
FT STUDENT **\$204**

SAVE! ATTEND BOTH EBONI WEBB & JOHN BRIERE WORKSHOPS IN RICHMOND

INDIVIDUAL **\$619**
GROUP: 3-7 **\$599**
GROUP: 8-14 **\$579**
GROUP: 15+ **\$559**
FT STUDENT **\$559**

RISKY BUSINESS

Working with Compulsive & Self-endangering Behaviours with Trauma Survivors

RICHMOND | THURSDAY, NOVEMBER 14 & FRIDAY, NOVEMBER 15, 2019 | 9AM – 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

Survivors of trauma and early attachment disturbance are at elevated risk of a variety of compulsive and self-endangering behaviors, ranging from suicidality and self-injury to substance abuse, indiscriminate sexual activities, and binge eating. Many of these difficulties are seen as symptoms of a personality disorder, behavioural addiction, or impulse control disorder. However, emerging research indicates that they are more accurately understood as coping/homeostatic responses to triggered childhood memories and inadequate emotional regulation capacities.

Calling on his upcoming book *Triggered: An Integrated Approach to Trauma, Attachment Disturbance, and Risky Behavior* (Guilford), John Briere presents an innovative, integrated approach to self-endangering behaviour, the *compensatory*

avoidance model. Drawing on new research on memory reconsolidation, implicit processing, and revisions to habituation theory, this treatment system directly targets the memory/dysregulation dynamic, with interventions such as emotional regulation training; mindfulness, metacognitive awareness, and emotion surfing procedures; sequential memory processing; in vivo treatment of implicit memory activations; and harm reduction.

A new treatment component, *trigger management*, increases client autonomy, resilience, and problem-solving. Approaches to three risky behaviours will be presented in detail: self-injury, risky sexual behaviour, and bingeing and purging. Attendees will be provided with newly developed worksheets and assessment instruments that organize and inform the treatment process.

WORKSHOP AGENDA – KEY TOPICS COVERED

DAY 1

Why self-endangering behaviour

- » Traditional models
- » Borderline Personality disorder, impulse control disorder(s), and behavioural addictions
- » Another (evidence-based) view: The Compensatory Avoidance Model (CAM)
- » Effects of childhood trauma and attachment disturbance
- » Fear structures, trauma schema, and conditioned emotional responses
- » Emotional dysregulation
- » Functions of Distress Reduction Behaviours (DRBs)

An overview of specific DRBs

- » Self-injury, risky sexual behaviour, bingeing and purging, reactive aggression, triggered suicidal behaviour, problem gambling, compulsive stealing, problematic internet use, compulsive buying, fire setting, hair pulling and skin picking
- » Non-DRBs that nevertheless involve maladaptive coping

Assessing DRB in context

- » Immediate risks and comorbidities
- » New assessment tools
- » *Review of Distress Reduction Behaviours (R-DRB)*
- » *Function of Distress Reduction Behaviours (F-DRB)*

DAY 2

Trigger Management

- » Psychoeducation on triggers
- » Identification: Direct and indirect
- » Trigger linkage
- » Intervening in triggered states
- » Actions that immediately address triggered responses
- » Positive self-talk and metacognitive statements
- » Counter-behaviours
- » Pre-and post-trigger activities that decrease reactivity

RAINING for DRBs

- » Recognize
- » Allow
- » Investigate
- » Non-identify

Processing trauma-and-attachment-related memories

- » Emotional processing
- » Fear structure and trauma schema
- » What happened to habituation and how does this change?
- » Counter-conditioning
- » Implications of new reconsolidation research
- » Multiple memory targets: Sequential processing
- » Processing explicit versus implicit memories
- » Explicit to implicit
- » Direct implicit



JOHN BRIERE, PH.D.



AUTHOR

Treating Risky and Compulsive Behavior in Trauma Survivors

John Briere, Ph.D., is an Associate Professor of Psychiatry and Psychology at the Keck School of Medicine, University of Southern California, and Director of the USC Adolescent Trauma Training Center of the National Child Traumatic Stress Network. A past president of the International Society for Traumatic Stress Studies, he is recipient of the Award for Outstanding Contributions to the Science of Trauma Psychology from the American Psychological Association, the Robert S. Laufer Memorial Award for Scientific Achievement from ISTSS, and the William N. Friedrich Award for Outstanding Contribution to the Field of Child Psychology, from the Mayo Clinic.

LEARNING OBJECTIVES

1. Describe the Compensatory Avoidance Model (CAM)
2. List four different distress reduction behaviours
3. Outline the central components of trigger management
4. Discuss the limitations of prolonged exposure and habituation
5. Describe two ways in which implicit processing occurs in CAM-based therapy



EARLY BIRD | SAVE \$20!

Early Bird Deadline: October 31, 2019

EARLY BIRD REGISTRATION FEES

RISKY BUSINESS

INDIVIDUAL **\$249**
GROUP: 3-7 **\$234**
GROUP: 8-14 **\$219**
GROUP: 15+ **\$204**
FT STUDENT **\$204**

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FAILURE TO LAUNCH

Overcoming Delays in Independence

RICHMOND | WEDNESDAY, NOVEMBER 27, 2019 | 9AM – 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

Parents who formerly worried about “empty nest syndrome” might today worry more that their children will never leave home. In countries around the world, increasing numbers of young people – particularly males – are having difficulty navigating the transition from adolescence to adult self-sufficiency. They remain isolated, avoidant, jobless or underemployed, and a-motivational – often staying in their childhood home into their 30s. The causes are numerous: economics, internet connectivity, changes in parenting, features of the educational system, and more. Yet the issue is infrequently studied, perhaps because it does not fit neatly into a diagnostic category. Despite this, clinicians are increasingly seeing these individuals – or their parents – in therapy. At Change ways Clinic in Vancouver, Dr. Randy Paterson has been working with failure-to-launch cases for over 20 years. In this one day workshop, he reviews the nature of the problem, the factors that seem to contribute, and a wide variety of interventions drawn from cognitive therapy, behavioural activation approaches, and attachment theory.

LEARNING OBJECTIVES

1. Learn to identify this non-diagnostic clinic population, and to distinguish normal dependency from an interruption in development.
2. Develop an awareness of the multiple factors likely to be operating in any given case.
3. Know strategies for siding with the client and increasing motivation.
4. Understand when to hold back and when to push progress.
5. Develop an array of intervention strategies that can be tailored to the individual.

2 Day Clinical Focused | 12 CEUs | 9am - 4pm

HOW TO TREAT DEPRESSION

A CBT-Based Perspective

RICHMOND | THURSDAY, NOVEMBER 28 & FRIDAY, NOVEMBER 29, 2019 | 9AM – 4PM

Executive Airport Plaza Hotel Richmond | 7311 Westminster Hwy

Major Depression. It's one of the most difficult challenges a person can confront – and one of the most common presentations in clinical settings. It has multiple risk factors, diverse presentations, and varying levels of severity. No two clients are the same. The evidence based treatment literature is a jungle of findings, recommendations, and protocols. Faced with a new client, do you struggle through a one-size-fits-none protocol, or do you abandon the research base and strike out on your own? Perhaps the best answer is “neither.” Instead, you could view treatment as a set of evidence-based components selected based on the particulars of your client's situation. Doing so, you can stay true to the need for research support for your treatment while truly building “a new therapy for every client.” This workshop will show you how. Along the way you'll receive over 40 pdf forms, tools, and information sheets to use with your clients.

LEARNING OBJECTIVES

1. Have an organizing principle for your assessment.
2. Be able to present two related models for depression symptoms, causes, and treatment.
3. Be able to structure behavioural activation for maximum effect.
4. Be able to identify lifestyle factors for targeted treatment focus.
5. Know how to introduce cognitive therapy concepts with depressed clients.
6. Understand the role of depressogenic primary and secondary appraisals.
7. Be able to integrate meaning-focused work within standard CBT.
8. Have the basics for relapse prevention and planning.



RANDY PATERSON, PH.D.



BEST SELLING AUTHOR

How to be Miserable: 40 Strategies You Already Use

Randy Paterson, Ph.D, R.Psych. is a psychologist and the founding director of Changeways Clinic, a private psychotherapy service in Vancouver BC. He is the author of *How to be Miserable: 40 Strategies You Already Use*, *The Assertiveness Workbook*, *Your Depression Map*, and *Private Practice Made Simple*. He is the lead author of Canada's most widely used group treatment program for depression, co-author of the online Antidepressant Skills Workbook, and creator of multiple manuals and resource guides for clinicians. In addition to his clinical work, Dr Paterson provides educational training programs for mental health professionals across Canada, internationally, and online on topics including diversity awareness, communication skills, positive psychology, and treatment strategies for mood and anxiety disorders. Recently his clinical work has focused on the issues of emerging adulthood and the establishment of independence.



EARLY BIRD | SAVE \$20!

Early Bird Deadline: November 13, 2019

EARLY BIRD REGISTRATION FEES

FAILURE TO LAUNCH		HOW TO TREAT DEPRESSION	
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GROUP: 8-14	\$219	GROUP: 8-14	\$409
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RANDY PATERSON
WORKSHOPS

INDIVIDUAL	\$619
GROUP: 3-7	\$599
GROUP: 8-14	\$579
GROUP: 15+	\$559
FT STUDENT	\$559

2 DAY INTENSIVE: WORKING WITH OPPOSITIONAL, DEFIANT & ANGER ISSUES IN CHILDREN & ADOLESCENTS

PRINCE GEORGE | THURSDAY, DECEMBER 5 & FRIDAY, DECEMBER 6, 2019 | 9AM - 4PM
Ramada Plaza Prince George | 444 George Street

Children diagnosed with Oppositional Defiant Disorder (ODD) can present a monumental challenge to therapists, teachers, parents and siblings. ODD and other conduct problems are the single greatest reasons for referrals to outpatient and inpatient mental health settings for children, accounting for at least half of all referrals. Complicating the success of therapeutic interventions is the high rate of comorbidity with anxiety and depressive disorders or ADHD. Current research also correlates a variety of cognitive skill deficits including executive function, emotional regulation, language processing, and social processing. These complicating comorbidities and correlations mean that ODD often requires multidisciplinary assessment and components of mental health care, case management, and educational intervention for students and clients to improve.

This dynamic workshop will address a full range of behavioural disturbances, from mild to severe, in order to identify the therapeutic techniques that have proven effective. Participants will review and discuss strategies which can be immediately applied across a variety of settings including home, community, social groups, classrooms, or therapeutic.

Participants will examine the intersection of ODD with a variety of issues such as trauma, ADD, learning disabilities, bipolar disorder, and depression and discuss how these affect and alter treatment decisions. Participants will leave this workshop with a much improved diagnostic and treatment approach to ODD and other behavioural disorders.

2 Day Clinical Focused | 12 CEUs | 9am - 4pm

2 DAY INTENSIVE: TRAUMA & ATTACHMENT ACROSS THE LIFESPAN

Tools and Strategies to Address Complex Clients

VICTORIA | THURSDAY, NOVEMBER 14 & FRIDAY, NOVEMBER 15 2019 | 9AM - 4PM
Sandman Inn Hotel Victoria | 2852 Douglas Street

Many of the clients that we serve have such complex problems due to extensive trauma and attachment disturbances. These early wounds have informed their adult presentations resulting in mental illness and personality disorders. The poet William Wordsworth wrote in his poem, *My Heart Leaps Up When I Behold* (1802), "...the Child is father of the Man." Future pioneering psychologists would be inspired by this passage as they came to understand that both function and dysfunction are born in childhood and guide us in our adult lives. In this course you will come to understand the impact of trauma on the developing mind and how attachment is formed or lost through traumatic events. You will learn how the brain is organized through healthy attachment and the critical elements of healthy attachment. We will examine the current neuroscience behind both trauma and attachment and the top evidence-based strategies to address key DSM-V disorder through the lens of trauma.

LEARNING OBJECTIVES

1. Learn the impact of trauma on the developing mind.
2. Identify the key features of healthy attachment and its impact neurologically.
3. Identify the key defensive survival strategies in trauma.
4. Learn how relational character strategies are formed that can be effective adaptations to relationship disturbances.



JAY BERK, PH.D.

Jay Berk, Ph.D., is a licensed clinical psychologist and an internationally recognized expert in the child/adolescent behavioural field who brings both a clinical and education perspective to his work with children, adolescents and their families. For over 25 years, Dr. Berk has been treating clients with ODD, ADHD, autism, anxiety and stress, depression, learning disabilities and Tourette's Syndrome.



EARLY BIRD | SAVE \$20!

Early Bird Deadline: November 21, 2019

EARLY BIRD REGISTRATION FEES

INDIVIDUAL	\$449	GROUP: 15+	\$389
GROUP: 3-7	\$429	FT STUDENT	\$389
GROUP: 8-14	\$409		



EBONI WEBB, PSY.D.

Eboni Webb, Psy.D., HSP is a licensed psychologist and serves as an advisor to the Dialectical Behavior Therapy National Certification and Accreditation Association (DBTNCAA). She has practiced in numerous community settings including clinics that treat underserved communities.



EARLY BIRD | SAVE \$20!

Early Bird Deadline: October 31, 2019

EARLY BIRD REGISTRATION FEES

INDIVIDUAL	\$449	GROUP: 15+	\$389
GROUP: 3-7	\$429	FT STUDENT	\$389
GROUP: 8-14	\$409		

REGISTRATION FORM

British Columbia Workshops | Fall 2019

STEP 1 – CONTACT INFO

Name		
Position		
School / Organization		
Address		
City	Province	Postal Code
Work Phone []	Work Fax []	
Email		

STEP 2 – SELECT WORKSHOP

- ☐ **Making Sense of Aggression** - Gordon Neufeld | Richmond, October 23 & 24, 2019
- ☐ **Bullies: Their Making & Unmaking** - Gordon Neufeld | Richmond, October 25, 2019
- ☐ **3 DAY: Attend Both Gordon Neufeld Workshops** - Richmond, October 23–25, 2019
- ☐ **Advanced Motivational Interviewing** - Henny Westra | Richmond, November 25 & 26, 2019
- ☐ **Trauma & Attachment Across the Lifespan** - Eboni Webb | Richmond, November 13, 2019
- ☐ **Risky Business** - John Briere | Richmond, November 14 & 15, 2019
- ☐ **3 DAY: Attend Both Eboni Webb and John Briere Workshops** - Richmond, November 13–15, 2019
- ☐ **Failure to Launch** - Randy Paterson | Richmond, November 27, 2019
- ☐ **How to Treat Depression** - Randy Paterson | Richmond, November 28 & 29, 2019
- ☐ **3 DAY: Attend Both Randy Paterson Workshops** - Richmond, November 27–29, 2019
- ☐ **2 DAY: Trauma & Attachment Across the Lifespan** - Eboni Webb | Victoria, November 14 & 15, 2019
- ☐ **2 DAY: Working with Oppositional, Defiant & Anger Issues** - Jay Berk | Prince George, Dec 5 & 6, 2019

STEP 3 – WORKSHOP FEE | FIND FEES LISTED ON EACH PAGE

- ☐ Individual
- ☐ Group 3–7
- ☐ Group 8–14
- ☐ Group 15+
- ☐ Student

Fee	
Non Early Bird	+ \$20
Add 5% Tax	+
TOTAL	\$

• Early bird deadline is 14 days prior to the workshop date.

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

STEP 4 – PAYMENT | FEES DO NOT INCLUDE TAX (5% GST)

☐ Visa	Credit Card #	Expiry	/
☐ MasterCard	Cardholder Name		
☐ Cheque	Signature	Cheque #	

4 WAYS TO REGISTER



ONLINE

registration.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE or FAX

See numbers below right



MAIL

See address below right

3 WAYS TO SAVE



ONLINE PROMO CODE: SAVE10BC
registration.jackhirose.com



EARLY BIRD DISCOUNT
Deadline: See Workshop Page for Deadlines.



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment. Please note, a **\$10.00** administrative fee will apply **per person** for all manual registrations. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

We are approved by: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). For more information on CPA approval, please visit https://cpa.ca/docs/File/Courses/CE_Std_Criteria-2018.pdf. The number of course credits will vary for each event. See the event listing for specific workshop accreditation.

HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the workshop date.

RICHMOND
Executive Airport Plaza Hotel Richmond
7311 Westminster Hwy | 604.278.5555

VICTORIA
Sandman Inn Hotel Victoria
2852 Douglas Street | 250.388.0788

PRINCE GEORGE
Ramada Plaza
Prince George
444 George Street
250.563.0055

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY: All cancellations for any workshop, intensive, or conference must be submitted by email at registration@jackhirose.com. Non-attendance at an event will not be grounds for any or partial refund / credit **under any circumstances**. We are sorry, exceptions to this will not be granted.

REFUND OPTIONS:

- 14 business days or more prior to the event: refund, minus a \$40 administration fee
- Less than 14 business days prior to the event: workshop credit, minus a \$40 administration fee
- Less than one full business day prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS: Sent by email once your registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

PLEASE REVIEW OUR PRIVACY POLICY: WWW.JACKHIROSE.COM



jack hirose
& ASSOCIATES INC.
— JACKHIROSE.COM —

Complete & Return with Payment:

Jack Hirose & Associates Inc.
208-197 Forester Street
North Vancouver, BC, Canada
V7H 0A6

T 604 924 0296 F 604 924 0239
TF 1 800 456 5424
E registration@jackhirose.com